Rev. Christopher T. Washington
Selected for Vatican Post

His Excellency, Bishop Joseph C. Bambera, Bishop of the Scranton Diocese, has announced that Reverend Christopher T. Washington will begin studies this coming September in preparation for service in the Holy See’s Secretariat of State. On behalf of the Holy See, His Excellency Archbishop Pietro Sambi, Apostolic Nuncio to the United States of America, made the official request of Bishop Bambera for Father Washington’s services. Father Washington is currently serving as Director of Vocations, Director of the Office for Divine Worship, Master of Ceremonies for the Bishop, and Chaplain of Holy Cross High School, Dunmore, Pennsylvania.

In agreeing to release Father Washington to assume this ministry in the Church, Bishop Bambera recognizes the need to maintain a sufficient number of priests within the Diocese of Scranton in order to best serve the needs of its people. The situation presented to Father Washington, however, is both an honor for the Diocese and also a unique opportunity for the local Church of Scranton to serve the Universal Church.

Father Washington will study at the Pontifical Ecclesiastical Academy in Rome, which is the institution of the Holy See that prepares priests for this service. After completing his studies, he could be assigned to the Secretariat of State’s General Affairs Section, which is responsible for handling matters regarding the everyday service of the Holy Father. Or, he could be assigned to the Diplomatic Corps Section, which has the specific task of attending to matters involving civil governments, which includes maintaining full diplomatic relations with 178 countries and other sovereign entities such as the United Nations.

Father Washington graduated from Bishop Hoban High School, Wilkes-Barre, Pennsylvania, in 1998. He graduated from the University of Scranton in 2002 with degrees in Philosophy and Human Services Counseling. In 2006, he graduated from Gregorian University in Rome, Italy, and he was ordained to the priesthood the same year. He also served in the Navy Reserves for five years.

Father Washington is the son of Thomas and Rose Mary Washington of Wilkes-Barre. He and his mother are members of LPSCU Branch 6, Wilkes-Barre.

The LPSCU extends congratulations to Father Washington on being selected for this assignment at the Vatican and we wish him much success as he begins his studies at the Pontifical Ecclesiastical Academy in Rome. The LPSCU will remember Father Washington in our prayers as he undertakes this new challenge in his religious life.

Some of the information in this article was excerpted from an internet news/press release issued by Bishop Bambera. The photo of Father Washington is used courtesy of THE TIMES-TRIBUNE, Scranton, Pennsylvania.
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Calendar of Events

**JULY**

**3** — The Lehigh Valley Okres is hosting an outing to an IronPigs baseball game for its Junior members and their chaperones at Coca-Cola Park, Allentown, Pennsylvania, at 6:35 p.m.

**9** — Deadline to make reservations to attend the Rev. Dianiska District’s Youth Bowling Party.

**10** — Pittsburgh District meeting at White Oak Park, White Oak, Pennsylvania, beginning at 1:00 p.m.

**16** — The Rev. Dianiska District’s annual Youth Bowling Party at Modern Lanes, Exeter, Pennsylvania, from 1:00-4:00 p.m.

**20** — Deadline to submit photos and congratulatory messages for our 2011 graduates. (See page 18.)

**20** — **Deadline to submit articles for September/October Zornicka.**

**21** — Slovak Day at Kennywood Park, West Mifflin, Pennsylvania. (See page 4.)

**AUGUST**

**21** — Lehigh Valley Okres Meeting at Incarnation of Our Lord Church Social Hall, Buchanan and Thomas streets, Bethlehem, Pennsylvania, beginning at 2:00 p.m.

**22** — Deadline to notify SCF Secretary Dolores Evanko if you plan to attend the Pilgrimage of Faith. (See September 10.)

**27** — Msgr. Beeda District Meeting at Perkins Restaurant, Route 93, Hazleton, Pennsylvania, beginning at 9:00 a.m. Those planning to attend should contact Anita Gregory (570-788-3263) by August 22.

**31** — Deadline to apply for the LPSCU’s 2011 Post Graduate Award (see page 11) and Religious Awards (see page 6).

**SEPTEMBER**

**(thru 11/1)** — Weekly Slovak Language Classes, sponsored by the Western Pennsylvania Slovak Cultural Association, begin at the Brashear Association, 2005 Sarah Street, Pittsburgh, Pennsylvania. (See page 7 for more details.)

**10** — Slovak Catholic Federation Pilgrimage of Faith, Latrobe, Pennsylvania. (See page 6 for details.)

**15** — Deadline to send in a tribute to our veterans and military. (See page 25.)

**18** — Rev. Dianiska District Meeting at St. Mary’s Church Hall, South Washington Street, Wilkes-Barre, Pennsylvania, beginning at 2:00 p.m. Branches 6 and 213 will host.
Living the Golden Rule

Recently, I have had the occasion to be with clergy and lay people of different religious traditions. We have been Christians, Jews, Muslims, and others, gathering to reflect on how to build a world where peace, respect, and compassion can become deeper realities. Inevitably, in the midst of our conversations and presentations, someone speaks about the Golden Rule. Though each religious tradition may have a different way of articulating the Golden Rule, basically it boils down to: “Do unto others as you would have them do unto you.” The American poet Edwin Markham had this simple statement to say about the Golden Rule: “We have committed the Golden Rule to memory; let us now commit it to life.” Let us consider some practical ways of how we can better live the Golden Rule each day.

1. Practice empathy. Empathy is the capacity to recognize and, to some extent, share feelings (such as sadness or happiness) that are being experienced by another person. To show empathy is to identify with another’s feelings. It is to emotionally put yourself in the place of another. Practicing empathy means that we really try to understand, to the extent that we can, what it is like to be the other person so that we can better understand and appreciate what they are going through and why they do what they do.

2. How would we want to be treated? The Golden Rule does not really mean that we should treat someone else exactly as we would want them to treat us; it means that we try to imagine how they want to be treated, and then we do that. When we put ourselves in their shoes, we ask how we think they would want to be treated. It might also mean that we ask ourselves how we would want people treat us, if we were in their situation. As an example of this, blogger Leo Babauta cites President John F. Kennedy who, during the controversial days of desegregation in the 1960s, asked white Americans to imagine being looked down upon and treated badly based only on the color of their skin. President Kennedy asked them to imagine how they would want to be treated if they were in that situation, and then to act accordingly towards the blacks.

3. Practice compassion. Once we understand another person, and are open to understanding and respecting their feelings, we will take steps to assist them, especially if they are suffering or are in need. A practical way of extending compassion to another may simply be seen in our desire to be helpful and courteous to another. Sometimes we move too fast through life and, because of this, we can act disrespectfully or discourteously towards others.

As a good way to help prepare ourselves to practice compassion, it is important that we take time to listen to others and allow them to express their concerns, needs, hopes, and dreams. We all want to talk, but sometimes we are not very good at listening. And yet, we all want to be listened to. Practicing compassion forces us to make the time to listen to another person, and not just in a superficial way.

4. Overcome prejudice and stop criticism. In one way or another, most of us have our prejudices. These can be based on skin color, religious or ethnic background, physical attractiveness, height, age, gender, etc. Prejudice can be a real part of human nature. We are challenged to see each person as an individual human being, a person who has real value and dignity because of being created in the image and likeness of God! We may have different backgrounds, needs, and dreams, yet we strive to see the commonalities between persons, despite the differences that may exist.

Along with tendencies towards prejudice, we also have a tendency to criticize others, whether it is people we know or even sometimes people we do not know. When we get the urge to criticize someone, we need to ask ourselves if we would like to be criticized if we were in that person’s situation. Chances are, the answer is almost always “No.” So we need to hold back our criticism and instead learn to interact with others in a positive and constructive way. When problems and issues arise, it is imperative that we seek healthy ways to deal with these difficulties. It certainly is not helpful going behind someone else’s back, talking about them or criticizing them in a nasty way, or treating them disrespectfully.

5. Be the change. How often have many of us said recently that the world is getting to be a darker place and there is need for real change. Unfortunately, we sometimes think that the power to initiate needed change rests with someone other than ourselves. We think that it is the government or the church or “someone else” who has to make necessary changes. We sometimes forget, as we sing in the great hymn “Let There Be Peace on Earth,” that real change has to begin with me. The great prophet of peace, Mahatma Gandhi famously reminds us to “be the change we want to see in the world.” For example, if we want to see a more compassionate world, we need to become more compassionate people. With the proper attitudes in our hearts and relying on the power of God’s transforming grace in our lives, we can truly become God’s instruments for positive change in the world!

6. Say a prayer. In order to maintain the proper attitudes of the heart when seeking to practice the Golden Rule, even when dealing with difficult people or difficult situations, we need to create time for prayer. When challenged to speak or act in certain situations of life, one prayer that I have always found helpful is a prayer written by Eusebius of Caesarea. He wrote:

“May I be an enemy to no one and the friend of what has eternal value. May I never quarrel with those nearest me, and be reconciled quickly if I should. May I never plot evil against..."
Slovak Day at Kennywood Park

Thursday, July 21, marks the 88th Slovak Day celebration held at Kennywood Park in West Mifflin, Pennsylvania. Pittsburgh District President Dolores Sakal will again serve as general chairperson of the event.

The Slovak Kitchen opens at 12:30 p.m. and will be serving a traditional dinner consisting of holupky, haluski, kolbasi, and cheregi.

Children’s folk dancing begins at 2:00 p.m. on the Main Pavilion stage, with the Pittsburgh Area Slovaks Junior Folk Ensemble and the Pittsburgh Junior Slovakians performing. The guests’ introduction program will follow.

Mass will be offered at 4:00 p.m., followed by entertainment by the Pittsburgh Slovaks and Pittsburgh Area Slovaks (PAS) dance troupes.

The Western Pennsylvania Slovak Day Committee, which includes many Pittsburgh District members, will begin preparing the food weeks prior to the event. Hundreds of people come to enjoy the food and festivities, and to examine the many Slovak costumes and treasures of old Czechoslovakia. The Slovak memorabilia is from the private collection of Ann Krohmaly, a member of LPSCU Branch 42.

Ticket prices for the event are as follows: All day “Fun Day” tickets - $22.00; Senior citizens (55-69) - $12.00; Senior citizens (70 and older) - $8.50 plus tax (pay at park gate). For questions or to order tickets in advance, contact Dolores Sakal at 412-243-0438.

Pennsylvania AARP Representative Addresses
Rev. Dianiska District

At the April meeting of the LPSCU’s Reverend Dianiska District, Paige Johnson, consumer task force member of Pennsylvania AARP, was the guest speaker. Mrs. Johnson spoke on wills and estate planning. She informed the members about the importance of having these documents in place for loved ones who are left behind and discussed how to ensure that the disbursements listed in a will are carried out according to the wishes of the deceased. She also stressed the importance of having a Durable Power of Attorney and a Living Will. The members present were given handouts on the subject. Mrs. Johnson has been a speaker at other District meetings and her talks are always very interesting and informative.

LPSCU Board of Directors Semiannual Meeting

This announcement is made to all members of the LPSCU that the Semiannual Meeting of the Board of Directors will convene on Friday, September 23, 2011, at 8:30 a.m. at the Inn at Pocono Manor, Pocono Manor, Pennsylvania. All subsequent sessions will begin at 8:30 a.m. and continue until all Semiannual Meeting business has been completed.

Members wishing to submit matters for the Board of Directors to consider at this meeting are directed to send them to the attention of Theresa Kluchinski at the LPSCU National Headquarters, 71 South Washington Street, Wilkes-Barre, PA 18701 or P.O. Box 32, Wilkes-Barre, PA 18703. All correspondence relative to this Semiannual Meeting should be received no later than September 19, 2011.
PITTSBURGH DISTRICT

Pittsburgh District members are pictured below outside Kretzler’s Restaurant, Pittsburgh, Pennsylvania, where a luncheon meeting was held on April 3. The meal included sandwiches, soup, and 4-star potato pancakes. Delicious cupcakes prepared by sisters Mary Ann Kaylor and Helen Lorinc were served for dessert.

A raffle was held and member-donated door prizes were won. Upcoming Lenten functions in local churches were announced, and future District events were planned. In addition, the members present agreed to contribute $100 to the local food bank to commemorate Join Hands Day.

Sylvia Goda

LEHIGH VALLEY OKRES

The Lehigh Valley Okres will hold a meeting on Sunday, August 21, 2011, at Incarnation of Our Lord Church Social Hall, Buchanan and Thomas streets, Bethlehem, Pennsylvania, beginning at 2:00 p.m.

The Okres will hold its Holiday Luncheon on December 4, 2011, in the Lehigh Room at the Best Western Conference Center, Bethlehem, Pennsylvania. A punch reception begins at 11:30 a.m. with luncheon served at 12:30 p.m. Members are asked to bring an unwrapped toy for our “Toys for Tots” collection. To make a reservation, call one of the Okres officers or your Branch Secretary. Deadline for reservations is November 28.

REVEREND DIANISKA DISTRICT

A meeting of the Rev. Dianiska District was held on Sunday, April 10, 2011, at Holy Trinity Church Hall, Swoyersville, Pennsylvania. Debbie Adamchak welcomed everyone on behalf of host Branch 19.

The meeting was called to order by District President Mary Ann Ewasko. Prayers were said for the sick and deceased members of the District, and especially for the families of Ann Tirpak (former LPSCU officer and past president of the District), Anna Olexa, John Garbush, and Mary Weiksner. The Pledge of Allegiance followed.

Financial Secretary Marge Zinkavich read the roll call. Barbara Kalish read the Secretary’s report and Debbie Adamchak gave the Treasurer’s report. Both reports were approved.

Barbara Kalish read correspondence that included many thank you cards from members and from the Tirpak family, Sister Marie from the Catherine McCauley House, and Cecelia Chisdock.

The following items were discussed:
• Members were reminded to mark their calendars for upcoming District events published in the Zornicka under the Calendar of Events, and to read the individual articles.
• On May 7, the District will volunteer at The Laurels Skilled Nursing and Rehabilitation Center to participate in Join Hands Day.
• The District’s Annual Youth Bowling Party will be held on July 16 at Modern Lanes in Exeter, Pennsylvania, from 1:00 to 4:00 p.m. Hope and Lori Napkora are co-chairs for the event. Members were reminded to call their Branch Secretary with the age, gender, and number of children and adults planning to attend. Branch Secretaries were asked to call Hope Napkora by July 9 with all the information required.
• On May 15, 2011, the Slovak Catholic Federation will celebrate its 100th anniversary. Mass will be celebrated at the St. Peter’s Cathedral followed by dinner at the Clarion Hotel in Scranton, Pennsylvania.
• The Fraternal Societies of Northeast Pennsylvania will sponsor Flag Day at the Ball Park on June 6 at the Wilkes-Barre/Scranton Yankees Stadium.
• The LPSCU’s National Convention will be held June 23-26, 2012, at Pocono Manor. In order to attend as a delegate, members must be voted on by their Branch. The District’s next meeting will be held on September 18, at 2:00 p.m. (note time change) at St. Mary’s of the Immaculate Conception Parish Hall, 134 S. Washington Street, Wilkes-Barre, Pennsylvania. Branches 6 and 213 will host. All members are required to make full payment of their chance books at this meeting. Also at the next meeting, Jean Kapral of Branch 19 will be honored as this year’s LPSCU “Fraternalist of the Year” and Sarah Brassington of Branch 6 will receive the Youth Achievement Award for being recognized as the Outstanding Student from Stone Hill College, Boston, Massachusetts.

Once again the Catherine McCauley House will be the recipient of our donations for Make a Difference Day. President Ewasko inquired as to what they needed in particular at the shelter and Sister Marie gave her a list of following cleaning supplies that would be greatly appreciated:
• Armstrong Floor Cleaner
• Spray cans of carpet cleaner
• Hoover Steam Cleaner solution (liquid)
• Safe oven cleaner products
• Cascade Dishwasher Packets (not liquid)
• Brillo pads
• Lysol or Pine Sol cleaners
• Clorox or Lysol Anti-Bacterial Bathroom Spray
• Bleach
• Faboloso Lavender Cleaner (sold at K-Mart)
• 30 gallon trash bags
• Pledge furniture polish
• Toilet bowl cleaner
• Rubber gloves
• Comet or Dutch cleanser
• Bathroom air fresheners
• Cleaning cloths
• Small pails (from a dollar store)
• Swiffer products

continued on page 6
Pilgrimage of Faith 2011
SPONSORED BY THE
SLOVAK CATHOLIC FEDERATION
Saturday, September 10, 2011
Saint Vincent Archabbey, Latrobe, Pennsylvania

Schedule for the Day

11:00 AM
Arrival of Pilgrims – Welcome by SCF National President Fr. Philip Altavilla and Archabbot Douglas, OSB. Rosary led by representatives of the Conference of Slovak Religious.

12:00 Noon – 1:00 PM
Lunch at Fred Rogers Center – $10.00 per person. Includes pear half with shredded cheddar and dried cranberries, hand-tossed Caesar salad, chicken Marsala, whipped potatoes with gravy, green bean casserole, pasta Asiago, and raisin bundt cake.

1:00 PM – 3:00 PM
Campus tours available including the following: Saint Vincent Archabbey, Saint Vincent Crypt, Winnie Palmer Nature Reserve, Fred M. Rogers Center, McCarl Coverlet Collection, Saint Vincent Art Gallery, Archabbey Studios.

3:00 PM
Confessions

4:00 PM

Deadline for Pilgrims

All those wishing to attend this Pilgrimage of Faith MUST contact Dolores Evanko (570-454-5547 or e-mail jje@intergrafix.net) no later than August 22 with the number attending. For those traveling by bus, the bus leader is responsible for notifying Dolores of the number attending.

Branch and Okres News

continued from page 5

The District’s annual Christmas party, a family event open to all members of the District and the LPSCU, will be held on December 4 at the Ramada Inn in Wilkes-Barre. As always, everyone attending is asked to bring canned goods that will be donated to a local food bank. For more information, contact your Branch Secretary.

After the business meeting was adjourned, guest speaker Paige Johnson from the Consumer Task Force Member of AARP of Pennsylvania spoke on Wills and Estate Planning.

Susan Worth

LPSCU 2011 RELIGIOUS AWARDS

(for applicants entering religious life)

- St. John Vianney Award
- St. Theresa of the Little Flower
- St. André Bessette, C.S.C.

$300 annually

The LPSCU is offering three separate Religious Awards for members entering Religious Life. They are:

- The St. John Vianney Award is offered to any male member of the LPSCU aspiring to the priesthood. The member may apply for the $300 award upon entrance into an approved program of priestly formation. The award may be renewed for each successive year until ordination, provided the member re-applies for said award.

- The St. Theresa of the Little Flower Award is offered to any female member of the LPSCU aspiring to religious life. The member may apply for the $300 award upon completion of her first year of Novitiate. The award may be renewed annually until the member is professed as a religious nun, provided she re-applies for said award.

- The St. André Bessette Award is offered to a male member of the LPSCU aspiring to religious life as a Brother in a religious congregation. He may apply for the $300 award upon entrance into an approved program for Religious Brother formation. The award may be renewed for each successive year until completion of the program, provided the member re-applies for said award.

Following are the Guidelines for applying for each of the Religious Awards. All applicants must:

- Be a member of the LPSCU for two (2) years with a minimum $2,000 permanent reserve life insurance certificate (excludes term insurance).
- Provide a wallet-size color photo with the application.
- Re-apply each year while attending/completing studies for Religious Life (in order to receive the award each year of his/her religious training).

Applicants must meet all criteria outlined and provide data indicated to be eligible. Incomplete applications or those missing data requirements will not be considered. All materials become the property of the LPSCU and will not be returned.

Applications are available from the LPSCU Home Office or its website. Applications must be postmarked by August 31, 2011.

Submit applications to:
Ladies Pennsylvania Slovak Catholic Union
Educational Benefit Committee
P.O. Box 32
Wilkes-Barre, PA 18703
Phone: 570-823-3513 • Toll free: 888-834-6614
Fax: 579-823-4464
E-mail: lpscu@lpscu.org • Website: www.lpscu.org

ZORNICKA
The Lehigh Valley Okres held its 23rd annual Mother/Daughter Luncheon on Sunday, May 1, 2011, with 48 members and guests in attendance. The event took place in the Lehigh Room at the Best Western Conference Center, Bethlehem, Pennsylvania.

A punch reception was held from 11:30 a.m. until 12:00 noon, following which Okres President Jean Kosalko welcomed all present at the luncheon. President Kosalko then conducted a drawing of names present to select the “Queen for the Day” and her Court. Tiffany Kosalko of Hellertown Branch 196 was selected as the Queen. She was accompanied by Court members, Beth Gaughan of Allentown Branch 38 and Rose Ann Levering of Bethlehem Branch 83.

A prayer before meals was offered by Margaret A. Ferri, after which the luncheon was served.

At the conclusion of the meal, President Kosalko introduced the other Okres officers, Secretary Mary Shannon and Treasurer Margaret A. Ferri. She then also introduced Cecilia B. Gaughan, national fraternal activities director; Margaret A. Ferri, national public relations director; Mary Ann Ackerman, LPSCU honorary vice president; Mary Ford, past national public relations director; and local officers of Allentown Branches 38 and 40, Bethlehem Branches 83 and 130, and Hellertown Branch 196.

Beautiful potted begonia plants were presented to Anna Balog, oldest mother present; Gayla Guempel, youngest mother; Mary Shannon, mother with the most children; and Tiffany Kosalko, most recent mother. Four young Junior daughters received a beautiful necklace and each attendee received a small potted mum and a box of yellow marshmallow Peeps as a favor.

The program concluded with a prayer offered by Mary Shannon.

The Western Pennsylvania Slovak Cultural Association announces its Slovak Language Classes will be held every Tuesday beginning September 6 and running through November 1, 2011, from 6:30 to 8:00 p.m. at the Brashear Association, 2005 Sarah Street, Pittsburgh, Pennsylvania (phone 412-431-2236). Tuition is $15.00 for WPSCA members and $20.00 for non-members. The instructor is Bozena Hilko. Call Pam at 412-531-2990 during office hours to reserve a place.
LIA ANDREATTA
Boardman, OH
Freshman
Kent State University
Kent, OH
BRANCH 180
Youngstown, OH

NICHOLAS E. BATZEL
Roaring Brook Township, PA
Sophomore
University of Scranton
Scranton, PA
BRANCH 8
Jessup, PA

ANN T. BUCHA
Center Valley, PA
Sophomore
Northampton Community College
Bethlehem, PA
BRANCH 38
Whitehall, PA

JOSEPH BUCHA
Bel Air, MD
Junior
University of Maryland College Park, MD
BRANCH 38
Whitehall, PA

LUKE E. MORAHAN
Lake Ariel, PA
Senior
Johnson College
Scranton, PA
BRANCH 197
Wilkes-Barre, PA

ELIZABETH A. NACE
Camp Hill, PA
Freshman
Gettysburg College
Gettysburg, PA
BRANCH 7
Exeter, PA

SCOTT S. NAPKORA
Dallas, PA
Freshman
Wentworth Institute of Technology
Boston, MA
BRANCH 6
Wilkes-Barre, PA

STEPHANIE SCHLEBUSCH
Pittsburgh, PA
Freshman
Case Western Reserve University
Cleveland, OH
BRANCH 42
Pittsburgh, PA
Congratulations to All Our Scholarship Winners!
Dear Ms. Kluchinski:

On behalf of everyone at the National Military Family Association and the military families we support around the world, please accept my sincere thanks to you and your colleagues at Ladies Pennsylvania Slovak Catholic Union for your gift of $1,300.

The work of the military and what is asked of service members and their families has changed greatly since a group of military spouses founded our Association in 1969. Our ability to stay abreast of new challenges facing military families depends on the generosity of individuals and organizations – and we are grateful for yours.

Almost half of today’s all-volunteer military is married – many with children – and battlefield survival rates are extraordinary. These changes have created new needs that we strive to meet through such programs as our free Operation Purple® camp program for children of deployed and wounded service members, which has grown from 1,000 children in 2004 to today’s 10,000. While the uncertainty of war and absence of a parent are stressful things for a child to bear, Operation Purple® provides them with friends to confide in, skills to better cope with periods of separation from mom or dad, and an infusion of fun in their complicated young lives.

Because of gifts like yours, our spouse scholarship program now includes funding for spouses of the wounded. These women are dedicated to rebuilding their families and pursuing careers better suited to supporting them financially after accepting “the unthinkable.”

And finally, your contribution sustains our work to raise awareness of these ever-changing needs to local and national leaders who can join us to identify and resolve them. We recently secured changes in the Family Medical Leave Act permitting spouses and parents of service members – including those caring for wounded service members and grandparents caring for the children of deployed service members – additional time from work to tend to their loved ones without fear of losing their jobs.

We are truly grateful for your support.

Warm regards,
Joyce Wessel Raezer
Executive Director
National Military Family Association

Dear “Caring by Volunteering” Committee,

I thank you so kindly for the prize money I received for my volunteer work at St. Elizabeth Hospital. It was so nice to be recognized for the hours I volunteer my time. What a truly nice thing to do for all of us members who give back to our community.

Thank you so very much.
Sincerely,
Rosemary Wakefield
Branch 159, Youngstown, OH

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Ladies Pennsylvania Slovak Catholic Union

1st Quarter Report

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<td>Increase in aggregate reserves</td>
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<tr>
<td>Totals</td>
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Net Gain/Loss From Operations | $44,403.00 | $28,548.00 |
Net Realized Capital Gain (Loss) | $3,355.00 | $212.00 |
Totals | $47,758.00 | $28,760.00 |
Dear LPSCU,

Thank you for awarding me with the Anne (Shinal) Cichy Scholarship! I enjoy mixing the health care field with the engineering field, and will use the scholarship to further my exploration.

Sincerely,
Amy Bucha
Branch 38, Whitehall, PA

Dear Ladies Pennsylvania Slovak Catholic Union,

It is such an honor to have been chosen as a recipient of the 2011 Ladies Pennsylvania Slovak Catholic Union Scholarship Award of $500.00. I am so grateful for your kindness. This scholarship has lifted some financial burden from me. I am very excited to continue my education at LaSalle University in Philadelphia. I have attended Catholic schools all my life and to me it is a good fit to further my education at a Catholic university where they will continue to uphold the Catholic values I have learned. This scholarship means a great deal to me and it will help me immensely. It is very meaningful to me to receive it. I appreciate you being a part of my continued education. I am looking forward to college life and feel a school in the city will allow me to continue to volunteer in the community.

Again, I would like to thank the Ladies Pennsylvania Slovak Catholic Union for having faith in me. I know I will work hard and will not disappoint you.

Sincerely,
Austin Vasko
Branch 130, Bethlehem, PA

Dear Ms. Theresa Kluchinski,

I am truly honored that you have selected me for a scholarship. Five hundred dollars is a great deal of money, and putting it towards my education is such a gracious thing to do. Certainly, I will keep in mind my benefactor, the Ladies Pennsylvania Slovak Catholic Union, as I start my culinary arts classes this August. Thank you so much for this scholarship!

Best regards,
Ann Theresa Bucha
Branch 38, Whitehall, PA

What Do the Holidays Mean to You?

You may be sweltering in the July heat, but the people who put together your Zornicka are always thinking and planning months ahead. That’s why we’re reminding you now to start thinking about what the Holiday Season means to you. Perhaps you remember a special family tradition from when you were a child, and maybe your family still upholds that tradition today. Perhaps there was an especially meaningful gift you once received or a special food prepared for the occasion. We’d like to know what thoughts come to your mind when you think about the holidays. Is it family and friends gathered together? The serenity and beauty of Midnight Mass? The tree decorated with handmade ornaments lovingly preserved from year to year?

If you have a special holiday memory or tradition, we’d like to hear about it. Write up a short description and send it to Fraternal Activities Director Cecilia B. Gaughan, 325 Florida Avenue, Whitehall, PA 18052, or email Ceil at cbgaughan@msn.com.

The year’s already half over and holidays will be here before you know it! Get in touch with us today and we’ll share your special memories in our November-December issue.

LPSCU 2011 POST GRADUATE AWARD

$300 ONE-TIME AWARD

The LPSCU is offering a $300 Post-Graduate Award Benefit to our members who are awarded a Master’s or Doctorate degree during the period from July 1, 2010 to August 30, 2011. Members are only eligible to receive this award one time.

Following are the Guidelines for applying for the Post Graduate Award. All applicants must:

- Be a member of the LPSCU for at least five (5) years with a minimum $2,000 permanent reserve life insurance certificate (excludes term insurance).
- Provide a photocopy of the Master’s or Doctorate degree received.
- Provide documentation that the degree was awarded between July 1, 2010 and August 30, 2011.
- Provide a wallet-size color photo.

Applicants must meet all criteria outlined and provide data indicated to be eligible. Those applications missing data or with incomplete requirements will not be considered. All materials become the property of the LPSCU and will not be returned.

Applications are available from the LPSCU Home Office or its website. Applications must be postmarked by August 31, 2011.

Submit applications to:
Ladies Pennsylvania Slovak Catholic Union
Educational Benefit Committee
P.O. Box 32
Wilkes-Barre, PA 18703
Phone: 570-823-3513 • Toll free: 888-834-6614 • Fax: 579-823-4464
E-mail: lpchu@lpchu.org • Website: www.lpchu.org
Lehigh Valley Okres

On Saturday, May 7, 2011, in conjunction with JOIN HANDS DAY, Lehigh Valley Okres members partnered with parishioners of Incarnation of Our Lord Church of Bethlehem, Pennsylvania, for a rosary making project. Twenty-five members of the Lehigh Valley Okres and Incarnation of Our Lord Parish met in the church social hall to learn how to make rosaries for the missions. The instructor was Rev. Stanley Moczydlowski, M.B.A., M. Div., administrator of the parish.

After everyone enjoyed a treat of coffee and donuts, Father Stan, as he is called, demonstrated the procedure of making a rosary. He supplied all the necessary tools and showed everyone how to make the knots with the cord and where the knots and the rosary beads were to be added. Lastly, he showed the participants how to attach the crucifix to the rosary. After everyone completed one rosary, Father Stan showed us how to make a chain-link rosary. These are more complicated and difficult to make so no one attempted one, but it was interesting to learn how they are constructed. By noon, we were finished with our rosary project.

Later that afternoon, Okres members partnered in a second JOIN HANDS DAY event with the Visually Impaired and Blind Association of the Lehigh Valley in a clothing drive. Okres members delivered gently used clothing that they collected from their families and neighbors to the Association’s Re-Vision Thrift Shop on East Third Street in Bethlehem. The Association is noted for donating clothing to unemployed people who do not have suitable clothing when applying for a job, thus giving the unemployed a better chance to present themselves in a positive light when they go on job interviews.

Both projects were a success and all enjoyed volunteering for two worthy causes.

To complete their day, Okres members stopped at the Paprikas Restaurant in Hellertown, Pennsylvania, for a good, old-fashioned Slovak lunch.

Reverend Dianiska District

On May 7, 2011, twelve adults and seven youth from the Reverend Dianiska District volunteered at The Laurels Skilled Nursing and Rehabilitation Center for JOIN HANDS DAY. Young members in attendance were Paul and Marissa Jason, Melanie Lombardo, Daniel and Isabella Edwards, and Cecelia and Zeb Chisdock.

Members donated prizes for bingo and brought and served refreshments to the 18 residents who participated in the event in the dining hall. Gifts and refreshments were also distributed to 65 residents in their rooms. Gerrity's Market in Wyoming, Pennsylvania, donated a beautifully decorated cake for the occasion.

The residents were very excited to have our District visit them once again and they enjoyed the entertainment provided by the young members. One woman stated that even though it was a gloomy day outside, her day was brightened by the children’s entertainment. The staff at The Laurels was very pleased our District chose their facility for our participation in JOIN HANDS DAY.
A Fun New Photo-Matching Contest for Our 2012 Convention

With the help of our members, we’re planning a fun Photo-Matching Contest for our 2012 Convention. Here’s how it will work: Members will send in two photos of themselves, one from their childhood (at least 2 years of age) or teen years and one from the present day. The photos will be randomly displayed at our 40th National Convention, to be held June 23-26, 2012, at The Inn in Pocono Manor, Mt. Pocono, Pennsylvania. Then, convention delegates will have a chance to guess which past and present photos belong together. Those with the most correct answers will win the cash prizes listed below.

Members, start looking through your photos now and choose the pair you would like to submit for this fun Photo-Matching Contest. Please identify your photos on the back and mail them to Cecilia Gaughan, LPSCU Fraternal Activities Director, 325 Florida Avenue, Whitehall, PA 18052. Photos from the first 50 entrants will be accepted. If you would like to have your photos returned after the contest, please provide a stamped, self-addressed return envelope with your entry.

Entries for this contest will be accepted until March 1, 2012. However, because of display space limitations, we can only accept the first 50 entries, so we encourage you to send in your photos as soon as possible.

As an incentive and “thank you” for our members who participate, the names of two of the 50 chosen photo-senders will be drawn during the convention. Those lucky two will each receive a $25 gift card to a restaurant or store in their area.

If you have any questions, you may contact Ceil at 610-433-4610 or email cbgaughan@msn.com.

PRIZES

1st Prize (Most correct answers) - $100
2nd Prize (2nd most correct answers) - $75
3rd Prize (3rd most correct answers) - $50
(In case of a tie, prize money will be split)

We encourage our Board members to send in their “Then and Now” photos too. However, Board members are not eligible for photo contest prizes.

Remember, this contest will only be successful if YOU help make it so by your participation, so dig out those old photos today and see if you can stump our delegates!

An LPSCU insurance policy makes the perfect gift!

Our Mission is . . .

• To spread and foster the Catholic faith
• To foster a spirit and practice of true fraternalism
• To perpetuate an appreciation of ethnic culture and heritage
• To instill patriotic zeal for the United States of America
• To provide affordable insurance benefits
On May 15, 2011, the Slovak Catholic Federation celebrated the 100th Anniversary of its founding with a Mass of Thanksgiving at the Cathedral Church of Saint Peter in Scranton, Pennsylvania, at 2:30 p.m. The main celebrant was the Most Reverend Joseph C. Bambera, D.D., J.C.L., Bishop of the Diocese of Scranton. Concelebrants were the Most Reverend Joseph V. Adamec, D.D., S.T.L., Bishop Emeritus of the Diocese of Altoona-Johnstown and Episcopal Moderator of the Slovak Catholic Federation; the Most Reverend John M. Dougherty, D.D., Auxiliary Bishop Emeritus of the Diocese of Scranton; the Most Reverend Peter A. Libasci, D.D., Auxiliary Bishop of the Diocese of Rockville Center, New York; the Right Reverend Douglas R. Nowicki, O.S.B., Archabbot of Saint Vincent’s Archabbey, Latrobe, Pennsylvania; 11 clergy members of the Executive Board of the Slovak Catholic Federation; and 13 guest clergy. Assisting at the Liturgy were Deacon Leonard G. Kassick, Deacon Cyril J. Kowalchick, and Deacon Louis Smolinsky. Master of Ceremonies was Reverend Christopher T. Washington, S.T.L.

Lectors were Dolores M. Evanko, national secretary-treasurer of the Slovak Catholic Federation, and Jayne Klenner-Moore, Ph.D., Executive Board member. The homilist was Reverend Philip A. Altavilla, V.E., national president. Gift Bearers were Sister Aurelia Cerny, O.S.F., and Brother Gabriel Balazovic, O.S.B., members of the Conference of Slovak Religious.

Reverend Altavilla opened his homily with a greeting in the Slovak language. His greeting was appreciated by the congregation and he received a round of applause from the more than 200 worshippers present in the Cathedral. In his homily, Father Altavilla reflected on the Gospel reading of the day (John 10: 1-10) by instructing the congregation to listen for God’s call and to respond generously to God’s call. He referred to Reverend Joseph Murgaš, pastor of Sacred Heart Slovak Church in Wilkes-Barre who founded the Slovak Catholic Federation in 1911. Father Altavilla noted that Father Murgaš responded to God’s call by leaving his homeland in Slovakia and coming to America to serve the faithful in northeastern Pennsylvania, and by using his many God-given talents to make a better life for others, especially by seeking to create an organization that can bring people together to celebrate, to live and to share common faith and common ethnic heritage.

In his remarks, Bishop Bambera thanked the members of the Slovak Catholic Federation for their “dedication and commitment to the good works that the Federation has folded into the life and the ministry of the Church for 100 years.”

“You have and you continue to live the spirit of the great Saints Cyril and Methodius,” Bishop Bambera said, referring to the brother saints known for their missionary work among
The choir combined members from St. Peter’s Cathedral Choir and the Slovak Heritage Society of Northeast Pennsylvania under the direction of Daniel Marx, director of liturgical music at Scranton’s Cathedral of Saint Peter.

The Mass concluded with the singing of the beautiful Slovak Easter hymn, “Radujte Sa, O Krestania!”

The music ministry consisted of Daniel Marx, director of Liturgical Music; Jean M. Shields, organist; Diane Franklin, cantor; Mary Kay Kuzma, violin; Jeff Leas, trumpet; Joseph Stefanko, trumpet; Monica Spishock, timpani; and Edward Wargo, flute. Beautiful liturgical singing was provided by Saint Peter’s Cathedral Choir and the Slovak Heritage Society of Northeastern Pennsylvania. The Sanctuary was beautifully decorated with flowers and a colorful life-size portrait of youthful Saints Cyril and Methodius was prominently displayed near the altar.

Following the Liturgy, a banquet was held at the Clarion Hotel in Scranton. Reverend Altavilla offered a welcome to the guests. The celebration continued with a meal and speeches.

Federation members and guests fill the pews and the choir loft at the anniversary liturgy.

200 members and guests in attendance. A Prayer of Blessing was offered by Reverend Monsignor Thomas J. Derzack, M.Div., national spiritual advisor. The assembly sang the National Anthems of the United States, Canada, and the Slovak Republic. A toast in honor of the Federation’s 100th Anniversary was offered by Reverend Andrew S. Hvozdoovic, M.Div., national first vice president of the Slovak Catholic Federation, after which dinner was served.

The program continued with the introduction of the head table and guests by Dolores M. Evanko. Proclamations congratulating the Slovak Catholic Federation on the 100th Anniversary of its founding were presented to Father Altavilla by the Honorable John P. Blake of the 22nd Senatorial District of Pennsylvania and the Honorable Sid Michaels Kavulich of the 114th Legislative District of Pennsylvania, both of whom have Slovak roots.

His Excellency Peter Burian, ambassador of the Slovak Republic to the United States, offered congratulations on behalf of the Slovak people and thanked the Slovak Catholic Federation for its financial assistance to the various Slovak churches and organizations in Slovakia and Rome, Italy. Congratulatory remarks were also offered by Most Reverend Peter A. Libasci, Archabbot Douglas R. Nowicki, and Most Reverend Joseph V. Adamec.

On behalf of the Slovak Catholic Federation, Father Altavilla presented a beautiful icon of St. Joseph to Bishop Adamec. The icon was hand-painted by Cantor Raymond Mastroberte, a member of St. Nicholas Orthodox Greek Catholic Church in Lansford, Pennsylvania. Bishop Adamec was overwhelmed and expressed his heartfelt thanks to the Federation for the gift.

After Father Hvozdoovic offered a prayer of Thanksgiving, the program concluded with the assembly singing “Hej, Slovaci” and “God Bless America.” Entertainment was provided by Pajtáši, a Slovak folk acoustic cimbalon band from New York.


Representatives of the Conference of Slovak Religious, Sister Aurelia Cerney, O.S.F. and Brother Gabriel Balazovic, O.S.B. present the offertory gifts to Bishop Joseph C. Bambera.

Most Reverend Joseph C. Bambera is shown by a large portrait of Saints Cyril and Methodius which was displayed in the Sanctuary during the Centennial Mass with Sisters of SS. Cyril and Methodius from Danville, Pennsylvania. From left are Sister M. Mercedes Vojtko, Sister Linda Marie Bolinski, Sister M. John Vianney Vranak, (partially hidden), Sister Mary Beth Makuch, Sister M. Catherine Laboure Bresnock, and, standing in the back, L-R, Sister Thomas More Dzurnak, Sister Catherine Ann Morris, and Sister Maria Theresa Hronec.

Enjoying time together at the banquet are, L-R: Reverend Gary Hoover, O.S.B., Right Reverend Douglas R. Nowicki, O.S.B., Archabbot of St Vincent Archabbev in Latrobe; Reverend Albert Marflak, O.S.B., Brother Joseph Venonsky, O.S.B., and Brother Gabriel Balazovic, O.S.B.

Many thanks to Scranton diocesan photographer Terry Connors, Slovak Catholic Sokol editor Daniel F. Tanzone, and First Catholic Slovak Ladies Association editor Carolyn Bazik for providing the photographs that accompany this article.
Call to Order – Prayer – Pledge
President Theresa Kluchinski called the meeting to order at 8:40 a.m. Spiritual Advisor Rev. Philip Altavilla held a morning-prayer service, which was followed by the Pledge of Allegiance. Secretary-Treasurer Mary Jo Savidge was asked for roll call. Trustee Margaret Jollimore and Public Relations Director Margaret Ferri were excused.

Submission of Insurance Applications
One application for insurance was received from Mary Ann Ewasko.

Welcome/Remarks
President Kluchinski welcomed the Board to the Annual Meeting. The Board will hear from our accountant, Robert Kopec; Sam Urda from CPS Acturaries; and Senior and Second Vice President, respectively, of Morgan Stanley Smith Barney, Ellen Bush and Karen Natishan.

Approval of Agenda/Minutes
There were three additions to the agenda, after which the agenda was approved.

The Minutes from the December 4, 2010, Board Conference Call were approved.

Correspondence and Requests
Secretary-Treasurer Savidge read all correspondence received since the previous meeting. The following requests were approved:
• Slovak Catholic Federation
• Jankola Library
• Church of St. Joseph, Hazleton, Pennsylvania

Resolutions
The following resolutions were reaffirmed:
• Golden Age Benefit Resolution
• 80 Years of Age Resolution
• Certificate Loan Resolution
• MBA (Minor Beneficiary) Rate Resolution

Appointments
The following appointments were reaffirmed:
• Mr. Robert Kopec, certified public accountant
• Mr. Sam Urda and Mr. Allan Ferrone, actuary, CPS Acturaries
• Dr. Robert Czwalina, medical examiner
• Ms. Ellen Bush and Ms. Karen Natishan, financial consultants
• Attorney Jeffrey Malak, legal counsel

Financial Report
Board members reviewed and discussed the following:
• 2010 Annual Statement
• Balance Sheet/Revenue and Expenses 2010
• Budget
• Anne Cichy and Bishop Grutka accounts
• Employee Retirement Plan 2010
• Transaction Summary Report 2010
• Secretary Prompt Pay Report

Presentations
President Kluchinski introduced Mr. Robert Kopec, CPA, who reviewed the annual statement, premium income, and investment income. Any questions asked were answered.
President Kluchinski introduced Ellen Bush and Karen Natishan from Morgan Stanley Smith Barney who provided the Board with the LPSCU Capital Market Overview and Employees’ Pension report, 4th Quarter 2010 through February 2011, and a presentation of an overview on the following:
• Asset Allocation
• Market Value
• Maturity Distribution Graph
• Top Holdings by Market Value
LPSCU Employee Pension Report
• Asset Allocation
• Top Holdings by Market Value
Questions asked were answered.
President Kluchinski introduced Sam Urda of CPS Acturaries, Inc. Mr. Urda reviewed the Management’s Discussion and Analysis Report. Questions asked were answered.

Officers’ Reports
The Board was provided and reviewed the following reports:
• President’s Report
• Secretary-Treasurer’s Report
• Fraternal Activities Director’s Report
• District Report

2010 Audit Report
Chairperson of Trustees Mary Ann Ewasko provided the Audit Report of 2010. No exceptions or recommendations were reported.

Home Office Report
Secretary-Treasurer Savidge informed the Board that the following items were covered in the Secretary-Treasurer’s Annual Report:
• Building improvements
• Membership
• Hardware/Software
• Home Office projects
• Financials

Unfinished Business
The Board reviewed the following:
• Tree of Life
• Life and Health Insurance Foundation
• Brochure “Introducing LPSCU”
• Marsh Affinity Program
• Purchase of shirts
• Sports tournaments
• Office Depot
• Operation Purple
continued on page 18
ANNUAL BOARD MEETING MINUTES
continued from page 17

Branch
The following was discussed:
- Branch consolidation
The meeting was adjourned until Saturday morning.

Saturday, March 26, 2011
President Kluchinski called the meeting to order at 8:30 a.m. Spiritual Advisor Rev. Philip Altavilla led the Board in prayer. Trustee Margaret Jollimore and Public Relations Director Margaret Ferri were excused for the remainder of the meeting.

Branch (continued)
- Matching Funds Program
- Commission Schedule

Strategic Plan
The Board discussed the LPSCU strategic plan.

New Business
The Board discussed the following:
- Annuity Rate
- Rate on monies held on deposit
- Procedural Manual
- Convention
- Bylaws
- Gifts for Convention
- Compliance

Committee Reports
The Board was provided the following committee reports:
- Campaign Committee
- Fraternal Activities
- Fraternalist of the Year

Meeting Dates
The Board was provided with meeting dates for 2011 and 2012.
The meeting was adjourned until Sunday morning.

Sunday, March 27, 2011
President Kluchinski called the meeting to order and offered a prayer.
President Kluchinski asked committees to meet and then give their reports.

Committee Reports
The following committees provided a report:
- Campaign Committee
- Fraternalist of the Year
- Youth Achievement Award
- Educational Committee
- Ann (Shinal) Cichy Award
- Fraternal Activities
There being no further business, meeting was adjourned.
Respectfully submitted,
Mary Jo Savidge
National Secretary-Treasurer

LPSCU To Honor Its 2011 Graduates

Once again this year, the Ladies Pennsylvania Slovak Catholic Union would like to honor all our 2011 graduates with a photo and message in our magazine. If you know of a member who graduates this year from college, a technical or career school, high school, junior high, elementary school, or kindergarten, we would like to feature them in our September/October issue. Please note, the honoree’s graduation must take place in calendar year 2011.

Please send us a picture and brief message about the graduate. Messages should not be more than 25-30 words and should include the graduate’s name, city and state, and Branch number, as well as the school and grade from which the individual is graduating. If space permits, add a brief congratulatory or informational message about the graduate. For example:

Robert Jones of Whitehall, Pennsylvania, Branch 38, graduated from Allentown Central Catholic High School in June. We’re proud of you, Rob! Love, Mom and Dad

Melanie Smith of Taylor, Pennsylvania, Branch 6, graduated cum laude from Boston College with a Bachelor of Science in Critical Care Nursing. Congratulations, Melanie!

Thomas Phillips of East St. Louis, Illinois, Branch L0179, has graduated from Kindergarten at St. James Academy. We love you, Tommy! — Grammy & Pop

Please send your photo and message to Fraternal Activities Director Cecilia B. Gaughan, 325 Florida Avenue, Whitehall, PA 18052. Please include an address and phone number or e-mail address in case we have to get in touch with a question concerning your submission. The LPSCU reserves the right to edit messages that exceed the 25-30 word limit.

Moms and dads, grandparents, aunts and uncles, godparents, siblings, friends and neighbors — we’re sure you know an LPSCU/LCA member who’s about to graduate this spring. We hope that all our members will take part in this program to honor all our member-graduates.

The deadline for submitting graduation photos and messages for our September/October issue is July 20, 2011.

SIGN UP A NEW MEMBER TODAY!
The Slovak-American Cultural Center held its 19th Annual Slovak Ball on Saturday, February 26, 2011, at the New York Athletic Club in New York City. This year’s honoree was Nina Holy, a member of LPSCU Branch 42, Pittsburgh, Pennsylvania.

In honor of Dr. Iveta Radicova being elected the first female Prime Minister of Slovakia, the S-ACC celebrated Slovak women this year. Nina was honored for her lifetime dedication to so many Slovak-American organizations and activities. She was present at the forming of the Slovak World Congress and later became its Vice President for the Eastern Region of the United States. She was elected as Secretary-Treasurer of the Slovak League of America in 2002, a position that she continues to hold. Nina has also been active in organizing New Jersey’s Slovak Heritage Festival, the largest Slovak festival in the United States.

Nina has a deep commitment to the American-Slovak way of life and is dedicated to the advancement of the Slovak nation in Slovakia. In recognition of her dedicated work on behalf of Slovakia, on January 1, 2008, Nina was honored with a presidential citation, the Order of the Pribina Cross (Pribinov kriz II).

In Memoriam

Blessed are they that mourn, for they shall be comforted. — Matthew v.5

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<tr>
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<th>Location</th>
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<td>Anna R. Olexa</td>
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<td>Rev. Msgr. Edward M. Matash</td>
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<td>Andrew W. Rutkowski</td>
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<td>*Helen Hazy</td>
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<td>*Celestine Proski</td>
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<td>Rosemary R. Fiedler</td>
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<td>Irene D. Bellus</td>
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<td>Gerald Dorner</td>
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<td>Curtis M. DeFebo</td>
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<td>Anna E. Torok</td>
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<td>Hellertown, PA</td>
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<td>Irene Matonis</td>
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<td>Wilkes-Barre, PA</td>
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<td>Rosanne R. Walkavage</td>
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<td>Carmine S. Caudullo</td>
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<tr>
<td>Helen Panetski</td>
<td>214</td>
<td>Duryea, PA</td>
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*Multiple certificates

Our Scholarship Recipients Explain... The Importance of Life Insurance

As part of the criteria for being awarded an LPSCU College Scholarship, applicants must submit a short essay on the topic: Why is life insurance important? Periodically, we will be featuring some of these essays anonymously in upcoming issues of Zomicka. We think our readers will be impressed by the thought process exhibited by our scholarship winners in these works. Here’s what one young applicant had to say...

“I never gave life insurance much of a thought, but over the past few years, I have come to realize the value of ‘peace of mind amidst catastrophe.’ Life insurance is a small price to pay over time to have one less worry with which to flood the mind during a very chaotic and stressful time of life.

“My family and I went through a tragic loss a few years ago and there was enough pain, confusion, disbelief, and heartache at the time that I can’t imagine worrying about the cost of a funeral. I did not know at the time what a great financial burden it could have been had life insurance not been purchased for my brother. My mom had too much to deal with as it was.

“I also can appreciate my mom’s planning for all of her children as an investment in our future as we get older and have children of our own. It is a valuable lesson I learned from the greatest woman in my life.”
April 20, 2011

President Theresa Kluchinski called the meeting to order and offered a prayer, followed by the Pledge of Allegiance. Attendees: Theresa Kluchinski, president; Anita Gregory, vice president; Mary Jo Savidge, secretary-treasurer; and Mary Ann Ewasko, chairperson of trustees. The committee reviewed and accepted the Minutes from the March 16, 2011, Executive Finance Committee meeting.

The committee acknowledged all the correspondence read and approved the following requests:

- School Sisters of St. Francis requesting a donation for their Spring Festival. Approved $50.00.
- Pittsburgh Slovakians requesting a donation for the 54th International Pittsburgh Folk Festival. Approved $50.00.
- Youngstown Sister Cities requesting a donation for projects that help Slovakia and/or perpetuate Slovak Heritage. Approved $100.00.
- Fraternal Societies of Greater Pittsburgh holding an annual seminar. Approved to send one person at $55.00.
- Fraternal Societies of Greater Pittsburgh requesting annual dues of $25.00. Approved.
- The Fraternalist of the Year and the Youth Achievement awardees are members of the Rev. Dianiska District. Approved $150.00 donation for Rev. Dianiska District to go toward presentation of the awards.

Financial Statement

The committee reviewed the following checking accounts as of March 31, 2011: M&T Bank – General Operating Account, M&T Bank – Home Office Checking Account and Smith Barney Checking Account.

Bond/Stock/Pension Portfolio

The committee was provided copies of all reports from March 31, 2011, reviewing all activity, including CDs, Common Stocks, Preferred Stocks, Bonds, and International Investments. The Employee Retirement Plan was also reviewed.

Home Office

Secretary-Treasurer Savidge reported that under the Employment Practice Liability Insurance it is required to have a policy for e-mails, faxes, and internet use and also a disclaimer at the bottom of all e-mails and faxes. This has been completed and a copy has been sent to our property insurance company, Eastern Insurance.

Budget

The committee was provided and reviewed the budget. There being no further business, the EFC adjourned.

May 18, 2011

President Theresa Kluchinski called the meeting to order and offered a prayer, followed by the Pledge of Allegiance. Attendees: Theresa Kluchinski, president; Anita Gregory, vice president; Mary Jo Savidge, secretary-treasurer; and Mary Ann Ewasko, chairperson of trustees. The committee reviewed and accepted the Minutes from the April 20, 2011, Executive Finance Committee meeting.

The committee acknowledged all the correspondence read and approved the following requests:

- Pennsylvania Fraternal Alliance requesting a $100.00 contribution for the Legislative Luncheon to be held May 24, 2011. Approved.
- Slovak Gymnastics Union requesting an ad in their 26th Sokolfest Program Book. Approved half page at $95.00.
- Emily Comensky, member of Branch 156, requesting a donation towards her missionary trip to El Factor in the Dominican Republic. Approved $100.00.

Financial Statement

The committee reviewed the following checking accounts as of April 30, 2011: M&T Bank – General Operating Account, M&T Bank – Home Office Checking Account and Smith Barney Checking Account.

Bond/Stock/Pension Portfolio

The committee was provided copies of all reports from April 30, 2011, reviewing all activity, including CDs, Common Stocks, Preferred Stocks, Bonds, and International Investments. The Employee Retirement Plan was also reviewed.

Home Office

Secretary-Treasurer Savidge reported that clean up and repairs to the building will start this month.

Budget

The committee was provided and reviewed the budget for April 30, 2011. There being no further business, the EFC adjourned.

Respectfully submitted,

Mary Jo Savidge
National Secretary-Treasurer

WPSCA Selects Scholarship Recipient

The Western Pennsylvania Slovak Cultural Association announces that Mark Riedl of Dublin, Ohio, is this year’s scholarship winner for its Summer Slovak Language and Culture Program to study at Comenius University in Bratislava, Slovakia. Mark is a mechanical engineering student at Marquette University in Milwaukee, Wisconsin. His great-grandparents are from Slovakia and he has cousins living in Bratislava.

Congratulations, Mark!
At the conclusion of the Board of Directors’ Annual Meeting on Saturday, March 26, 2011, some members of the Board visited with LPSCU Honorary Spiritual Advisor Msgr. Francis J. Beeda at Little Flower Manor Nursing Home in Wilkes-Barre, Pennsylvania. Msgr. Beeda was surprised by the visit and pleased that the Board members took time from their busy meeting to spend some time with him.

He talked to the ladies about the Slovak Catholic Federation’s Centennial Celebration being held on May 15, 2011. He was very excited about the Centennial and said he expected to attend the Mass at St. Peter’s Cathedral in Scranton and the Banquet at the Clarion. He was looking forward to the event and told the ladies he was making transportation plans to travel to there in his wheelchair.

Msgr. Beeda is still undergoing therapy every day for his left arm and leg. He said he is feeling fine and can walk a little with assistance. He visits the chapel daily in his wheelchair. In fact, he asked the ladies to wheel him to the chapel so a group picture could be taken there.

After spending a pleasant hour with Msgr. Beeda, the ladies gave him hugs and kisses and said they looked forward to seeing him at the Centennial celebration in May.

$1,800 Donated!

Final Results of Our “Operation Purple Camps” Fundraiser for Children of Military Families

Earlier this year, the National Military Family Association and the American Fraternal Alliance (formerly known as the National Fraternal Congress of America) issued a call to fraternals to “Save 2011 Summer Camps” for children of military families and the LPSCU responded! The results are now in and we’re proud to announce that through the generosity of our members, Branches, and Districts, we collected and forward $1,800 to the NMFA to help with Operation Purple!

On behalf of the LPSCU Board of Directors – THANK YOU! Below is a list of those that supported this great cause:

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<tr>
<th>Amount</th>
<th>Donor</th>
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<td>$ 50.00</td>
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<td>$30.00</td>
<td>The Kluchinski Family</td>
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<td>$500.00</td>
<td>LPSCU Branch 213*</td>
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|$ 1,800.00 TOTAL DONATED

* LPSCU Branch 213 Branch Secretary Theresa Kluchinski organized a candle sale. Members of Branch 213 helped sell candles to raise funds for Operation Purple.
Amy Bucha Receives 2011 Anne (Shinal) Cichy Memorial Scholarship

The LPSCU is proud to announce that Amy Bucha of Macungie, Pennsylvania, is the recipient of the 2011 Anne (Shinal) Cichy Memorial Scholarship.

Amy graduated in 2008 from Emmaus High School, Emmaus, Pennsylvania. She is presently a junior at the University of Delaware, Newark, Delaware, where she is studying for a Mechanical Engineering degree with a Biomedical Engineering minor. She was named to the Dean’s List in the Fall of 2008 and the Fall of 2010.

Amy states that with the biomedical minor, mechanical engineering is focused on working with the mechanics of the body, or developing instruments to use in hospitals. Her interest in biomedical engineering is prosthetics and orthotics. This summer, she is interning at Independence Prosthetics and Orthotics a company that works directly with patients to fit the prosthetic or cast specifically to the patient. While interning, Amy will be able to see the process of matching a patient to a prosthetic or cast, as well as learn the process of making a prosthetic or cast.

In Amy’s free time at college, she is actively involved in Engineers Without Borders, Habitat for Humanity, and Delaware Christian Athletes. In Engineers Without Borders, she is training to be project manager of the University’s Cameroon water project. Along with other students, Amy is working in Bamendjou, Cameroon, to install a water distribution system. She has twice traveled to work on the project in country, and works every week to design the system and plan the trips to Cameroon. For Habitat for Humanity, Amy has worked as a crew leader for builders, as well as helped plan the spring break trip this year. She attends multiple bible studies a week through Delaware Christian Athletes. In any spare time, Amy enjoys rock climbing at the school’s rock wall.

Amy says her main focus and the majority of her time is focused on school work, but she enjoys learning through her extra activities.

Amy is the daughter of Dave and Diane Bucha of Macungie, Pennsylvania. She has two sisters, Kellie and Kim, and a brother, David. She and her sisters are members of LPSCU Branch 38 in Whitehall, Pennsylvania, where their aunt, Ceil Gaughan, is president and secretary.

The LPSCU is proud of Amy’s outstanding achievements and accomplishments. This outstanding young woman is most deserving of this year’s Anne (Shinal) Cichy Memorial Scholarship. Congratulations, Amy, and continued success at the University of Delaware.
The Scholarship Committee of the Pennsylvania Fraternal Alliance announces applications are available for the PFA 2011 Scholarship Program. The PFA will award at least one $500 scholarship to a college student who is a resident of Pennsylvania and is a member of a fraternal benefit society belonging to the Pennsylvania Fraternal Alliance. Since the LPSCU is a member of the PFA, any LPSCU member who is a Pennsylvania resident and a 2011 high school graduate, who will be a full time student (carrying 12 semester credits) attending an accredited college, university, trade school, etc., in the summer/fall of 2011, can apply for this scholarship.

To apply, the applicant must:
- Obtain a letter of recommendation from the LPSCU Home Office.
- Submit a 500-word essay on: The impact of a fraternal organization on your daily life, family, and community.
- Sign the Statement of Application that is located at the bottom of the application.
- Return the completed application, essay, and letter of recommendation, postmarked no later than September 1, 2011, to the Pennsylvania Fraternal Alliance Scholarship Chairperson noted on the application.

Additional scholarships may be awarded, depending upon available funds. Awards will be announced at the PFA Annual Meeting held in October 2011.

For a PFA Scholarship Application, contact the LPSCU Home Office at 570-823-3513; toll free 888-834-6614; fax 570-823-4464; or e-mail lpscu@lpscu.org or visit the website of the Pennsylvania Fraternal Alliance at www.pafraternal.org.

Applicants are reminded to request their letter of recommendation from the LPSCU Home Office prior to August 23, 2011, to meet the application postmark deadline of September 1, 2011.

Slovak Gardens Holds Annual Convention, Slovak Day

The annual Slovak Day was held at the Slovak Gardens, a Home for American Slovaks, Inc., in Winter Park, Florida, on March 6, 2011. The festivities began with a liturgy celebrated in Slovak by Reverend Lewis Luliak. Slovak Gardens President Justin Wesnak welcomed all in attendance and introduced the guests present, including LPSCU National President Theresa Kluchinski. Lunch was served and everyone enjoyed entertainment by the PAS Dance Group.

The 59th Annual Convention of Slovak Gardens was held the following day with President Wesnak presiding. The delegates had a full day on the agenda with many important issues discussed and resolved for the good of the Slovak Gardens. LPSCU President Kluchinski chaired the Nominating Committee and had the privilege of installing the incoming officers.

The LPSCU would like to extend our appreciation to the outgoing officers of the Slovak Gardens and our congratulations to the newly elected officers.

Pittsburgh Parish Hosts Slovak Easter Breakfast

From left, Attorney Joseph S. Bielecki, District President Dolores Sakal, Sylvia Goda, and Helen Lorinc, all members of the Pittsburgh District, stand in front of a display of Slovak items for sale at Prince of Peace Parish. Every year Prince of Peace invites the community to a typical Slovak Easter breakfast, which includes kolbasi, paska (Easter bread), sirek (a sweet, hard, cheese-like dish made with eggs and other ingredients), cvikla (beets with horseradish), and kolacky (nut and poppyseed rolls). This popular celebration has been a tradition in Sylvia’s parish for many years.

Cooking Corner

HAWAIIAN WEDDING CAKE

Put eggs and sugar in a bowl; add coconut, crushed pineapple with juice, and walnuts and mix together. Add flour and baking soda and mix. Put batter in a greased 9” x 13” x 2” pan. Bake at 350 degrees for 35 to 40 minutes.

Put eggs and sugar in a bowl; add coconut, crushed pineapple with juice, and walnuts and mix together. Add flour and baking soda and mix. Put batter in a greased 9” x 13” x 2” pan. Bake at 350 degrees for 35 to 40 minutes.

Topping

Beat all ingredients together until smooth. Add a little Half & Half to make topping creamier, if desired. Spread on top of cooled cake.
The LPSCU Flexible Annuity is a flexible-premium, deferred annuity that accepts ongoing deposits of as little as $100 per month.

An annuity is a long-term investment where the interest earned is accumulated and compounded.

Annuities are used to supplement retirement income, whereby at some point you stop paying into the annuity and start taking out.

Upon maturity, LPSCU offers a number of distribution options, giving our members the convenience of selecting the one that is best suited for them.

LPSCU’s competitive interest rate is reviewed quarterly by the Board of Directors; however, your rate will never go below the guaranteed minimum rate established by the annuity contract.

You can become a member of the LPSCU by purchasing an annuity and you can own an annuity regardless of your health status.

Deposits can be made at your convenience!

Minimum deposit is $100.00.

After the sixth year, there is no LPSCU penalty on annuity withdrawals.

If the annuitant dies prior to settlement, funds on deposit are payable directly to the named beneficiary(ies).

 Settlement Options:
— Payment of a specified amount.
— Payments for a specified period.
— Life Annuity.

Payment options can be monthly, quarterly, semi-annually or annually, depending upon your needs.

Prior to settlement, annuitant may withdraw the Cash Surrender Value at any time; however, the minimum withdrawal amount is $250.00.

NOTE: Withdrawals taken prior to age 59½ may be subject to a 10% Early Withdrawal Penalty by the Internal Revenue Service.

For more information about our Flexible Annuity contact the LPSCU Home Office or your local Branch Secretary.

71 South Washington Street
Wilkes-Barre, PA 18701

Phone 888-834-6614
Fax 570-823-4464

e-mail: lpscu@lpscu.org
www.lpscu.org
LPSCU to Honor Our Military and Veterans

Once again this year, the LPSCU is sponsoring a Veterans’ Day Honorarium/Memorial Program to appear in the November/December issue. If you missed this wonderful tribute to our veterans and active military in past years, don’t pass up this chance to participate.

Through our Veterans’ Day Honorarium/Memorial listings, the LPSCU is affording our members an opportunity to honor loved ones, co-workers, friends, and neighbors who are presently serving in our military, and to remember those veterans who have served in any branch of the service in the past.

Tributes will be limited to 2-5 lines and should not exceed 25-30 words. There is no charge for placing a message, but a good will donation of $5.00 per listing would be appreciated.

In keeping with the benevolent and fraternal nature of our Catholic organization, all proceeds from these tributes will again be donated to the Catholic War Veterans, an organization whose primary objective is to make the entire nation aware of the struggle and needs of many veterans, their widows and children. The CWV cooperate fully with all veterans organizations to better serve the interests of the men and women who served in each of the wars in which our nation has been involved. Further, as a Catholic organization, the CWV strives to serve God by demonstrating love and respect for individuals without regard to race, creed, color, or national origin. They also seek to instill in today’s youth a respect for our flag, our national anthem, and our country’s great traditions. The CWV was founded in May of 1935 by a Catholic priest and former Army chaplain, Msgr. Edward J. Higgins of the Diocese of Brooklyn, New York. It was officially recognized as a veterans organization by the Veterans Administration in Washington in July of 1940. To learn more about the CWV and their mission, visit their website at www.cwv.org.

A few examples of Honorariums/Memorials follow:

In honor of our son serving in Iraq,
Marine Gunnery Sgt. Jack Gibbs
We pray every day for your safe return home.
Your loving parents, John and Mary Gibbs

In honor of my husband,
Lt. Harmon Elliott
presently serving his country in the U.S. Navy.

In memory of our father,
Pfc. Arthur Bauer
who served with the U.S. Army in Korea.
We love and miss you – Tom and Chrissy

Tribute messages, along with all donation checks (made payable to “Catholic War Veterans”), should be mailed to Fraternal Activities Director Cecilia B. Gaughan, 325 Florida Avenue, Whitehall, PA 18052. If you have any questions, contact Ceil at 610/433-4610 or e-mail CBGaughan@msn.com.

Deadline for submitting a veterans/military tribute is September 15, 2011.

We hope that many of our members will participate in this worthwhile fraternal activity which allows them to honor their family members, friends and neighbors who were members of the armed forces and/or those who are presently serving our country in Iraq, Afghanistan, Kosovo, and other parts of the world. This is a wonderful way to show our love and appreciation to those serving our country and to show the concern and compassion the LPSCU has for our fellowman.

Slovak League of America Announces 55th Congress

The Executive Board of the Slovak League of America, under the leadership of President Daniel F. Tanzone, has announced that the organization’s 55th Congress will be held April 13-14, 2012, in Bridgeport, Connecticut. Final plans for the Congress will be announced at a later date.

Anyone wishing to become a member of the Slovak League of America can contact League Secretary-Treasurer Nina Holy at:
205 Madison Street
Passaic, NJ 07055
Phone: 973-472-8993
Fax: 973-669-8483

Remembering Our Parents with Love

This tribute didn’t reach us for our Mother’s Day issue, but we’re happy to print it now.

“My mother is special because she is the most cheerful and optimistic person. She brightens the day of everyone she meets!”

Jennifer Gibbons

Jennifer’s mother, Peggy Myers, pictured with her granddaughter, Annabella.

JULY/AUGUST 2011 25
Dear Junior Members,

The Fourth of July is always a cause for celebration. Parades, fireworks, hot dogs, soda, and all the other favorites we enjoy that day will take place. It’s our tradition, right? But how did these picnic and cook-out items become traditions? Many of them have a unique history of their own. Here are some fascinating facts.

Many of today’s popular soft drinks were originally sold as health tonics in American drugstores. More than a century ago, pharmacists first created and sold sodas as “health tonics” at in-store soda fountains. For example, ginger ale contained real ginger, a common remedy for digestive upsets. Pharmacists prescribed and added soda water to their patients’ medicine; this is now called soda pop. In 1886, Coca-Cola was invented by pharmacists as a daytime pick-me-up and to relieve headaches. Pepsi-Cola was created by pharmacists to calm their patients’ stomachs. All these drinks became very popular at the drugstore soda fountains. (I bet your grandparents remember when local mom and pop drugstores – not the super chain drugstores you’re familiar with – had actual soda fountain counters with stools and an employee whose job it was to serve up ice cream sodas and sundaes.)

Coca-Cola’s advertising had a significant impact on American culture. It is frequently credited with the invention of the modern image of Santa Claus as an old man in a red and white suit. But Coca-Cola was not the first to advertise this image. It was actually started in the 1930s through ginger ale sold by White Rock Beverages.

Can you believe that the ice cream soda was once banned from being sold on Sunday? Because of its tingling sensation, it was said to be “too exciting” for Sunday consumption. The carbonation was what made it so. To get around this ban, druggists who had been selling ice cream sodas simply removed the soda water and just served the ice cream. Many druggists made more money selling ice cream at five cents a serving than from their entire sale of drugs. Out of respect, they changed the name from Ice Cream Soda to Ice Cream Sundaes.

Ice cream itself had its origin in 1894. It was invented by an African American by the name of Jackson. He sold custards which he cooled by setting them on a cake of ice. He later discovered how to freeze them. This was very a popular treat and Mr. Jackson died leaving a considerable fortune.

The next time you eat French fries, think of Thomas Jefferson. He brought the recipe from France. He wanted to serve potatoes in the French manner to his guests at Monticello. These were “frenched” into long lengths and deep-fried. Belgium claims the honor of having the “first” fries, but if it hadn’t been for the GIs stationed in France during World War I, who ate the fries and coined them “French fries,” these tasty taters would probably be called “Belgium fries.” It was an American, however, who created a way to mass produce them and make them a staple of the American table.

The American hamburger actually came from immigrants who sailed on the Hamburg-Americka. This common version of a broiled meat patty was known as Hamburger-style steak. It became very popular at the 1904 St. Louis World’s Fair.

The hot dog gained popularity after the Germans brought sausages with them to America. Part of the hot dog’s appeal is due to its convenience as a finger food. Thousands will be sold around our nation at 4th of July celebrations.

Apple pie was a symbol of American prosperity, according to the U.S. Apple Association. To this day, no other country eats as many apple pies as the U.S.

Most of these symbols are now as American as “apple pie,” but it’s ironic to think how many of them did not originate here. Hope you’ll enjoy these and many other American traditions this 4th of July!

Cecilia B. Gaughan, Fraternal Activities Director

Clowning Around

Do you like to clown around? Do you think Emmett Kelly, Sr.’s mother told Emmett to stop clowning around? I doubt that either of them ever expected Emmett to become the famous tramp clown known as “Weary Willie.” He is among the most easily recognized characters in history, famous for sweeping away the spotlight.

Kelly started out as a trapeze artist when he joined the circus in 1922. The clown boss turned him down when he tried to introduce his Weary Willie character to the public. It took Emmett 10 years before he was able to perform as the character in a real circus.

Emmett Sr. expected his son, Emmett Kelly, Jr., to make clowning around his profession, but after serving in the Navy during World War II, Emmett, Jr. chose to become an automotive mechanic and a railroad switch tender after the war. In 1960, four years after his father retired, Emmett Jr. took up his father’s Weary Willie character, debuting at a circus in Indiana. In 1964, he was chosen by the Eastman Kodak Company to represent the company at their Pavilion at the New York’s World Fair. He was so successful that from there he spent years touring hospitals all over the country as a goodwill ambassador for the Kodak company. Throughout his life, he donated his time to many charities including the American Cancer Society, Save the Children, and the Make a Wish Foundation.

In 1972, Kelly established his own circus that toured nationally and even performed at the White House. Easily the most recognized clown in the U.S., Emmett Kelly, Jr. retired from clowning in 2004 and died in 2006 at the age of 83.
Overcoming Their Odds

Here are some very inspiring facts about famous people who have overcome their handicaps and the odds.

Stricken with infantile paralysis, he grew up to become Franklin D. Roosevelt, the only president of the United States to be elected to four terms.

Born black in a society filled with racial discrimination and hatred, and still able to rise above it all to become a distinguished scientist, humanitarian, celebrated singer, educator/author, and clergyman/civil rights leader and you have a George Washington Carver, Harriet Tubman, Marian Anderson, Booker T. Washington, and Martin Luther King.

Arts and Crafts

FUN WITH SEASHELLS

You’re back from the seashore and you collected many shells. Don’t throw them away!

Make a seashell plaque instead. Gather up the shells you collected at the beach and find a piece of scrap wood. If Dad doesn’t have any in his workshop, you can buy a piece at a craft store or home improvement store and Dad can help you cut it to whatever size you need. Glue the shells to the wood in an interesting design or shape. You can even use shells to spell out your name or initials. Glue a yarn loop to the back for a hanger or, if your plaque is heavy, use a picture hanger that you can screw or nail into the wood.

Some other ways to use your shells – Buy a small mirror with a flat wooden frame. Glue the shells to the frame to make a pretty seashore-themed mirror for your wall or dresser. This would make a nice gift for Mom or Grandma. You can also get a clear glass bowl and buy some fine sand at a craft store. Put the sand in the bottom of the container and scatter your shells around. It will be your own little reminder of the beach.

Slovak Lesson

RODINA — THE FAMILY

To je naša rodina.
This is our family.
Ja som váš syn.
I am your son.
Kde je tvoj otec?
Where is your father?
To je moja tetka.
That is my aunt.
Náš dedka je starý.
Our grandpa is old.
To je vaša dcéra.
That is your daughter.

Tu je môj starší brat.
Here is my elder brother.
To je moja mladšia sestra.
This is my younger sister.
Moja matka je v kuchyni.
My mother is in the kitchen.
Kde je tvoj ujko?
Where is your uncle?
Ja mám dobrú babku.
I have a good grandma.
Mám päť bratov.
I have five brothers.

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Food for Thought

Each of the words below contains a healthful food item hidden among its letters. Can you find them all?

FIGURE _____________________________
SCORNFUL ___________________________
RAISING _____________________________
PEASANT _____________________________
CARIBBEAN ___________________________
SELFISH _____________________________
PEARL _________________________________
PLUMBER _____________________________

Answers: FIG, CORN, RAISIN, PEAS, BEAN, FISH, PEAR, PLUM

When he was a lad of 3, he was burned so severely in a schoolhouse fire that doctors said he would never walk again. He is Glenn Cunningham, who in 1934 set the world’s record for running a mile in 4 minutes, 6.8 seconds.

Born of parents who survived a Nazi concentration camp and paralyzed from the waist down when he was 4, he grew up to become the incomparable concert violinist Itzhak Perlman.

Raised in abject poverty, with only 18 months of formal education, and ridiculed for his height and long legs and gangly arms, he grew up to become Abraham Lincoln, one of our most respected and beloved presidents.

These stories are very inspirational. Perhaps you know someone who needs some encouragement and you can pass them on.

Kids in the Kitchen

PEACH MELBA PARFAITS

Frozen yogurt makes a delicious, healthy dessert. Try this recipe with an adult’s help. You will enjoy it.

1 (10 oz.) pkg. frozen red raspberries in syrup, thawed

¼ cup red currant jelly
1 tablespoon cornstarch
½ gallon peach frozen yogurt
⅔ cup granola or natural cereal

Drain raspberries, reserving ⅔ cup syrup. In small saucepan, combine reserved syrup, jelly, and cornstarch. Heat, stirring until slightly thickened and glossy. Remove from heat and cool completely. Stir in raspberries. In parfait or wine glasses, layer raspberry sauce, frozen yogurt, more sauce, and then granola; repeat. Put in freezer for 5-10 minutes. Makes 6 to 8 parfaits.
Continued from page 3

others, and if anyone plots evil against me, may I escape unharmed and without the need to hurt anyone else. May I love, seek, and attain only what is good. May I desire happiness for all and harbor envy for none. May I never find joy in the misfortune of one who has wronged me. May I never wait for the rebuke of others, but always rebuke myself until I make reparation. May I gain no victory that harms me or my opponent. May I reconcile friends who are mad at each other. May I, insofar as I can, give all necessary help to my friends and to all who are in need. May I never fail a friend in trouble. May I be able to soften the pain of the grief stricken and give them comforting words. May I respect myself. May I always maintain control of my emotions. May I habituate myself to be gentle, and never angry with others because of circumstances. May I never discuss the wicked or what they have done, but know good people and follow in their footsteps.”

As we seek to bring healing and reconciliation to our broken world and to broken relationships, may God grant each of us the grace to always recognize the value of the Golden Rule. As we journey through life, may we love and seek all that is good, wish happiness for everyone, be gentle in nature, and show patience and compassion to all people. May these summer days be an opportunity for rest, relaxation, and recreation as we struggle to daily live what the Golden Rule demands.

Rev. Philip A. Altavilla, V.E.

LPSCU Offers Group Dental Insurance Plan

Caring for your teeth should be part of a sound health care program. Yet such basic care can cost hundreds—if not thousands—of dollars annually. Now you can enjoy important dental protection designed specifically to meet the needs of you and your family. As a member of the LPSCU, you are entitled to quality dental insurance at economical group rates.

Dental care isn’t cheap. Why risk paying expensive dental bills out of your own pocket?

Visit www.membersdental.com/lpscu to start taking advantage of the LPSCU Group Dental Insurance Plan today or call 1-866-795-6128 for more information.

Slovak League of America Offers 12 Scholarship Grants

The Slovak League of America, a civic and cultural federation of Americans of Slovak ancestry founded in Cleveland, Ohio, in 1907, will offer 12 college scholarship grants to students of Slovak ancestry in 2011. The grants, of $1,000 each, will be awarded to students currently enrolled full-time at a college, university, or professional school. The scholarships are available to students in both the undergraduate or graduate level of study.

This year’s grants are made possible through the generous support of Mrs. Mimi Danihel of Calabasas, California. The grants are given in memory of her late husband, Leo J. Danihel, a prominent member of the American Slovak community. Mr. Danihel was a well-known cultural and business leader and a former president of the Slovak World Congress. Mrs. Danihel serves as the vice president of the Slovak League of America for the state of California. The 2011 grants will be designated as the Leo J. Danihel Memorial Scholarship Grants.

Applicants are asked to prepare a study paper of no less than five typewritten, double-spaced pages on some theme from Slovak history or culture. Through the preparation of this paper, the applicant enjoys a learning experience, hopefully acquiring a better appreciation of his/her rich Slovak heritage. The completed application, along with the study paper, is to be returned by the deadline date of October 15, 2011. The scholarship grants will be paid directly to the individual student in December 2011.

For an application, write: Slovak League of America, 205 Madison Street, Passaic, NJ 07055, or call (Monday-Friday, 11:00 a.m. to 4:00 p.m.) 973-472-8993. Applications must be requested by July 30, 2011.

The Slovak League of America Scholarship Fund, Inc. was established in 1972 to assist American students of Slovak ancestry in their quest for a good education. To date, more than 150 students have received scholarship grants from this fund. Tax-deductible donations are welcome. Make checks payable to “Slovak League Scholarship Fund” and send to the address above.

We encourage students of Slovak ancestry to apply for this year’s scholarship grants. Remember that the application deadline is October 15.