Helen Washick Named LPSCU 2007 Fraternalist of the Year

The LPSCU is proud to announce that Helen Washick of Branch 6, Wilkes-Barre, Pennsylvania, is our 2007 Fraternalist of the Year.

Helen, a member of the LPSCU for many, many years, is a strong supporter of our organization, having sponsored her children, grandchildren, great-grandchildren, and in-laws for membership. She participates in all activities within her branch.

Since 1982, Helen has devoted herself to volunteer service in her community. She has been a dedicated volunteer at John Heinz Institute of Rehabilitation Medicine in Wilkes-Barre, putting in over 5,500 hours of voluntary service. She transports patients to and from therapy and oftentimes accompanies them on trips to their doctor's appointments and for diagnostic tests. Helen has received numerous certificates of commendation and awards from the John Heinz Institute for her outstanding volunteer service.

On May 3, 2007, Helen was notified by letter from Thomas E. Pugh, Senior Vice President of the John Heinz Institute, that she is the recipient of the 2007 Attty. Larry Roth Award for volunteerism. Mr. Pugh's letter praising Helen states in part, “Your compassion, your selflessness, have meant a great deal to enhancing the reputation of this hospital. Because of you, patients are better served here.” Helen's name will be added to the commemorative plaque in the Institute's lobby, and she was honored at the President’s Reception on June 2 at the John Heinz Institute during a formal presentation from the Roth family.

Helen has also volunteered for the American Red Cross for a quarter of a century, preparing the plastic bags used for blood drives. During that time, she has also volunteered in the Retired and Senior Volunteer Program for the Agency on Aging for Luzerne and Wyoming Counties. She has received many Certificates of Merit and Appreciation from the American Red Cross and RSVP in recognition of her tireless efforts and dedicated volunteer service to the community. Additionally, she has delivered newspapers every morning for over the past 15 years for the Citizens Voice in Wilkes-Barre. The newspaper honored her as “Carrier of the Month” in June 1996.

Helen is proud to have received the President's 2005 Call to Service Award “USA Freedom Corps,” a plaque and President's pin from President George W. Bush in recognition of and appreciation for her commitment to strengthening our nation and for making a difference through volunteer service.

This remarkable woman celebrated her 92nd birthday in May. She was born in Wilkes-Barre on May 21, 1915, to Slovak parents, Andrew and Anna Kocelnik Miller. She is a member of St. Joseph's Church, East Northampton Street in Wilkes-Barre.

In spite of her age, Helen continues to help everyone in her neighborhood, from cutting their grass to running errands. She exercises twice a day on her stationary bike and reads the Bible and prays the Rosary while riding. She awakens at 3:00 a.m. every day, completes her chores, and by 8:00 a.m. she is on her way to do volunteer work. Helen's words to live by: “Take vitamins, exercise, believe and trust in God, and help people whenever you can.”

Helen was nominated for the LPSCU 2007 Fraternalist of the Year by the officers of Branch 6: President Eleanor Kluchinski, Treasurer Diane Jason, and Secretary Mary Ann Ewasko. In their nomination form, the officers stated, “Truly, Helen Washick is one extraordinary person – By volunteering, she has shown the true meaning of Fraternalism.”

Helen's dedication to volunteer service signifies that she has served her community with distinction and is highly qualified to be the LPSCU 2007 Fraternalist of the Year. Congratulations, Helen!
Calendar of Events

**JULY**

3-17 — 13th Annual Tour of Slovakia sponsored by Youngstown Sister Cities.

7 — Deadline to register to participate in the Rev. Dianiska District’s Youth Bowling Party.

14 — Rev. Dianiska District’s annual Youth Bowling Party from 1:00-4:00 p.m. at Modern Lanes, Wyoming Avenue, Exeter, Pennsylvania.

25 — **Deadline to submit articles for September/October Zornicka.**

29 — Rev. Balogka Okres Picnic at Holy Trinity Church, Struthers, Ohio. Branch 180 will host.

**AUGUST**

19 — “Slovak Day” sponsored by the Pittsburgh Pirates at PNC Park prior to the 1:35 p.m. game. Contact the Western Pennsylvania Slovak Cultural Association for details and tickets. See page 13.

20 — Deadline to register to attend the SCF’s September 22nd Pilgrimage in Danville, Pennsylvania. Contact Dolores Evanko at 570/454-5547 or e-mail ije@intergrafix.net.

31 — Deadline to apply for 2007 Post-Graduate Award and LPSCU Religious Awards. See page 6.

**SEPTEMBER**

1 — Deadline to apply for NJFC 2007 Youth Volunteer Award.

6-9 — NFCA Annual Meeting

21 — Slovak Catholic Federation Meeting, Danville, Pennsylvania

21 — Deadline to submit a tribute to our Military/Veterans. See page 10.

22 — Slovak Catholic Federation Pilgrimage, Danville, Pennsylvania.

25 — **Deadline to submit articles for November/December Zornicka.**

30 — Rev. Dianiska District Meeting, North End Slovak Club, North Main Street, Wilkes-Barre, Pennsylvania, beginning at 1:00 p.m. Branches 7 and 22 will host.

**NOVEMBER**

7-8 — LPSCU Semiannual Board Meeting

25 — **Deadline to submit articles for January/February Zornicka.**

**DECEMBER**

2 — Rev. Dianiska District’s Annual Christmas Party at the Ramada Inn, Public Square, Wilkes-Barre, Pennsylvania, beginning at 1:00 p.m. Branches 6 and 48 will host.
Thanks to a recent e-mail sent to me by one of my “cyber-buddies,” I was introduced to a website entitled The Daymaker Movement. In fact, should you wish to visit the website, the address is: www.daymakermovement.com. The author and designer of this website is a gentleman by the name of David Wagner. In his introduction to the site, Mr. Wagner writes: “I used to find myself sitting on the sidelines of life and hoping the world would somehow become better. But just wishing doesn’t help. Now I realize I must actively be the change I want to see in the world.” He continues, “My life’s work is to serve others, and influence them to do the same. I feel like a daymaker warrior. This means that no matter what I face each day, I remain determined to find a way to bring joy and hope to people around me. I focus on having calmness, compassion, humor, and a positive attitude.”

On his website, David Wagner includes some stories of people who, even sometimes unknowingly, have become daymakers for others. I would like to share with you one of these stories offered by an unnamed hairdresser.

It only takes a moment to make someone’s day — to become a daymaker — and sometimes those moments even change lives, as I discovered a number of years ago. I was working in my salon one day when a client came in to have her hair styled. I was surprised to see her, since it was right in the middle of her five-week period between haircuts. I figured that she must have an important social engagement, so I asked her about her evening plans.

“I don’t have anything special going on,” she told me, “I just want to look and feel good tonight.” I gave her a great scalp massage, then shampooed and styled her hair. During our 30 minutes together, we joked and laughed. At the end, she smiled radiantly, hugging me goodbye.

A few days later, when I received a letter from this client, I began to realize the enormous potential of Daymaking. My client admitted that she had wanted her hair styled so it would look good for her own funeral. She had planned to commit suicide that evening. But the wonderful time she had during our appointment had given her hope that things could get better. She decided to check herself into the hospital and get professional help. She thanked me for caring, even though I hadn’t known what she was going through. She wrote “thank you for being there, without knowing that you were.”

I was stunned. I had spent time with this woman about once a month for three years, yet that day I had no inkling she was so distressed. I was glad to have made such a difference, yet the experience left me with an enormous sense of responsibility. What if I had been upset, distracted, or hurried when she came to see me? That experience made me take stock of myself as a stylist and as a person. How many of the ten clients I saw every day might be in personal crisis that I would never know about? Even if it were only one person a day, I might have no way of knowing who needed some extra attention.

I resolved to treat every person I met like that woman. It might sound like a lot of work, but it wasn’t hard to have fun with my client that day. It was natural and made my day brighter, too. I vowed to give care and attention to everyone I saw. I figured it would make their day a little better, and who knows, it might save a life. I still thank my client for the gift of that letter because it changed my life as much as my kindness changed hers. When you realize the difference you can make for others, whether by spending a light-hearted half-hour together, giving them a smile, or simply holding the door open for them, your whole approach to life shifts. Why have random acts of kindness when we can have intentional acts of good will?

As much as we can give David Wagner credit for creating a new term — “daymaker” — and for developing a fine website, the concept and challenge he presents is really nothing new. Actually, we Christians can say that this concept of being a daymaker really comes from Jesus himself! On July 8, 2007, the Fourteenth Sunday in Ordinary Time (C), the Gospel proclamation is Luke 10: 1-2, 17-20. In this Gospel, Jesus commissions 72 disciples to carry forth his message. Jesus, being very specific in the directions that he gives the disciples, sends them to prepare people to receive Jesus should he visit their locale. Above all, the disciples are to make known the love God has for all his sons and daughters. With this wonderful message of love, acceptance, and reconciliation, the disciples are to become daymakers for those they will encounter.

We need to take that Gospel story a step further by reminding ourselves that as much as Jesus sends the 72 out on mission, he sends us as well. Thanks to our baptism, we are called to be co-workers with Jesus in making his message of love and peace known in a world that has grown weary of violence and hatred. Actually, we Christians can say that this concept of being a daymaker really comes from Jesus himself! On July 8, 2007, the Fourteenth Sunday in Ordinary Time (C), the Gospel proclamation is Luke 10: 1-2, 17-20. In this Gospel, Jesus commissions 72 disciples to carry forth his message. Jesus, being very specific in the directions that he gives the disciples, sends them to prepare people to receive Jesus should he visit their locale. Above all, the disciples are to make known the love God has for all his sons and daughters. With this wonderful message of love, acceptance, and reconciliation, the disciples are to become daymakers for those they will encounter.

We need to take that Gospel story a step further by reminding ourselves that as much as Jesus sends the 72 out on mission, he sends us as well. Thanks to our baptism, we are called to be co-workers with Jesus in making his message of love and peace known in a world that has grown weary of violence and hatred. Whether we are hairdressers, police officers, clergy, contractors, insurance sales persons, parents, children, teachers, etc. — we are all to proclaim God’s love to others, a love that is centered on embracing Christ’s example of humble service to others. By being daymakers for others, we are to be Christ’s compassion for others; we are to become blessings to others.

It is quite unfortunate to say that we live in a very selfish, self-centered society. Sadly, many people are more interested in asking “What’s in it for me?” than being Christ-like enough.
LEHIGH VALLEY OKRES

The Lehigh Valley Okres held its Annual Mother/Daughter Mass and Luncheon on Sunday, May 6, 2007. The 10:30 a.m. Mass was celebrated by Msgr. Michael J. Chaback, pastor, at SS. Cyril and Methodius Church in Bethlehem, Pennsylvania. Gift bearers were Jean Kosalko and Mary Shannon, president and secretary, respectively, of the Lehigh Valley Okres.

Following the Liturgy, a punch reception and luncheon was held in the Lehigh Room at the Best Western Lehigh Valley Conference Center in Bethlehem. President Kosalko extended a warm welcome to the 55 members and guests in attendance and offered the Invocation. From a random drawing of attendees’ names, the Okres honored a “Queen for the Day” and her court. Honored as Queen was Monica Anthony. Her attendants were Patricia Kienzle, first runner-up, and Carey Ackerman, second runner-up.

After lunch was served, President Kosalko opened the program with the introduction of Okres officers, current and national officers present, and local officers of the branches that comprise the Lehigh Valley Okres.

Since Msgr. Chaback was unable to attend the luncheon, a monetary gift was presented to him following the Liturgy.

Special awards of beautiful potted flowers were presented to Anna Adamcik (oldest mother), Kristen Kerecz (youngest mother), Monica Anthony (mother with the most children), and Susan Petrilla (most recent mother). Five Junior members in attendance received a bracelet from President Kosalko. Door prizes were awarded.

This beautiful event concluded with a Benediction by President Kosalko and the singing of Marian hymns.

Margaret A. Ferri

REV. DIANISKA DISTRICT

The Rev. Dianiska District made two special award presentations to two very special individuals at the March 11, 2007 meeting.

Honored as “Fraternalist of the Year” was Helen Washick, 92, a member of Wilkes-Barre Branch 6. National President Theresa Kluchinski presented Helen with a plaque and the members of Branch 6 gave her a lovely bouquet of roses. Helen also received a monetary gift which she said she was not only going to donate to Meals on Wheels, but also match with a monetary donation of her own. President Kluchinski also read a letter of recognition which Helen recently received from the John Heinz Rehabilitation Center, where she continues to volunteer.

Our second honoree, Victoria Lombardo, received the 2007 LPSCU Youth Achievement Award. She was also presented with a plaque and a bouquet of roses. Victoria, a member of Branch 6, is a recent graduate of Wyoming Area High School where she was senior captain of the cheerleading squad and a finalist at the Pennsylvania State Science Olympiad. She is also an altar server and a member of the Youth Group at St. Cecilia’s Church in Exeter, Pennsylvania. Victoria has received a full scholarship to attend the University of Scranton in the fall.

Have you signed up a new member lately? Do your part to help your LPSCU!

ZORNICKA
**LPSCU First Quarter Report**

### ASSETS

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<td>Mortgage Loans</td>
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<td>Real Estate Owned</td>
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<td>Other Assets</td>
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<td><strong>TOTALS</strong></td>
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### LIABILITIES & FUND BALANCE

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<td>Amt. Retained as Trustee</td>
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<td>Aggregate Reserve-Life Certificates</td>
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<td>Other Liabilities</td>
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### REVENUES

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<td>Investment Income</td>
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<td>Income-Other</td>
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<td>Profit/Loss-Sale of Bonds/Stocks</td>
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<td><strong>TOTALS</strong></td>
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### EXPENSES

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<td>Death Claims</td>
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<td>Cash Surrenders</td>
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<td>Increase in Aggregate Reserves</td>
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<td>General Operating Expenses</td>
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<td>Travel Expense</td>
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<td>Bureau and Association Dues</td>
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<td>Fraternal Activities</td>
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<td>Insurance Taxes, Licenses &amp; Fees</td>
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<td><strong>Sub Total</strong></td>
<td>$258,141.00</td>
<td>$313,953.00</td>
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| Net Gain/Loss From Operations | (37,956.00) | (82,212.00) |

| Net Realized Capital Gain (Loss) | (6,458.00) | (4,580.00) |
| **TOTALS**                        | (44,414.00) | (82,212.00) |

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**Pittsburgh Fraternals Name Blazek FOTY**

David G. Blazek was named Fraternalist of the Year by the Fraternal Societies of Greater Pittsburgh at a testimonial banquet on April 14, 2007, in Pittsburgh, Pennsylvania. Pictured with David is Cecilia Sarocky, past national president of the LPSCU and a member of LPSCU Branch 42, Pittsburgh. Ceil held the honor of Fraternalist of the Year in 1984.

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**IMPORTANT ANNOUNCEMENT CONCERNING ZORNICKA**

Because of its fiduciary responsibility to the membership, the Board of Directors of the LPSCU often has to make decisions which, although difficult or unpopular, are ultimately in the best interest of our organization and its members. With that in mind, the Board announces that, beginning with the September 2007 issue, our Zornicka magazine will be published on a bi-monthly basis. We regret having to make this decision because we know how much the magazine means to our members, but with the ever-escalating costs of postage and mailing, the Board felt this was the most responsible course of action to take at this time.

Every other month, Zornicka will continue to bring our membership all the news and information concerning our society, our products, our Slovak, Lithuanian and Catholic heritage, and the fraternal world. We ask that our members continue to share their news and information with each other through the pages of the magazine.

With the advent of the bi-monthly format, those submitting items for publication should be aware of the new copy deadlines in order to assure that any date-sensitive material or announcements reach our members in time. Therefore, beginning with the September/October issue, all articles and photos for publication must be received by our Public Relations Director five weeks prior to the issue date (July 25th for the September/October issue; September 25th for the November/December issue, November 25th for the January/February issue, etc.)

We sincerely thank our members and contributors for their understanding and cooperation.

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**In Memoriam**

*Blessed are they that mourn, for they shall be comforted.* — Matthew v.5

<table>
<thead>
<tr>
<th>Name</th>
<th>Branch</th>
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<tr>
<td>Florence Krzeszowski</td>
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<td>Pauline Sepan</td>
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<td>Lucy A. Vozar</td>
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<td>Maria Good</td>
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<td>Mary A. Gaia</td>
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<td>Zuzanna Gregus</td>
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<td>Mary A. Bires</td>
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<tr>
<td>John C. Casmer</td>
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<tr>
<td>*Lillian A. Saravitz</td>
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<td>Stase Tallat-Kelpsa</td>
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<tr>
<td>Natalija Slizys</td>
<td>L0265</td>
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</table>

*Multiple certificates*

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5 JULY 2007
Minutes of the Executive Finance Committee
May 22, 2007 – Home Office, Wilkes-Barre, Pennsylvania

President Theresa Kluchinski called the meeting to order and offered a prayer, followed by the Pledge of Allegiance. Attendees: Theresa Kluchinski, president; Anita Gregory, vice president; Mary Jo Savidge, secretary/treasurer; and Mary Ann Ewasko, chairperson of trustees. The committee reviewed and accepted the minutes from the April 24, 2007, meeting.

Correspondence and Requests
The committee acknowledged all the correspondence read and approved the following:

• The Kosciuszko Foundation — Ad in program book as they present Cynthia Maleski with the Outstanding Polonian Award. Approved $40.00

• Slovak Gymnastic Union Sokol of the USA — Ad in program book for the 25th Sokol Fest. Approved $95.00

Financial Statement
The committee reviewed the following checking accounts as of April 30, 2007: M&T Bank – General Operating Account, M&T Bank – Home Office Checking Account and Smith Barney Checking Account. The committee completed a review of the Balance Sheet and Revenue/Expense Statement as of April 30, 2007. Graphs illustrating month-end balances for 2007 for the assets, liabilities, fund balance, premium income, investment income, and investments were presented and reviewed.

Stock/Bond/Pension Portfolio
The committee was provided copies of all reports from April 30, 2007, reviewing all activity, including CDs, Common Stocks, Preferred Stocks, Bonds, and International Investments, Schedule D-Parts 3 and 4.

Other Business
The committee discussed the following: Pennsylvania State Tax, Group Exemption Number, building improvements, and the new accounting program, QuickBooks.

There being no further business, the EFC adjourned.

Respectfully submitted,
Mary Jo Savidge
National Secretary/Treasurer

LPSCU 2007 Educational Benefits

Post-Graduate Award — $300 One-Time Award

• Member of LPSCU for five (5) years with $2,000 legal reserve life insurance plan.
• Degree must be awarded between July 1, 2006 and August 30, 2007.
• Provide photocopy of diploma received.
• Provide a wallet-size color photo.
• Application must be postmarked by August 31st.

St. Theresa of the Little Flower, Blessed Andre, St. John Vianney — $300 Annually

• Member of LPSCU for two (2) years with $2,000 legal reserve life insurance plan.
• Must re-apply each year while attending/ completing studies for Religious Life.
• Provide a wallet-size color photo.
• Application must be postmarked by August 31st.

Applicants must meet all criteria and provide data indicated to be eligible. Incomplete applications or those missing data requirements will not be considered. Applications must be obtained by contacting the Home Office:

Phone — 570-823-3513
Toll free — 888-834-6614
Fax — 570-823-4464
E-mail — lpscu@lpscu.org

Ladies Pennsylvania Slovak Catholic Union Educational Benefit Committee
P.O. Box 32, Wilkes-Barre, PA 18703

New Insurance Issued

<table>
<thead>
<tr>
<th>State</th>
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Ladies Pennsylvania Slovak Catholic Union
Educational Benefit Committee
P.O. Box 32, Wilkes-Barre, PA 18703

Respectfully submitted,
Mary Jo Savidge
National Secretary/Treasurer
REPUBLICAN DISTRICT

On May 5, 2007, the Rev. Dianiska District participated in Join Hands Day by volunteering at The Laurels Skilled Nursing and Rehabilitation Center where District members and students from Wyoming Area High School, Hanover Area High School, and The Montessori School in Kingston, Pennsylvania, played bingo with the residents. Prizes were donated by District members. The residents were also treated to refreshments and a cake donated by Gerrity’s Supermarket in Wyoming, Pennsylvania. Residents who were unable to leave their rooms were visited and presented with gifts.

Everyone enjoyed the camaraderie and the staff at the Laurels told District President Mary Ann Ewasko that our organization is always welcome there.

Susan Worth

LEHIGH VALLEY OKRES

On May 5, 2007, the Lehigh Valley Okres partnered with Quota International of Bethlehem Cops ‘n’ Kids Literacy Program, South Side Neighborhood Center for Children, and the City of Bethlehem Police Department in a “Reading Makes Dreams Come Alive” Project. The event was held in the Cops ‘n’ Kids Library in Northampton Community College’s Fowler Building, which was the former Bethlehem Steel Corporate Office on East Third Street in South Bethlehem, Pennsylvania.

The project began at 11:00 a.m. when Okres Treasurer Margaret Ferri, coordinator of the event, greeted Javier Toro, executive director of the South Side Neighborhood Center, the 20 children he brought to participate in our literacy program, and Police Officer Jim of the Bethlehem Police Department. Additional youth from the Okres also participated in the project.

The program commenced with an educational puppet show which featured various kinds of animals, fish, and birds. Next, the librarian explained how the children could locate the type of books they would like to read and they were given the opportunity to select books and read them to the adults (or the adults read the books to the children).

After the 45-minute reading session, the children were given an opportunity to select two books to take home and keep. The chosen books were autographed by Police Officer Jim and an officer of the Okres.

Okres officers then served a lunch of ham and cheese sandwiches, chips, cookies, and juice to everyone. Following the meal, the young people and adults played educational games together and enjoyed socializing.

Before the project concluded at 1:30 p.m., each child received a coloring book, a one-dollar gold coin, and a blue T-shirt decorated on the front with books and the words Reading Makes Dreams Come Alive. The young participants live in a low-income area of the city and were thrilled to be a part of our Join Hands Day project.

Margaret A. Ferri

Elizabeth Ackerman (second from left), LPSCU Branch 130 member, reads to a child while Elizabeth’s grandmother, Mary Ann Ackerman (rear center), honorary vice president of the LPSCU and secretary of Branch 83, reads to another young boy from the SSNC.
LPSCU Announces 2007 College Award Recipients

CRABB
Philip
Bel Air, MD
Junior
Shippensburg University
Shippensburg, PA
LPSCU Branch 38
Whitehall, PA

Dahms
Amelie
Dupont, PA
Freshman
Temple University
Philadelphia, PA
LPSCU Branch 102
Dupont, PA

Gotebeski
Nellie
Catawampus, PA
Sophomore
University of Notre Dame
Notre Dame, IN
LPSCU Branch 38
Whitehall, PA

Gotebeski
Patrick
Catawampus, PA
Senior
University of Notre Dame
Notre Dame, IN
LPSCU Branch 64
Pittsburgh, PA

Gusew
Emily
Bellevue, PA
Freshman
Slippery Rock University
Slippery Rock, PA
LPSCU Branch 132
Youngstown, OH

Guizi
Josephine
Kent, OH
Sophomore
University of Akron
Akron, OH
LPSCU Branch 59
Youngstown, OH

Halko
Angela
Confield, OH
Freshman
Kent State University
Kent, OH
LPSCU Branch 81
Beaverdale, PA

Hudak
Stephen
Windber, PA
Freshman
Duquesne University
Pittsburgh, PA
LPSCU Branch 51
Beaverdale, PA

Laubardo
Lombardo
Wyoming, PA
Freshman
University of Scranton
Scranton, PA
LPSCU Branch 6
Wilkes-Barre, PA

Marley
Christine
Dallas, PA
Freshman
University of Scranton
Scranton, PA
LPSCU Branch 214
Dunmore, PA

Ondrejco
Anna Marie
Pittsburgh, PA
Freshman
Duquesne University
Pittsburgh, PA
LPSCU Branch 202
McKees Rocks, PA

Pucci
Bradley
McKee Rocks, PA
Freshman
Kent State University
Kent, OH
LPSCU Branch 214
Pittsburgh, PA

Puhalo
Margo Marie
Briarcliff, NY
Freshman
New York University
New York, NY
LPSCU Branch 132
Youngstown, OH

Sabo
Sabo
Harleysville, PA
Freshman
Northampton Community College
Kutztown, PA
LPSCU Branch 38
Whitehall, PA

Sabo
Lauren Anne
Northampton, PA
Sophomore
Carlow College
Pittsburgh, PA
LPSCU Branch 52
North Braddock, PA

Shannon
Amy
Northampton, PA
Freshman
DeSales University
Center Valley, PA
LPSCU Branch 130
Bethlehem, PA

Tirpak
Brian
Toms River, NJ
Sophomore
Albany College
Reading, PA
LPSCU Branch 214
Dunmore, PA

Yanac
Alicia Frances
Hazleton, PA
Sophomore
University of Scranton
Scranton, PA
LPSCU Branch 1
Hazleton, PA

Zewe
Megan E.
Cary, NC
Sophomore
University of North Carolina
Charlotte, NC
LPSCU Branch 64
Pittsburgh, PA

2007 Anne (Shinal) Cichy Award Recipient

Congratulations to all our Awardees!
Once again this year, the LPSCU is sponsoring a Veterans’ Day Honorarium/Memorial Program to appear in the November/December issue. If you missed this wonderful tribute to our veterans and active military in past years, don’t pass up this chance to participate.

Through our Veterans’ Day Honorarium/Memorial listings, the LPSCU is affording our members an opportunity to honor loved ones, co-workers, friends, and neighbors who are presently serving in our military, and to remember those veterans who have served in any branch of the service in the past.

Tributes will be limited to 2-5 lines and should not exceed 25-30 words. There is no charge for placing a message, but a good will donation of $5.00 per listing would be appreciated.

In keeping with the benevolent and fraternal nature of our Catholic organization, all proceeds from these tributes will again be donated to the Catholic War Veterans, an organization whose primary objective is to make the entire nation aware of the struggle and needs of many veterans, their widows and children. The CWV cooperate fully with all veterans organizations to better serve the interests of the men and women who served in each of the wars in which our nation has been involved. Further, as a Catholic organization, the CWV strives to serve God by demonstrating love and respect for individuals without regard to race, creed, color, or national origin. They also seek to instill in today’s youth a respect for our flag, our national anthem, and our country’s great traditions. The CWV was founded in May of 1935 by a Catholic priest and former Army chaplain, Msgr. Edward J. Higgins of the Diocese of Brooklyn, New York. It was officially recognized as a veterans organization by the Veterans Administration in Washington in July of 1940. To learn more about the CWV and their mission, visit their website at www.cwv.org.

A few examples of Honorariums/Memorials follow:

In honor of our son serving in Iraq, Marine Gunnery Sgt. Jack Gibbs
We pray every day for your safe return home. Your loving parents, John and Mary Gibbs

In memory of our father, Pfc. Arthur Bauer who served with the U.S. Army in Korea. We love and miss you – Tom and Chrissy

In memory of my husband, Lt. Harmon Elliott presently serving his country in the U.S. Navy. With love and pride from your wife Sara

Tribute messages, along with all donation checks (made payable to “Catholic War Veterans”), should be mailed to Fraternal Activities Director Cecilia B. Gaughan, 325 Florida Avenue, Whitehall, PA 18052. If you have any questions, contact Cell at 610/433-4610 or e-mail CBGaughan@msn.com.

Deadline for submitting a veterans/military tribute is September 25, 2007.

We hope that many of our members will participate in this worthwhile fraternal activity which allows them to honor their family members, friends and neighbors who were members of the armed forces and/or those who are presently serving our country in Iraq, Afghanistan, Kosovo, and other parts of the world. This is a wonderful way to show our love and appreciation to those serving our country and to show the concern and compassion the LPSCU has for our fellowman.
On Sunday, May 20, 2007, these words rang out in the Cathedral of the Blessed Sacrament, Altoona, Pennsylvania, as the Responsorial Psalm for the Seventh Sunday of the Easter Season. Most importantly, these words expressed the joy and admiration of those gathered for this special liturgy in the Cathedral to celebrate the 20th anniversary of Episcopal Ordination of the Most Rev. Joseph V. Adamec and to express sincere gratitude for his 20 years of service to the Diocese of Altoona-Johnstown as the Bishop Ordinary.

What a wonderful day to gather and rejoice for 20 years of faithful and fruitful service as servant-leader of the household of God in this diocesan church!

In his homily, Bishop Adamec recalled words he had spoken at one of his earliest gatherings of clergy. At that time, he expressed hope that his episcopal ministry would be compared to two special images.

First, Bishop Adamec hoped that their journey — as bishop and diocesan church — would be compared to individuals embarking on a journey in a boat. All are in the boat together, working together, so that the journey would be safe for everyone and that, guided by the power of the Holy Spirit, those in the boat would together safely reach the shores of eternity. Despite the rough or calm waters that those in the boat might be asked to endure, they would do so through their support, encouragement, and love for each other.

Second, Bishop Adamec shared that he saw his role as diocesan bishop to be similar to a conductor of a symphony orchestra. Each person — each instrument of the orchestra — is gifted in unique ways and vitally important for the good of the whole orchestra. In order for the orchestra to bring forth beautiful, inspiring music, all instruments must be working together in harmony. It is the role of the conductor to call forth music from each instrument and to blend the instruments together, producing the desired music and harmony. In his role as chief shepherd, Bishop Adamec continues to spend his life in calling forth the giftedness of the people entrusted to his care for the sake of the building up of God’s kingdom.

We rejoice with Bishop Adamec and the Church of Altoona-Johnstown as they journey together in faith and we pray that Bishop Adamec continues to use his special, God-given gifts to draw forth from his clergy, religious, and lay faithful beautiful music to the praise and glory of God!

On behalf of the Board of Directors and the entire membership of the Ladies Pennsylvania Slovak Catholic Union, we congratulate Bishop Joseph, our Episcopal Protector, and his diocesan family, and we assure Bishop Joseph of our support and prayers that God grant him many more happy, healthy, and holy years of service to God and the Church! Ad multos gloriosque annos!
Slovak Catholic Federation
Mid-Year Annual Appeal Report

Since 1978, the Slovak Catholic Federation has been conducting the SS. Cyril & Methodius Appeal which begins each year in the month of February during the closest weekend to the Feast of SS. Cyril & Methodius. In its 29th year, this appeal has primarily been taken up in parishes of Slovak heritage in the United States and Canada. The appeal continues during the entire calendar year 2007. To date I am happy to report that a little more than $29,000 has been collected.

As we are all very much aware, the entities known as “ethnic parishes” are becoming a thing of the past. More and more Slovaks reside in different parts of the country and no longer claim to belong to a parish of Slovak heritage. For this reason, many Slovaks may not have the opportunity to hear about (let alone participate in) this Annual Appeal. If it were not for the Slovak Catholic fraternal societies and their publications, communication to American and Canadian Slovaks would not be possible.

In recent years we have seen an increase in individual donations apart from the parish collections. Also, most of the Slovak fraternal societies have also been making contributions to this collection from their National Board of Directors, along with a number of local branches, wreaths, assemblies, and lodges.

As you know, this appeal assists the Church in Slovakia by supporting the training mission of the Pontifical Slovak College of SS. Cyril & Methodius in Rome, Italy (formally known as the Slovak Institute or Ustav). In addition, funds are distributed to those Religious communities of both men and women which share a counterpart which belongs to the Slovak Conference of Religious. These communities include the Vincentian Sisters of Charity (Ruzomberok), Dominican Sisters (Dunajská Lužná), School Sisters of St. Francis (Zilina), Daughters of St. Francis (Bratislava-Prievoz), Byzantine Catholic Sisters of St. Basil the Great (Secove and Presov), Franciscan Friars Minor (Bratislava), and House of St. Benedict (Bacurov).

As various groups will be holding summer picnics, along with several national fraternal conventions, I ask that consideration be given to kindly taking up a collection in support of the Slovak Catholic Federation Appeal. All donations are tax deductible. In 2006 this Annual Appeal totaled around $60,000.

Individuals, groups, special gatherings, etc., are all welcome to make a donation to this appeal. Please make checks payable to: Slovak Catholic Federation and send them directly to Dolores Evanko, National Secretary-Treasurer, 173 Berner Avenue, Hazleton, PA 18201.

I pray that Almighty God reward all of those who participate in the support of the Church in Slovakia through the Slovak Catholic Federation 29th Annual SS. Cyril & Methodius Appeal.

Fr. Andrew Hvozdovic
Appeal Coordinator

PA Fraternal Congress Offers Scholarships

The Pennsylvania Fraternal Congress has announced that scholarship applications are available for 2007 high school graduates who will be attending an accredited college, university, trade, or professional school as a full-time student for the 2007/2008 academic year. Proof of acceptance must be submitted with the application.

Applicants must be a resident of Pennsylvania and a member of a fraternal benefit society that is a member of the Pennsylvania Fraternal Congress. (LPSCU members who reside in Pennsylvania may apply for the PFC Scholarship. Applicants must obtain a recommendation letter from the LPSCU President. Please contact the Home Office to make a request.)

Additionally, applicants must submit a 500-word essay on the topic: How has your life been influenced by your Fraternal Benefit Society and what has the experience taught you?

Application deadline is September 10, 2007. Scholarship awards will be announced at the Pennsylvania Fraternal Congress Annual Meeting in October.

For an application, please contact the Home Office at 570/823-3513, toll free at 888/834-6614, fax 570/823-4464, email lpscu@lpscu.org, or see our website at www.lpscu.org.

Paid Up at 80 + Twenty-Five Years Benefit

This fraternal benefit is for LPSCU members who are insured through our Whole Life Insurance Plan. Any member holding a Whole Life Insurance Certificate with an issue date of January 1, 1988, and thereafter, will be provided the Paid Up Certificate Benefit on the anniversary date of the insurance certificate when the following conditions are met:

- The member reaches 80 years of age. (Age 80 is based on the birth date provided on the original application filed with the Home Office.)
- The Whole Life Insurance Certificate has been in effect for at least 25 years.

Thus, any member having a Whole Life Insurance Certificate and reaching the age of 80 years will automatically have his or her certificate paid up as long as the certificate has been in existence for 25 years. If a member reaches 80 years of age and the Whole Life Insurance Certificate has not reached its 25th anniversary, the certificate will not be considered paid in full until its 25th anniversary.

It is important to know what your fraternal benefits are as a member of the LPSCU. Watch for future articles that will apprise you of additional LPSCU fraternal benefits.
The LPSCU Board of Directors has announced that the $1.00 first year annual premium on the Juvenile Estate Term (Term-to-25) plan of insurance has been extended for the year 2007. **This offer is limited to certificates with an issue date of the year 2007.** After the first year, premiums will be billed at the rate of $16.00 for $10,000 of term life insurance and $9.50 for $5,000 of term life insurance.

The LPSCU’s Juvenile Estate Term (JET) Plan, commonly referred to as Term-to-25, is an ideal insurance solution for students and is available to anyone less than 22 years of age. The plan provides full life insurance protection from date of issue to age 25.

A medical exam is not required to apply; however, the LPSCU reserves the right to require a medical exam on any applicant should it be deemed necessary.

Once the JET insurance certificate is issued, coverage remains in full force and effect through the maturity date of the certificate, provided premium payments are current. This plan matures when the insured’s certificate reaches the anniversary of issue date closest to his/her 25th birthday. **When the certificate expires, the insured will be given an option to convert his/her current coverage amount to a legal reserve plan (permanent insurance) with no evidence of insurability being required. This is a guaranteed provision within the JET contract.**

In the event of the death of the insured prior to reaching 25 years of age, the face amount of the policy is paid to the named beneficiary.

**Pittsburgh Pirates to Celebrate “Slovak Day”**

The Western Pennsylvania Slovak Cultural Association has announced that the Pittsburgh Pirates will sponsor “Slovak Day” at PNC Park prior to the 1:35 p.m. game with the Philadelphia Phillies on Sunday, August 19, 2007. The $25.00 admission will include discounted outfield reserve seat ticket, early entry to Riverwalk events, Slovak music and entertainment on the Riverwalk, a Pirates Slovak Day cap, and a voucher for authentic Slovak cuisine. The opening ceremonies will include the Slovak national anthem and a Slovak individual throwing out the first ball.

Tickets can be purchased from the WPSCA. The WPSCA will subsidize the cost for its senior members (62 and over) at the discounted price of $10.00.

**Pittsburgh District Members Enjoy Outing**

Pittsburgh District members and their guests are pictured on their way home from a May 11th Mother’s Day outing to historical Ligonier, Pennsylvania. Following a luncheon and mystery theatre presentation, everyone strolled the square in downtown Ligonier, shopping and enjoying the beautiful weather. – Sylvia Goda
Dear Junior Members,

In July we celebrate the birthday of America. There are many patriotic icons that represent our great country. We come across our American patriotic icons every day. They are on our money, buildings, cars — practically anything related to the U.S. government. But most of us do not know the origins of these beloved symbols.

Take, for instance, Uncle Sam. Although Uncle Sam is a national personification of the United States, did you know there was a real man called Uncle Sam? He was not a politician but rather a man who had a lot to do with food. His name was Samuel Wilson. Wilson was born in Arlington, Massachusetts on September 13, 1766, but he made his childhood home in Mason, New Hampshire. He was in the meatpacking business and supplied food to U.S. troops during the war of 1812. The barrels the meat was shipped in were stamped “U.S.” Supposedly, someone who saw the “U.S.” stamp suggested — perhaps as a joke — that the initials stood for “Uncle Sam” Wilson. Soon the soldiers began to call themselves “Uncle Sam’s Army” and their rations were called “Uncle Sam’s meat.” Before long, all the government property stamped with U.S. was known as “Uncle Sam’s,” and Uncle Sam came to symbolize the federal government.

Uncle Sam’s traditional appearance, with a white goatee and red, white and blue, star-spangled suit, is the work of artists and political cartoonists. Thomas Nast, a prominent 19th-century political cartoonist, produced many of the earliest cartoons of Uncle Sam. Perhaps the best known depiction of Uncle Sam is from a World War I Army recruiting poster. The famous “I Want You” depiction of Uncle Sam was painted by James Montgomery Flagg in 1916.

The bald eagle is another national emblem. But if Founding Father Benjamin Franklin had gotten his way, our national emblem would be a turkey. Franklin argued that the turkey was a noble bird and, as a North American native species, was far better suited to represent our country than was the bald eagle, a bird of, according to Franklin, “bad character” because it steals food from other birds. His opinion did not sway members of Congress, however, who chose the eagle as the symbol of the United States.

The Great Seal of the United States has the American bald eagle in its center. In its beak the eagle holds a scroll inscribed Pluribus Unum, which is Latin meaning “out of many, one.” This stands for one nation that was created from the 13 original colonies, which became the first states. Can you name them? In the order they were admitted into the Union, they are: Delaware, Pennsylvania, New Jersey, Georgia, Connecticut, Massachusetts, Maryland, South Carolina, New Hampshire, Virginia, New York, North Carolina, and Rhode Island.

Maybe some of you are collecting the state quarters being issued each year by the U.S. Treasury. These coins, representing the 50 states, began to be issued in 1999. They are to be issued over a 10-year period, five coins per year, in the order in which the states were admitted to the Union.

Thus, Delaware, Pennsylvania, New Jersey, Georgia, and Connecticut were the first five quarters issued and, in 2008, Oklahoma, New Mexico, Arizona, Alaska, and Hawaii will be the last.

The front side of each state quarter is identical, picturing a bust of George Washington. But the back side of each is unique, depicting something that symbolizes the state it represents. New York’s quarter, for instance, pictures the Statue of Liberty imposed over a map of the state.

North Carolina’s quarter features the Wright Brothers’ plane flying over Kitty Hawk. Maine’s depicts the famous Pemaquid Point lighthouse and a three-masted schooner off the coast. And California’s pictures wilderness explorer John Muir admiring Yosemite Valley as a California condor soars overhead. Wisconsin — the Dairy State — chose an agricultural design for its quarter, featuring a Holstein cow, an ear of corn, and wedge of cheese. The most recent quarter to be released into circulation, Washington state, shows a leaping salmon and Mt. Rainier.

In each case, the states have chosen symbols or icons they feel best represent their state. It’s fun to collect these coins and to learn a little about each state just by seeing what symbols they have chosen.

Our American icons represent liberty, freedom, and the things that make us proud to be Americans.

HAPPY BIRTHDAY, AMERICA!

Cecilia B. Gaughan, Fraternal Activities Director

Beat the Summer Heat

July is National Picnic Month and it is just the beginning of many beautiful days to enjoy the outdoors with friends and family. Summer is here in earnest and outdoor activities are definitely on the agenda, but you’ll want them to be as safe and as enjoyable as possible. On those bright, sunny days, remember to protect your skin from the sun’s rays. Wear comfortable cotton clothing, a wide-brimmed hat, and lather on the sunscreen. Apply sunscreen about 20 minutes before going outdoors. This allows the skin to absorb the lotion and gives you better protection. Reapply sunscreen frequently while you’re outdoors, especially after swimming. And remember those sunglasses to protect your eyes!

Summer brings plenty of heat and humidity, so be sure to keep your body hydrated. Even if you don’t feel thirsty, it’s important to drink plenty of liquids frequently. If you wait until you feel thirsty, you’ve already started to dehydrate, and that’s dangerous. Stay away from sodas that contain caffeine. These act as a diuretic and cause you to lose fluids. If you are enjoying activities in the hot sun, make sure to take frequent breaks in a shady area to cool down. If you can, enjoy your physical activities during the early morning or late evening, when the sun’s harmful rays aren’t as strong.

Above all, keep safety in mind and enjoy making summer memories that will last a lifetime.
America, We Salute You!

It’s birthday time, time to celebrate America. Independence Day — or the Fourth of July — commemorates the adoption of the Declaration of Independence by the Continental Congress in 1776. The observance began during the American Revolution and has been the nation’s most important patriotic holiday ever since. Traditionally, the day is celebrated with picnics, parades, and patriotic speeches, but the grand finale is sure to be fireworks!

Fireworks originated in China some 2,000 years ago. At the time, the Chinese believed that the loud noises produced by roasting bamboo shoots could scare away evil spirits. The Chinese later invented gunpowder and by the 10th century, modern fireworks had emerged there.

In Europe, fireworks were used to celebrate royal births and the ends of wars, as well as national holidays. By the time the Colonies declared their independence in 1776, most Americans celebrated important events with bright light and loud noises. One of these big bangs came when the Colonial soldiers were up to some tricks. They filled kegs with explosives and floated them down the river to the British fleet. The British troops, using the seemingly innocent kegs for target practice, were mightily surprised when the kegs blew up and damaged their ships.

Most Fourth of July fireworks displays feature several types of fireworks, each providing different effects. The three most popular types are:

- Roman Candles — Gunpowder charges are packed with inactive material that causes individual groups of sparks and colored flames to shoot out separately.

- Rockets — The fuse ignites tightly packed, coarse gunpowder, propelling the rocket high into the air. The coarse powder ignites finer, more loosely packed gunpowder, which breaks up the rocket with several smaller explosions.

- Flowers — Clusters of many small, bursting charges send out “petals” and threads of different colors.

REMEMBER — Fireworks are not toys; they are explosives and, unfortunately, they injure thousands of Americans each year. Bystanders are also not safe from injury. Protect your eyes by enjoying only professional displays from a safe distance.

Arts and Crafts

STRIKE UP THE BAND!

It’s the 4th of July. Why not have your own parade in celebration of this great American holiday? Get everyone involved because you’re going to need lots of musicians. Here are some easy-to-make instruments:

- Hang a metal horseshoe from a wire or string. Play it with a spoon.
- Glue coarse sandpaper to wooden blocks and rub them back and forth against each other.
- Fold a piece of waxed paper over a comb. Put it against your lips and hum.
- Two flat lids make a great pair of cymbals. You can bang on pots and pans too. (With Mom’s permission, of course!)
- To make a pair of maracas, put dried beans into two plastic bottles and paint bright designs on them. They will make a nice sound.
- To make a tambourine, put two aluminum pie plates together and punch four or five pair of holes around the edges. Pull pretty ribbon through each pair of holes. Before tying the ribbons, add a bell to each knot so your tambourine will make music when you shake it.

Now you’re ready for your parade. Make sure you have plenty of space to march around because you will make lots of loud music. These are fun instruments for the little ones to enjoy.

JULY 2007

Kids in the Kitchen

FRESH STRAWBERRY SUNDAE

Ahh, strawberries! Early summer is the perfect time for these sweet and juicy gems. And if you are able to pick them locally, they are the very best.

After a long, hot afternoon of summer activities, what could be better than enjoying a fresh strawberry sundae? Prepare your sauce ahead of time:

1 pint (2 cups) ripe strawberries
1 tablespoon fresh lemon juice
1 tablespoon sugar

Hull the berries and cut into halves. Rinse in a colander and gently pat dry with paper towels. Place in a bowl and toss with the lemon juice and sugar. Let rest in the refrigerator for 2 hours for juices to develop. Sauce can be refrigerated for up to 4 hours before using.

Now for the sundae — Place 2 scoops of your favorite ice cream in a dish and spoon your delicious homemade sauce on top. Finish it off with a dollop of whipped cream. Yummy!

Note: For a “patriotic” looking sundae, add a few fresh blueberries on top.
to ask, “What can I do for others?” Let us resolve to become
daymakers in the situations of life in which God places us.
Inspired by the love and example of Jesus, along with a sincere
willingness to put others first, we can really help to change
the world in a beautiful way. When motivated by true love for
God and others, when our lives meet the lives of others in
respect and compassion, we can create ripples of hope, love,
and abundance of life together.

As we reflect on this Gospel passage, may we see ourselves
as one of those disciples sent to share the Good News of Jesus
with others. May our life’s work be to serve others, and,
through our example, encourage them to do the same. As
daymaker warriors, may we remain determined to find ways
to bring joy and hope to people around us. May we focus more
on having calmness, compassion, humor, and a positive
attitude in all our relationships. Just imagine what a wonder-
ful world this could be if we each worked to become Christ-
like daymakers for others! May God grant us the grace
necessary to be the change that we want to see in the world!

Rev. Philip A. Altavilla

LPSCU Educational Book
Buy Program

On January 1, 2007, the LPSCU introduced our newest
Fraternal Benefit, the LPSCU Educational Book Buy
Program. This award is in addition to any Educational Award
you may have received from the LPSCU. The Book Buy
Program will assist our members attending college by
reimbursing 10% of their college book expenses.

How do you qualify? You need only to establish a NEW
20 Payment Life or Whole Life Policy during your
freshman, sophomore, junior, or senior year of college.
Premiums must be paid on an annual, semiannual, or quar-
terly basis and must be current for the member to be eligible
for this program. You can submit an LPSCU Educational Book
Buy Program Application each school year and receive a 10%
refund on books purchased (limited to the amount paid for
the annual premium on your 20 Payment Life or Whole Life
Policy).

Example: A student age 21 purchases a $10,000 20 Pay-
ment Life having an annual premium of $124.00 (does not
include administration fee). The student submits receipts
totaling $815.00 for book purchases. The benefit will reim-
burse the student $81.50 (10% of the books purchased).

You may take advantage of this program for a maximum
of four (4) years.

Simply complete the LPSCU Educational Book Buy
Program Application and attach your book receipts. It’s as
simple as that! And, in addition to receiving this reimburse-
ment, you are protected with valuable life insurance!

For an application, please contact the Home Office at
570/823-3513, toll free 888/834-6614, e-mail us at
lpscu@lpscu.org or check our website at www.lpscuc.org.

STRAWBERRY BAVARIAN PIE
1 (3 oz.) pkg. strawberry flavor Jell-O
¼ cup cold water
1 pint strawberries, cut in half
1 baked 9” pie shell, cooled
¼ cup sugar
1 cup boiling water
1 (4 oz.) tub Cool Whip, thawed

Dissolve Jell-O and sugar in boiling water. Add cold water and chill until
thickened. Meanwhile, arrange straw-
berries in bottom of pie shell. Beat
thickened Jell-O with electric mixer
until fluffy and thick. Blend in 1 cup of
the Cool Whip. Chill again until mix-
ture will mound. Spoon into shell over
strawberries. Chill about 4 hours.
Garnish with remaining Cool Whip and
additional strawberries.

CHANGE OF ADDRESS FORM

Ladies Pennsylvania Slovak Catholic Union
71 South Washington Street
Wilkes-Barre, Pennsylvania 18701
or Fax to: 570/823-4464

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