Ladies Pennsylvania Slovak Catholic Union



MORNING STAR

Vol. 69, No. 816

July-August 2010

In Memoriam

Cecilia Sarocky Past LPSCU

National President

Cecilia Sarocky, past National President of the LPSCU, died on June 8, 2010, at UPMC Presbyterian Hospital in Oakland (Pittsburgh), Pennsylvania. She was born on June 7, 1924, in Braddock, Pennsylvania, to the late Michael and Sophia Slanika Yaniga. She graduated from Scott High School in North Braddock. In September 1945, she married Stephen S. Sarocky, who passed away on September 23, 2002.

Ceil worked at various times in the accounting departments of the **United States Steel Corporation, Edgar Thompson Works, Mine Safety** Company, and Crown Aluminum Inc.

Ceil was a dedicated fraternalist of the Ladies Pennsylvania Slovak Catholic Union. She served as National Trustee from 1969 to 1973; as National Treasurer from 1973 to 1978; and as National President from 1978 to 1996. In March 1997, she was named Honorary President of the LPSCU. At the time of

her death, she was serving her 51st year as Secretary of LPSCU Branch 42 in Pittsburgh. She has also served as President and Secretary of the Pittsburgh District for 11 years and was Honorary President of the District. At the LPSCU's Centennial Anniversary held in Hazleton, Pennsylvania, in 1998, Ceil was awarded the Pro Ecclesia et Pontifice Medal by His Eminence Jozef Cardinal Tomko of Rome, Italy. The medal is awarded in recognition of service to the Church and the papacy.

Ceil was a past treasurer of the Fraternal Societies of Greater Pittsburgh, a position she held for 30 years. She also served as international president of the Women's Committee of the Slovak World Congress; was a past president of the Presidents' Section of the National Fraternal Congress of America; and a past president of the Pennsylvania State Fraternal Congress. Since 1983, Ceil has been general chairperson of the Pittsburgh Slovak Committee for the annual Western Pennsylvania Slovak Day at Pittsburgh's Kennywood Park. She was a charter member of WPSCA and served on its Board of Directors for many years. In 2004, she received the organization's Lifetime Achievement Award.

In 1980, Ceil was appointed by President Jimmy Carter as the Slovak American member to the public delegation at the "Conference on Security and Cooperation Reviewing Helsinki Accords" in Madrid, Spain. In 1988, Pennsylvania Governor Dick Thornburg appointed her to serve as Slovak Commissioner of the Pennsylvania Heritage Affairs Commission in Harrisburg, a position she held until 1992.

In 1984, Ceil was voted "Fraternalist of the Year" by the Fraternal Societies of Greater Pittsburgh and in 1991 she was presented with the prestigious John Jordan Upchurch Award by the Pennsylvania Fraternal Congress. That same year, she was selected as "Slovak Woman of the Year" by the Slovak Garden Association in Winter Park, Florida.

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Calendar of Events

JULY

- 11 Pittsburgh District Picnic at White Oak Park, White Oak, Pennsylvania, beginning at 1:00 p.m.
- 15 Slovak Day at Kennywood Park, West Mifflin, Pennsylvania. Mass at 4:00 p.m. followed by Slovak entertainment.
- Deadline to make reservations for baseball tickets to see the IronPigs play the Rochester Red Wings at Coca-Cola Park in Allentown, Pennsylvania, on Sunday, August 22, at 5:35 p.m. The outing is sponsored by the Lehigh Valley Okres. Call Marge Ferri (610-866-8945) or Ceil Gaughan (610-433-4610) to make reservations.
- 20 Deadline to submit articles for September/October Zornicka.
- **20** Deadline to submit your message/photo honoring our 2010 member-graduates. *See page 11 for more details*.
- 24 Rev. Dianiska District's Youth Bowling Party at Modern Lanes, Exeter, Pennsylvania, from 1:00-4:00 p.m. Make reservations with your Branch Secretary by July 19.
- **25** Rev. Baloga Okres Indoor Picnic/Meeting at St. Matthias Church, Youngstown, Ohio, at 1:00 p.m. Branch 163 will host. Donation is \$5.00.

AUGUST

- **10** Deadline for our Indiana members to send their nomination forms to the Home Office for endorsement if they are applying for the IFC 2010 Adult/ Youth Fraternalist of the Year award. *See page 17*.
- **20** Deadline for our New Jersey members to send their nomination forms to the Home Office for endorsement if they are applying for the NJFC 2010 Youth Volunteer Award. *See page 15*.
- **22** Lehigh Valley Okres to host its Junior members to an IronPigs baseball game at Coca-Cola Park in Allentown at 5:35 p.m. Junior members who attend must be accompanied by an adult.
- **25** Deadline to submit matters to be considered by the Board at the LPSCU's Semiannual Meeting, September 10-13. Direct correspondence to the attention of Theresa Kluchinski at the Home Office.
- **28** Msgr. Beeda District Meeting at Perkins Resturant, Route 93, Hazleton, Pennsylvania, beginning at 9:00 a.m. Any District member wishing to attend is asked to call Anita Gregory (788-3263) by August 21.
- **28** Lehigh Valley Okres Meeting at Incarnation of Our Lord Church Social Hall, Buchanan and Thomas Streets, Bethlehem, Pennsylvania, at 2:00 p.m.
- **31** Deadline to apply for a 2010 Post-Graduate Award or Religious Life Award. *See page 21*.

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Spiritual Advisor's Message

"Choosing the Better Part"

It is said that it is more blessed

to give than receive, but . . . it

is infinitely more difficult to

receive than it is to give.

This summer, as we journey through the liturgical season known as Ordinary Time, when we gather for Mass on Sunday (or Saturday evening), we will hear proclamations from the Gospel of Saint Luke. On Sunday, July 18, 2010, we will hear one of my favorite stories from all of Sacred Scripture: the story of Martha and Mary in their home at Bethany (Luke 10: 38-42). We have heard this story many times and a challenge for us is to see how the activity of the two sisters can teach us much about how to be healthy and effective followers of Jesus.

Apparently Martha, Mary, and their brother, Lazarus, were very close friends of Jesus. Jesus was a frequent visitor to their home and no doubt appreciated the warm hospitality that was always extended to him and his followers. During one particular visit, Martha was very busy, preparing their home for Jesus' visit. While Martha was busy cooking, cleaning, and preparing, her sister, Mary, simply sat at the feet of Jesus and listened to him teach and speak.

Frustrated, believing that her sister was simply wasting time, Martha complains to Jesus and demands that he tell Mary to get up and get busy in assisting with the many details of hospitality. Jesus simply responds by basically telling

Martha to "relax" (or "chill out") and also affirms that Mary has chosen the "better part."

Jesus never really defines what the "better part" is; how do we understand what he is speaking about here, in reference to Mary's choice to simply sit at his feet? Many scripture scholars and spiritual writers will speak symbolically about Martha and Mary and propose that, in regard to discipleship, Martha represents the active life and Mary represents the spiritual or contemplative life. Martha is a "do-er" and Mary is a "be-er."

We know that we are all supposed to be busy, doing the work of the Lord and sharing his love, so why does Jesus seem to favor what Mary is doing over the activity of Martha? Certainly, no one would deny that Martha's work is very important and necessary for a successful visit. Do we believe that Martha is justified in her frustration over what she believes is simply Mary wasting time? What is the "better part"?

While it is true that the life of a disciple of Jesus must be marked by activity on behalf of God and others, the activity must be rooted in a solid prayer life or it simply becomes a series of disconnected events and moments. The "better part" is Mary's decision to sit, quietly at prayer, at the feet of Jesus to listen to him and to take to heart what he is teaching. Mary is simply enjoying being in the presence of God. In her prayer and listening, Mary begins to discern how she can put into practice his teachings and how she can be an instrument of God's love for others. Then, after creating this solid foundation, based on prayer, she can go out and be active like her

Perhaps it might also be helpful to focus on Martha and

Mary from the perspective of "giving" and "receiving." Martha is a giver; she is acting on behalf of others, seeking to care for their needs. There is certainly nothing wrong with that! But, if Martha simply gives and gives



Fr. Altavilla

and gives, without taking time to rest in the Lord and to listen to his voice, she will no doubt get burned out, frustrated, angry, feel unappreciated, etc. — sound familiar? The Marthas of this world sometimes find it hard to be receivers. It is said that it is more blessed to give than to receive, but as Martha points out by the criticism of her sister, it is infinitely more difficult to receive than it is to give. Receiving makes one beholden to the giver, it cuts away autonomy, and it makes one, in some sense, dependent on someone else and, at times, may even force us to slow down. Giving is power; receiving

> implies need and weakness. The doing good and necessary things giving that they do not have the time to realize how frequently

> > In choosing the "better part,"

Marthas of this world are busy but sometimes so occupied in the and deeply they themselves stand in need.

Mary is willing to be a receiver. Sitting at the feet of Jesus in quiet listening is a wonderful way not to let the pursuits of everyday life get the best of us. Even the Energizer Rabbit needs a break! Taking time, like Mary does, allows us the opportunity to see the hand of God in all things and enables us to be grateful for all that our Loving Creator has given to us our family, our friends, our faith, our work, etc. If we can slow down enough, as did Mary, we are more capable of recognizing the MANY blessings that God has so graciously bestowed upon us. As important as all our activity is, if we just keep going and going and going, we might miss those blessings, and, sad to say, even take them for granted.

As a receiver, Mary is encouraging us to take time to pray — and not always to use many words in our prayer — just to simply sit and be in God's presence. Sitting guietly and simply listening to God is not easy for many of us. We like to keep rattling off words or think that we always need to be "doing" something, even in our prayer. The "better part" is choosing to be at peace with God and to relax as God speaks words of encouragement and love to our hearts. How hard it is to hear those positive words when there is too much noise and activity going on!

During these summer days, Jesus invites each of us to make a place in our lives for the "better part" — welcoming the joy and love of our God. He invites us to slow down and not worry so much about the quantity of things and activity, but to really focus on the quality of life that can be ours, especially in our relationships. As we find strength and new insights through our quiet time with the Lord, we are then

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PITTSBURGH DISTRICT

The Pittsburgh District held a meeting at the Waterfront Eat 'n' Park Restaurant, Homestead, Pennsylvania, on April 11, 2010. President Dolores Sakal read letters from several grateful recipients of District donations. It was announced that the LPSCU has awarded Matthew Bench of Pittsburgh Branch 42 a \$500 college scholarship for 2010.

Everyone enjoyed a luncheon and member-donated door prizes went to many lucky winners.

Sylvia Goda

REVEREND DIANISKA DISTRICT

The Rev. Dianiska District held its first meeting of the year on Sunday, April 11, 2010, at St. Mary Help of Christians Church in Pittston, Pennsylvania. Chuck Simalchik welcomed everyone on behalf of host Branches 7 and 214.

The meeting was called to order by District President Mary Ann Ewasko, who led the members in prayer for deceased and ill members and their families, especially Monsignor Francis J. Beeda and the Magli Family. The Pledge of Allegiance followed.

Financial Secretary Marge Zinkavich read the roll call. Barbara Kalish read the Secretary's Report and Debbie Adamchak gave the Treasurer's Report. Both reports were approved. Barbara Kalish read correspondence that included many thank you cards from members and acknowledgement and thanks for the following: The American Red Cross for our donation to Earthquake Relief in Haiti; Jen's House for the monetary gift from our Christmas raffle; The Wyoming County Food Pantry for the non-perishable foods collected at the Christmas Party; and the St. Vincent DePaul Kitchen for our donation of socks and gloves from *Make a Difference Day*.

The following items were discussed/acted upon: Mary Ann asked everyone to sign the card being passed around. It will be sent to Monsignor Beeda.

Members were reminded to mark their calendars for upcoming District events published in the *Zornicka* under the Calendar of Events section and to read the individual articles.

On May 8, the District will participate in *Join Hands Day* by volunteering once again at The Laurels Skilled Nursing and Rehabilitation Center. Guests and staff at the center are very excited to have the District returning. As an ongoing project for *Join Hands Day*, Barbara Kalish sends a variety of greeting cards to the staff at The Laurels for them to distribute to residents who may not otherwise receive cards. Members were very happy to hear about that gesture and the continuing support of The Laurels.

The District's Annual Youth Bowling Party will be held on July 24 at Modern Lanes in Exeter, Pennsylvania, from 1:00 to 4:00 p.m. Hope and Lori Napkora are co-chairs for the event. Call your Branch Secretary with the age, gender, and number of children and number of adults attending. Branch Secretaries are asked to call Hope Napkora by July 19 with all the information required.

Members voted to donate to the Slovak Catholic Federation's Annual Appeal.

In the absence National President Theresa Kluchinski, President Ewasko discussed the concerns of the Board that premium income is low and the campaign for 2010 is off to a slow start, most likely due to the economy. Branch Secretaries and members were urged to increase policy sales

Announcement was also made that the Fraternal Societies of Northeast Pennsylvania is sponsoring Flag Day at PNC Stadium on June 14. The outing includes dinner and the ball game.

The next meeting is scheduled for 1:30 p.m. on May 23 at St. Mary's of the Immaculate Conception Parish Hall, 134 S. Washington Street, Wilkes-Barre, Pennsylvania. Branches 6 and 48 will host the meeting.

Susan Worth

LEHIGH VALLEY OKRES

The Lehigh Valley Okres held its 22nd annual Mother/Daughter Mass and Luncheon on Sunday, May 2, 2010, with 50 members and guests in attendance. The Mass was celebrated at 10:30 a.m. at Incarnation of Our Lord Church in Bethlehem, Pennsylvania, by Msgr. William Baker, pastor.

Msgr. Baker extended a warm welcome to the Okres members and expressed his delight to celebrate a special Mass in honor of the District's mothers and daughters. Offertory gift bearers were Jean Kosalko and Margaret Ferri, Okres president and treasurer, respectively. Beautiful Marian hymns were sung by the parish choir.



Okres President Jean Kosalko presents a monetary gift to Msgr. William Baker, pastor of Incarnation of Our Lord Parish.

At the conclusion of the Mass, a punch reception and luncheon followed at the Green Pond Country Club in Bethlehem where President Kosalko welcomed all present.

A drawing was held to select a "Queen for the Day" and her Court. Dorothy Lichman of LPSCU

Branch 40 in Allentown was honored as the Queen. She was accompanied by Court members, Erin Joseph of Allentown Branch 38 and Margaret Korpics of Bethlehem Branch 83. An inspirational Invocation was offered by Msgr. Baker, after which lunch was served.

At the conclusion of the meal, President Kosalko presented a monetary gift to Msgr. Baker. She then introduced Okres officers, Secretary Mary Shannon and Treasurer Margaret A. Ferri.

Special prizes of potted pink begonias were presented to Anna Balog, oldest mother present; Michelle Shannon, youngest mother; Monica Anthony, mother with the most children; and Tiffany Kosalko, most recent mother. Three young Junior daughters each received a piece of jewelry. Door prizes were awarded to lucky winners and each attendee received a small potted pink geranium and some chocolates as a favor.

The program concluded with the Benediction offered by Msgr. Baker.



Queen for the Day Dorothy Lichman (center) is pictured with her Court members, Margaret Korpics (left) and Erin Joseph (right).



Junior members who received gifts from the Okres are, from left, Victoriana Kienzle, Jenna Kienzle, and Jamie Kessler.



Special prizes were awarded to Anna Balog (seated) and standing, L-R, Tiffany Kosalko, Michelle Shannon, and Monica Anthony.

REVEREND DIANISKA DISTRICT

The Rev. Dianiska District held its second meeting of 2010 on Sunday, May 23, at St. Mary's Church of the Immaculate Conception Hall in Wilkes-Barre, Pennsylvania. Theresa Kluchinski welcomed everyone on behalf of Branches 6 and 213.

The meeting was called to order by District President Mary Ann Ewasko. She led the members in prayers for sick and deceased members of our District. The Pledge of Allegiance followed. Financial Secretray Marge Zinkavich read roll call. Secretary Barbara Kalish and Treasurer Debbie Adamchak read their respective reports, which were both approved. Secretary Kalish read correspondence and reported that the District received a lovely thank you note from the residents of The Laurels Skilled Nursing and Rehabilitation Center for our participation in *Join Hands Day* and that a thank you note was sent to Gerrity's for the cake they donated to serve to the residents.

The following items were discussed/acted upon: On May 8, members participated in *Join Hands Day* at

On May 8, members participated in *Join Hands Day* at The Laurels Skilled Nursing and Rehabilitation Center. The event was very successful.

The District will hold its annual Youth Bowling Party on July 24 at Modern Lanes, Exeter, Pennsylvania. Hope and Lori Ann Napkora will co-chair the event once again.

From here on, the formal name of our District will be the *Reverend Dianiska District of the LPSCU*. President Ewasko read the story of the namesake of our District, The Reverend Doctor Alexander Dianiska, who is also credited as being one of the co-founders in establishing the congregation of the Sisters of Saints Cyril and Methodius in Danville, Pennsylvania.

National President Theresa Kluchinski spoke about two new products: dental and long term care insurance. She also stated new brochures are available for Branch Secretaries.

National Secretary-Treasurer Mary Jo Savidge reminded everyone of the current campaign for recommending someone for insurance; details are in the *Zornicka*.

The next meeting will be held on October 17 at 1:00 p.m. at the North End Slovak Club North Main Street, Wilkes-Barre, Pennsylvania, hosted by Branches 58, 94, and 122. Branch Secretaries were asked to contact Margaret Jollimore or Theresa Olshemski to make Branch reservations. Our special project for this meeting will be for *Make a Difference Day*. Members were asked to donate new socks, hats, or gloves for distribution to local charities. A slate of officers will be pulled at this meeting to be installed at the Christmas Party.

Members are asked to make full payment of their chances at the October 17 meeting or mail them with payment to Marge Zinkavich or Mary Ann Ewasko. Additional chances are available.

After the meeting was adjourned, guest speaker Paige Johnson, an AARP Consumer Protection Task Force Member, spoke to the members on "Fraud and Protecting Your Money" and instructed the group on how to watch for scams and how to be sensible with their money in these trying times. She warned of scam artists who come to your door with fantastic offers, but who only want to take your money without doing the work they promise. She suggested to everyone to get a second opinion on contracting work, or only have work done by someone whom a family member recommends; someone who can be trusted, since scam artists prey on the elderly every day. She also advised not to buy anything over the phone. It's better to buy it yourself and not give your valuable credit card or checking account information to a stranger. After her talk, Ms. Johnson presented each of the ladies with a gift.

Susan Worth

JULY/AUGUST 2010

Jared John Barilla Receives 2010 Anne (Shinal) Cichy Memorial Scholarship



Jared John Barilla

The LPSCU is proud to announce that Jared John Barilla of Swoyersville, Pennsylvania, is the recipient of the 2010 Anne (Shinal) Cichy Memorial Scholarship.

In September of this year, Jared will begin his Junior year at The Pennsylvania State University, University Park, Pennsylvania. His field of study is Health and Human Development. Jared had a cumulative GPA of 3.61 for the fall 2009

semester and was on the Dean's List during the 2008-2009 school year. His extra-curricular activities include the Ski Club and the Kinesiology Club.

Jared is a 2008 graduate of Wyoming Valley West High School in Plymouth, Pennsylvania, where he achieved High Honors and made the Honor Roll. During his high school years, Jared played baseball, basketball, and soccer, and was a member of the Spanish Club, Ski Club, and National Junior Honor Society. He also participated in various high school fundraisers. His community service was on behalf of Swetland Homestead, a local landmark on the National Register of Historic Places in Wyoming, Pennsylvania.

Jared is a member of Saint Nicholas Byzantine Catholic Church in Swoyersville, where he has been an altar server for 12 years and still serves in that capacity. He also volunteers on church projects.

Jared is a member of LPSCU Branch 17 in Swoyersville. He has also been awarded an LPSCU College Scholarship.

The LPSCU is proud of Jared's outstanding achievements and accomplishments. This outstanding young man is most deserving of this year's Anne (Shinal) Cichy Memorial Scholarship. Congratulations, Jared, and continued success at Penn State!

LPSCU Offers Group Dental Insurance Plan

Caring for your teeth should be part of a sound health care program. Yet such basic care can cost hundreds—if not thousands—of dollars annually. Now you can enjoy important dental protection designed specifically to meet the needs of you and your family. As a member of LPSCU, you are entitled to quality dental insurance at economical group rates.

Dental care isn't cheap. Why risk paying expensive dental bills out of your own pocket?

Visit www.membersdental.com/lpscu to start taking advantage of the LPSCU Group Dental Insurance Plan today or call 1-866-795-6128 for more information.

LPSCU Board of Directors Attends Fraternal Societies of Northeast PA Seminar

On April 7, 2010, the Fraternal Societies of Northeast Pennsylvania sponsored a seminar for board members of its member societies. The seminar concentrated on topics relevant to the fraternal industry and brought with it a number of new ideas for consideration by fraternals. The program consisted of four main speakers who touched upon subjects including investments, state regulations, board governance, and trends within the fraternal industry.

Dave DelBiondo from the Pennsylvania Insurance Department covered a number of regulatory subjects including statutory accounting topics, insurer solvency update and concerns, federal versus state regulation of insurance, and other departmental activities including record retention guidelines, new department website, proposed hazardous financial conditions standards, and fraternal risk-based capital.

Allan Ferrone from CPS Actuaries provided a comparison of fraternal financial results comparing information from 43 fraternals covering the last three years. Mr. Ferrone also spoke to Risk Based Capital (RBC) and the increased interest from State Insurance Departments to this calculation as an indicator of the financial strength of a fraternal organization.

Attorney Jeffrey Malak from the law offices of Chariton & Schwager presented information on the duties, rights, and responsibilities of a non-profit board of directors, including board process and structure, and legal obligations/rights/responsibilities of the board of directors.

The seminar concluded with a presentation from Rick Pierchalski and Theresa Hutchinson, BPU Investment Management Inc., speaking about factors effecting the current market and possible different outcomes in the near future as it pertains to the interest rate environment.



Seated L-R are LPSCU Chair of Trustees Mary Ann Ewasko, Vice President Anita Gregory, and Trustee Dolores Evanko. Standing, L-R: Secretary-Treasurer Mary Jo Savidge, President Theresa Kluchinski, and Allan Ferrone of CPS Actuaries, one of the seminar speakers.

Mary Ann Siska of Chicago Named 2010 LPSCU Fraternalist of the Year



Mary Ann Siska

The Ladies Pennsylvania Slovak Catholic Union is pleased to announce that Mary Ann Siska of LPSCU Branch 158, Chicago, Illinois, is our 2010 Fraternalist of the Year. She was nominated for this award by Joan Hladek, national trustee of the LPSCU.

Mary Ann has been a member of the LPSCU for 48 years and has served as an officer of Branch 158 for 27 years. She is currently secretary of the Branch. Mary Ann is very active in her Branch as well as the Illiana District, where

she serves as vice president. She became very involved in Branch 158 activities many, many years ago when her uncle and then her mother were secretaries. Mary Ann, her husband George, and their son Tom have been delegates at many LPSCU National Conventions. Tom's wife, Nancy, and daughter, Mallory, also attended several National Conventions as guests.

Mary Ann was very proud when Tom volunteered to take photos at the 2004 and 2008 LPSCU National Conventions and also at a Semiannual Board Meeting held in Palos Heights, Illinois, several years ago. Mary Ann and her family are truly dedicated and caring fraternal members of the LPSCU.

Mary Ann's 2009 volunteer service within her community and church is truly remarkable. She transports a dear friend to and from dialysis three times a week, drives him to doctor appointments, monitors and administers his medications, and assists him with his meals and laundry. Mary Ann also runs errands for her neighbors and regularly takes one neighbor to church and back. She visits the sick in the hospital, and is

New Insurance Issued

	Branch	Apr-May	Year-to-Date	
Branch	Representative	2010	Total	
7/132				
197/214	Home Office	\$ 65,000.00	\$ 77,000.00	
213	Theresa Kluchinski	\$ 50,000.00	\$ 70,000.00	
77	Ethel Bozik	\$ 60,000.00	\$ 60,000.00	
38	Cecilia B. Gaughan	\$ 34,000.00	\$ 34,000.00	
83	Mary Ann Ackerman	\$ 30,000.00	\$ 30,000.00	
60	Anita Gregory	\$ 25,000.00	\$ 25,000.00	
65	Janice Mathews		\$ 10,000.00	
27	Elaine Kasa	\$ 10,000.00	\$ 10,000.00	
19	Deborah Adamchak	\$ 10,000.00	\$ 10,000.00	
52	James Tomasic	\$ 6,000.00	\$ 6,000.00	
122	Theresa Olshemski	\$ 6,000.00	\$ 6,000.00	
64	Elva Silay	\$ 5,000.00	\$ 5,000.00	
42	Cecilia Sarocky		\$ 2,000.00	
37	Joan Evan		\$ 2,000.00	
		\$301,000.00	\$347,000.00	

always available to help her neighbors and friends whenever needed. For quite some time, she also took care of a nephew who was terminally ill with cancer.

Mary Ann coordinates, plans, and executes a monthly singalong program at the retirement community of Autumn Green at Midway Village, where she and her husband reside. Over 50 residents attend this monthly event. With the assistance of four other members of Branch 158, Maryann helps to provide treats and favors for all who attend the sing-along.

On June 6, 2008, Mary Ann and her husband received the Golden Spirit Award for maintaining the quality of life in their 13th Ward. The award was presented to the Siskas for helping their neighbors and for their dedication to the community. It was signed by Michael Madigan, Speaker of the House for the State of Illinois, and presented by their 13th Ward Alderman, Frank Olivio.

In nominating Mary Ann for the 2010 LPSCU Fraternalist of the Year award, Joan Hladek stated, "Mary Ann is a true fraternalist. If I fall behind in contacting our Branches about an upcoming Okres meeting or event, the first person to call me is Mary Ann Siska to remind me to get meeting or event notices in the mail."

Truly, Mary Ann Siska has exhibited extraordinary acts of fraternalism within her Branch and the Illiana District, and outstanding volunteer service within her church and community to qualify for the distinct honor of being named the 2010 LPSCU Fraternalist of the Year.

Congratulations, Mary Ann! The LPSCU is very proud of you.

Annual Board Dinner Held in Wilkes-Barre

Pictured below, attending the Board of Directors' Annual Dinner held March 12, 2010, at the Ramada Inn in Wilkes-Barre, Pennsylvania, are, seated L-R, Margaret Ferri, public relations director; Anita Gregory, vice president; Mary Jo Savidge, secretary-treasurer; Theresa Kluchinski, president; Mary Ann Ewasko, chair of trustees; Cecilia Gaughan, fraternal activities director; and Joan Hladek, trustee. Standing, L-R, Rev. Philip A. Altavilla, V.E., spiritual advisor; Sam Urda, actuary; Dolores Evanko, Elizabeth Melko, and Margaret Jollimore, trustees; Rebecca and Attorney Joseph Van Jura; Helen and Robert Kopec, C.P.A.



"God provides"

The following article was published in the April 22, 2010, edition of *The Catholic Light*, the newspaper of the Diocese of Scranton, Pennsylvania. It is reprinted here with permission.

Father Phil Altavilla's life has been a string of unique, rewarding, and challenging experiences. The last 18 years as a priest have been especially fulfilling.

"I like being of service to God and the Church," he says. "I am a person who likes to be busy – not just doing lots of 'things,' but being able to work to make the Gospel message known, in a variety of experiences. Because of this desire to 'work,' no two days in almost 18 years have been the same! I really enjoy the fact that each day has been a unique opportunity to share God's love with others."

He has been able to do just that in a number of different roles.

Father was an assistant pastor at St. Mary of Mt. Carmel in Dunmore; Holy Trinity in Nanticoke; and St. Patrick, Holy Cross, St. John the Baptist, and Immaculate Heart of Mary Chapel in Scranton.

He served as pastor of Immaculate Conception and St. John Baptist in Taylor from 2000-2004, and then pastor of St. Thomas More, Lake Ariel-St. Mary, Ledgedale for the next three years. For briefer periods he was assigned to administer Nativity of Our Lord, Scranton, and St. Paul of the Cross, Scranton.

Father Altavilla, who recently turned 44, also has been dean of the Old Forge Deanery, a member of the Council of Priests, and a member of the Priests' Advisory Committee for the Diocesan Annual Appeal.

He is perhaps best known as director of the Office of Ecumenism and Interfaith Affairs, a position he has held since 1996, and as Episcopal Vicar for the Northern Pastoral Region since July 2007. He's in residence at Our Lady of the Snows and St. Benedict Parish, Clarks Summit.

"I have had – and still have – a series of small events that have shaped my vision of life and priesthood," Father Altavilla says. "From experiences during seminary formation to experiences in daily pastoral ministry – like being with people at significant moments in their lives – to work within the Ecumenical and Interfaith Dialogue ministries of the Church to now serving as a regional Episcopal Vicar have provided me many graced moments where I have been taught humility, perseverance, and trust. I have been pushed to grow."

His spiritual growth began at an early age in the Plains home of his mother Anne and his late father Donald. As a child, he was very involved in their parish, Sacred Heart of Jesus (Slovak) in Wilkes-Barre. The pastor, Monsignor Francis J. Beeda, saw to that.

The young Philip Altavilla was an altar server, lector, and participant in music ministry – and a keen observer of many different aspects of parish life. He remembers how the altar servers would accompany the priest during the Christmas season to go and bless the homes of parishioners.

"This was a very important thing for me because I was able to see the ministry of priest as one of service to his people," Father Altavilla notes. "It was awesome to see how a priest was welcomed into the lives of parishioners; they would speak with him about a variety of issues and he would listen and offer guidance and assistance.

"This very much impressed me and was one of the things that influenced my decision to consider the priesthood. Being allowed to participate in various aspects of parish life – from a very early age – was very important to me and I found the experience to be quite rewarding."

From the parish elementary school, it was on to the former Bishop Hoban High School, the University of Scranton and the former Diocesan seminary, St. Pius X in Dalton. He then matriculated to the North American College in Rome and completed his theological studies at the Pontifical Gregorian University, which included a master's degree in pastoral theology.

He was ordained in St. Peter's Cathedral in Scranton by Bishop Emeritus James C. Timlin on June 27, 1992.

Father Altavilla enjoys a variety of music – from classical to polkas to older rock and roll – and is very interested in activities that help to celebrate ethnic heritage. His background is Slovak and Italian.

Since 1997 he's been involved with the Ladies Pennsylvania Slovak Catholic Union, a fraternal benefit society that has its home office in Wilkes-Barre, and currently serves as national spiritual advisor.

Around the same time, he was elected first national vice president of the Slovak Catholic Federation, and in 2000 he was elected national president and remains so today. The Slovak Catholic Federation is an organization founded at his home parish, Sacred Heart of Jesus in Wilkes-Barre. Its chief organizer was the first pastor, the late Father Jozef Murgaš.

Father Altavilla says that being involved with the Slovak Catholic Federation "has also allowed me to get a sense of the universality of the Church. One of the major ministries of the Federation is to support the Pontifical College of Sts. Cyril and Methodius in Rome, which is the residence for priests from Slovakia who study in Rome and then return to Slovakia to teach in seminaries and become the future leadership of the Church in that country. I have visited Slovakia once and look forward to returning."

All of these experiences have formed this active priest, and taught him that "being a priest was not only about praying, celebrating Mass and the Sacraments – it is also about getting involved in the messiness of life, especially the lives of the people we are sent to serve."

That has not always been easy, Father Altavilla admits, and on some of the particularly challenging days he even begins to wonder if he made the right vocational choice.

But it's on those tough days that he remembers to trust in his personal motto: "God provides."

"I believe that God really does give me the strength to keep going. Each day thus far has been an adventure, and I like it that way!"

Lucille Komorosky, Active LPSCU Fraternalist



Lucille Komorosky

Lucille Komorosky, 70, of Youngstown, Ohio, died on May 10, 2010, at Hospice House in Youngstown. She was a lifelong resident of the city. Born on July 15, 1939, Lucille was a daughter of the late Samuel and Ann Cussic Sardich.

Lucille graduated from Chaney High School in 1957. On May 4, 1963, she married Alex Komorosky. She was a homemaker.

Lucille was an active member of St. Matthias Church in Youngstown, where

she served as a Eucharistic Minister. She was president of the Infant Jesus of Prague Guild, a member of the Sacred Heart and Rosary Society, and of St. Matthias Quilters. She served as president of St. Ann's Lodge, LPSCU Branch 163, and as treasurer of the LPSCU's Rev. Baloga District.

Lucille was preceded in death by her husband on March 10, 2005. She is survived by a sister, Mildred, and her husband William Terihay of Poland, Ohio; a brother, Walter, and his wife Barbara Sardich of Youngstown; and numerous nieces and nephews, whom she loved dearly and who were the lights of her life.

A Mass of Christian Burial was celebrated on Wednesday, May 12, at St. Matthias Church. Calling hours were held the

IFC Takes Fraternalism to the State Capitol

Taking fraternalism directly to state legislators were more than 50 attendees of the Illinois State Fraternal Congress's Annual Meeting held in Springfield, Illinois, from March 3-5, 2010. As part of an initiative to demonstrate the millions of dollars and hours of service fraternals give to their communities, the group toured the capitol building and met with several of their legislators. Senators and Representatives were invited to an evening reception to learn about fraternal benefit societies.

National Trustee Joan Hladek represented the LPSCU at the IFC Annual Meeting.



previous afternoon, May 11, at the Kubina Yuhasz Funeral Home in Boardman, Ohio, where a prayer service was also conducted, and on Wednesday morning at the church, prior to Mass. Interment took place at Calvary Cemetery.

In 2006, Lucille was honored by the LPSCU as their "Fraternalist of the Year" for her dedication and service to her church, community, and the LPSCU. She was a dedicated fraternalist and was proud to be a member of the LPSCU. She was well-liked by all who knew her. She will be deeply missed by her Branch, District, and our organization.

The officers and members of the LPSCU are deeply saddened at the loss of our beloved fraternalist, Lucille Komorosky. We extend our sincere sympathy to Lucille's family. May she rest in peace.

Slovak Heritage Society Holds Annual Meeting

The Slovak Heritage Society of Northeastern Pennsylvania recently held its Annual Meeting at the Gus Genetti Hotel and Conference Center, Wilkes-Barre, Pennsylvania. Following the meeting and dinner, members and guests participated in a "Slovak Sing-along" with accordion music provided by Andrew Chuba of Wilkes-Barre.

Pictured below are the newly-elected officers and Board members for 2010-2011. Seated, from left, Helen Savinski, Swoyersville, Pennsylvania; Secretary Anna M. Hudock, Wilkes-Barre; Society Chairperson Philip R. Tuhy, Wilkes-Barre; Dinner Chairperson Elaine Palischak, Plymouth, Pennsylvania; Betty Pirnik, Wilkes-Barre; and Dorothy Sullivan, Nanticoke, Pennsylvania. Standing, from left, Corresponding Secretary Bernadette Yencha, Wilkes-Barre; Society Chaplain Rev. John Albosta, Waymart, Pennsylvania; Financial Advisor Magdalen M. Benish, Plains, Pennsylvania; Treasurer Jackson Hendershot, Wilkes-Barre; Anthony Palischak, Plymouth; Michael Stretanski, Kingston, Pennsylvania; Membership Chair Mary Migatulski, Wilkes-Barre; and Public Relations Director William A. Zdancewicz, Edwardsville, Pennsylvania. (Joseph Kowatch of Kingston and Andrew Sofranko of Hanover Township, Pennsylvania, were not present for the photograph.)



JULY/AUGUST 2010

Minutes of the Executive Finance Committee

Home Office, Wilkes-Barre, Pennsylvania

MARCH 24, 2010

President Theresa Kluchinski called the meeting to order and offered a prayer, followed by the Pledge of Allegiance. Attendees: Theresa Kluchinski, president; Anita Gregory, vice president; and Mary Ann Ewasko, chairperson of trustees. Secretary-Treasurer Mary Jo Savidge was excused.

The committee reviewed and accepted the Minutes from the January 20, 2010, Executive Finance Committee meeting. The committee approved the following requests:

- Fraternal Societies of Greater Pittsburgh Fraternalist of the Year Banquet requesting tickets and an ad. Approved 4 tickets at \$220.00 and \$75.00 for a half page ad.
- ❖ Jankola Library annual donation. *Approved \$100.00*.
- Sts. Cyril and Methodius Parish (Church of St. Joseph), Hazleton, Pennsylvania, annual donation. Approved \$100.00.
- Slovene National Benefit Society requesting an ad in their 29th Quadrennial Convention Program Book. Approved \$75.00 for a half page ad.
- NSS Life requesting an ad in their 35th Quadrennial Convention Program Book. Approved \$100.00 for a half page ad.

Financial Statement

The committee reviewed the following checking accounts as of January 31, 2010, and February 28, 2010: M&T Bank – General Operating Account, M&T Bank – Home Office Checking Account and Smith Barney Checking Account.

Bond/Stock/Pension Portfolio

The committee was provided copies of all reports from January 31, 2010, and February 28, 2010, reviewing all activity, including CDs, Common Stocks, Preferred Stocks, Bonds, and International Investments. The Employee Retirement Plan was also reviewed.

Other Business

The committee discussed switching our phone service from Frontier Communications to Service Electric Telephone.
There being no further business, the EFC adjourned.

Respectfully submitted, **Mary Jo Savidge**National Secretary-Treasurer

APRIL 21, 2010

President Theresa Kluchinski called the meeting to order and offered a prayer, followed by the Pledge of Allegiance. Attendees: Theresa Kluchinski, president; Anita Gregory, vice president; Mary Jo Savidge, secretary-treasurer; and Mary Ann Ewasko, chairperson of trustees. The committee reviewed and accepted the Minutes from the March 24, 2010, Executive Finance Committee meeting.

The committee acknowledged all requests and approved the following:

Benedictine High School requesting a donation for the 2010 Blue & White Gala. Approved \$100.00.

- School Sisters of Saint Francis requesting a donation for their Spring Festival 2010. Approved \$50.00.
- Catholic Light Advertising requesting an ad in the special edition commemorating the Installation of Bishop Bambera. Approved 1/4 page ad for \$250.00.

Financial Statement

The committee reviewed the following checking accounts as of March 31, 2010: M&T Bank – General Operating Account, M&T Bank – Home Office Checking Account and Smith Barney Checking Account.

Bond/Stock/Pension Portfolio

The committee was provided copies of all reports from March 31, 2010, reviewing all activity, including CDs, Common Stocks, Preferred Stocks, Bonds, and International Investments. The Employee Retirement Plan was also reviewed.

Other Business

The committee discussed the following: QuickBooks, switching our phone service from Frontier Communications to Service Electric Telephone, and Branch Notifications.

There being no further business, the EFC adjourned.

Respectfully submitted, **Mary Jo Savidge**National Secretary-Treasurer

In Memoriam

Blessed are they that mourn, for they shall be comforted.

- Matthew v.5

Name	Branch	Location
Gilbert V. Degenhart	1	Hazleton, PA
Katherine Makowski	6	Wilkes-Barre, PA
*Mary Ziomek	7	Exeter, PA
Marguerite MacMorran	7	Exeter, PA
Veronica Hudak	8	Jessup, PA
Marie Kushmerick	8	Jessup, PA
Thomas F. Flannery	9	Mahanoy City, PA
Mary (Maria) Pongrac	24	Windber, PA
Margaret Valko	38	Whitehall, PA
Joan M. Kahler	40	Allentown, PA
Joseph A. Micklos	40	Allentown, PA
Frances Szabo	58	Ashley, PA
*Ruth (Hrapchak) Rapchak	79	Whiting, IN
Isobel J. Krenicky	83	Bethlehem, PA
*Elizabeth H. Bowser	90	Johnstown, PA
Daniel J. Evanchik	122	Wilkes-Barre, PA
Mary J. Barrett	132	Campbell, OH
Florence Zentko	159	Youngstown, OH
*Lucille Komorosky	163	Youngstown, OH
Rose S. Rovnak	163	Youngstown, OH
*Alice M. Swaboski	197	Wilkes-Barre, PA
*Joseph E. Chisek	197	Wilkes-Barre, PA
Anthony S. Snipas	197	Wilkes-Barre, PA

10 ZORNICKA

*Multiple certificates

Member is Confirmed, Receives Science and Poetry Awards

On April 23, 2010, Nicole Marie Tomasic was confirmed at St. Peter Claver Church of St. Inigoes, Maryland. The services were celebrated by the Rev. Martin D. Holley, Auxiliary Bishop of the Archdiocese of Washington, D.C.

Nicole was recently recognized in the United States Achievement Academy National Award Yearbook as a National

LPSCU To Honor Its 2010 Graduates

Once again this year, the Ladies Pennsylvania Slovak Catholic Union would like to honor all our 2010 graduates with a photo and message in our magazine. If you know of a member who graduates this year from college, a technical or career school, high school, junior high, elementary school, or kindergarten, we would like to feature



them in our September/October issue. Please note, the honoree's graduation must take place in calendar year 2010.

Please send us a picture and brief message about the graduate. Messages should not be more than 25-30 words and should include the graduate's name, city and state, and Branch number, as well as the school and grade from which the individual is graduating. If space permits, add a brief congratulatory or informational message about the graduate. For example:

Robert Jones of Whitehall, Pennsylvania, Branch 38, graduated from Allentown Central Catholic High School in June. We're proud of you, Rob! Love, Mom and Dad

Melanie Smith of Taylor, Pennsylvania, Branch 6, graduated cum laude from Boston College with a Bachelor of Science in Critical Care Nursing. Congratulations, Melanie!

Thomas Phillips of East St. Louis, Illinois, Branch L0179, has graduated from Kindergarten at St. James Academy.

We love you, Tommy! — Grammy & Pop

Please send your photo and message to Fraternal Activities Director Cecilia B. Gaughan, 325 Florida Avenue, Whitehall, PA 18052. Please include an address and phone number or e-mail address in case we have to get in touch with a question concerning your submission. The LPSCU reserves the right to edit messages that exceed the 25-30 word limit.

Moms and dads, grandparents, aunts and uncles, godparents, siblings, friends and neighbors — we're sure you know an LPSCU/LCA member who's about to graduate this spring. We hope that all our members will take part in this program to honor all our member-graduates.

The deadline for submitting graduation photos and messages for our September/October issue is July 20, 2010.

Science Merit Award winner. The Academy's selection criteria include academics, citizenship, leadership, and dependability. Her nomination was presented by educator Steven W. Moritz.

Nicole's activities include Girl Scouts, karate, lacrosse, her school's literary magazine, and the school play. She has received a Daughters of the American Revolution Award and is on the Honor Roll at her school.

In 2009, Nicole won second place in the State of Maryland International Reading Association's Young Author Contest in the 7th Grade Poetry category. She received the award for her poem entitled "Number 5," which she wrote about the birth and arrival home of her youngest brother, Connor.

Nicole's parents are Maryann and James E. Tomasic, Jr., of Dameron, Maryland. Nicole, her sister Megan, and brothers Ryan, Brendan, and Connor, are members of LPSCU Branch 52, North Braddock, Pennsylvania, where their grandfather, Jim Harcarik Tomasic, is secretary.

The LPSCU congratulates Nicole on her Confirmation as well as her outstanding achievements and awards.



Nicole Marie (2nd from left) is shown with her siblings, from left, Ryan Seamus, Connor Quinn, Brendan James, and Megan Caitrin Tomasic.

Attention Lehigh Valley Okres Junior Members

The Lehigh Valley Okres will host a day at an IronPigs Baseball game at Coca-Cola Park in Allentown, Pennsylvania, for our Junior members. The game will be played against the Rochester Red Wings on Sunday, August 22, 2010, starting at 5:35 p.m. The Lehigh Valley Okres will subsidize the \$9.00 entrance ticket for Junior members, who must be accompanied by an adult. Adult tickets for our group cost \$9.00 each, which includes a \$2.00 ticket toward the purchase of food. Reservation deadline for tickets is July 15. Call Marge Ferri at 610-866-8945 or Ceil Gaughan at 610-433-4610 for information and/or to make reservations.

LPSCU Announces 2010 Coll

JARED JOHN BARILLA



Swoyersville, PA
Junior
Penn State University
University Park, PA
MEMBER OF BRANCH 17
Swoyersville, PA

KIMBER LEE BATZEL



Roaring Brick Twp., PA
Freshman
Marywood University
Scranton, PA
MEMBER OF BRANCH 8
Jessup, PA

MATTHEW BENCH



Derry, PA
Freshman
California University of PA
California, PA
MEMBER OF BRANCH 42
Pittsburgh, PA

MADELEINE DAHMS



Dupont, PA
Freshman
Drexel University
Philadelphia, PA
MEMBER OF BRANCH 7
Exeter, PA

TRAVIS J. HARTZELL



Whitehall, PA
Freshman
Kutztown University
Kutztown, PA
MEMBER OF BRANCH 38
Whitehall, PA

KYLE KESSLER



Myerstown, PA
Freshman
University of Pittsburgh
Pittsburgh, PA
MEMBER OF BRANCH 130
Bethlehem, PA

ege Scholarship Recipients

JOSEPH CONNELL



Bethlehem, PA
Freshman
Moravian College
Bethlehem, PA
MEMBER OF BRANCH 130
Bethlehem, PA

DANIEL J. CROMPTON



Exton, PA
Freshman
Penn State University
University Park, PA
MEMBER OF BRANCH 38
Whitehall, PA

GREGORY CROMPTON



Exton, PA
Freshman
Penn State University
University Park, PA
MEMBER OF BRANCH 38
Whitehall, PA

ERIN V. KREIDER



Allentown, PA
Freshman
Juniata College
Huntingdon, PA
MEMBER OF BRANCH 60
West Hazleton, PA

JACLYN MILLER



Quakertown, PA
Freshman
Villanova University
Villanova, PA
MEMBER OF BRANCH 156
Coaldale, PA

RICHARD D. WILSON



Canfield, OH
Freshman
Ohio State University
Cleveland, OH
MEMBER OF BRANCH 159
Youngstown, OH

Slovak Embassy Among Top Sites at 2010 European Union Open House

The Slovak Embassy was rated among the top visited sites of the 2010 European Union Open House as more than 3,500 guests came to its premises in Washington, D.C., on May 8, 2010. The Embassy joined the European Union Delegation and 26 other diplomatic representatives of the EU Member States in opening their doors to the public from the wider Washington area. The event has become a very popular and highly anticipated annual celebration of Europe in the U.S.

The Slovak Embassy offered its visitors authentic live folk music and dance, traditional food, film, art, and fun for the whole family. These irreplaceable elements of Slovakia's presentation in the U.S. were further enhanced by an exhibit of Slovak modern art, graphics, and sculptures by Dusan Grecner and Zdeno Mayercak, as well as handcrafted art. More than 3,000 servings of gnocchi (little dumplings) with sauerkraut (*strapacky*) were served, along with Slovak beer and wine. Throughout the day, the folk group "Pajtasi" from New York carried away the audience with their lively performance of Slovak folk music.

Our gratitude also goes to Lucia Maruska Levendis of the Washington Chapter of American Sokol and her traditional children's dance group for presenting an unforgettable performance in traditional Slovak costumes (*kroj*).

The home-like atmosphere triggered a sincere and broad interest in Slovakia, its people, culture, traditions, economy, and tourism.

This was the fourth time that the 27 EU Member States and the European Union Delegation have jointly organized an EU Open House to provide the general public a rare look inside their embassies. The EU Open House, the single biggest celebration of the EU in the world, demonstrated the EU's motto of "unity through diversity" by showcasing the range and richness of EU countries.



The Slovak group "Pajtasi" from New York entertains at the Slovak Embassy as part of the European Union's 2010 Open House.



Peter Burian, Slovak ambassador to the U.S., with some of the youngsters who performed in traditional Slovak costumes at the embassy's open house.

Branch 38 Member Confirmed

St. Joseph the Worker Parish in Orfield, Pennsylvania, held Confirmation exercises on March 24, 2010. Bishop of the Allentown Diocese, The Most Reverend John O. Barres, officiated at the Sacrament of Confirmation.

Among those confirmed was Michael DeFazio, a member of LPSCU Branch 38. Michael chose his grandfather, Thomas F. Gaughan, as his sponsor and the name Kevin as his confirmation name. Mr. Gaughan is also a member of Branch 38.

A reception followed the ceremony in the parish community center.



Jerome (left) and Patrice DeFazio (right) are pictured with their newly confirmed son and Bishop Barres.

Pennsylvania Fraternal Congress Offers 2010 Scholarships

The Scholarship Committee of the Pennsylvania Fraternal Congress announces applications are available for the PFC 2010 Scholarship Program. The PFC will award at least one \$500 scholarship to a college student who is a resident of Pennsylvania and is a member of a fraternal benefit society belonging to the Pennsylvania Fraternal Congress. Since the LPSCU is a member of the PFC, any LPSCU member who is a Pennsylvania resident and a 2010 high school graduate, who will be a full time student (12 semester credits) attending an accredited college, university, trade school, etc., in the summer/fall of the 2010 school year, can apply.

To apply for the Scholarship, the applicant must:

- Obtain a letter of recommendation from the LPSCU Home Office.
- Submit a 500-word essay on: What does a fraternal benefit society mean to you and how has your life been enriched by your involvement in your fraternal?
- Sign the *Statement of Application* at the bottom of the application.
- Return the completed application, essay, letter of recommendation, postmarked no later than September 1, 2010, to the PFC Scholarship Chairperson noted on the application.

Additional scholarships may be awarded depending upon available funds. Awards will be announced at the PFC Annual Meeting in October 2010.

For a PFC Scholarship Application, contact the LPSCU Home Office at 570-823-3513; toll free 888-834-6614; fax 570-823-4464; or e-mail lpscu@lpscu.org or by visiting the website of the Pennsylvania Fraternal Congress at www.pafraternal.org. Applicants are reminded to request their letter of recommendation from the LPSCU Home Office prior to August 23, 2010 to meet the application postmark deadline of September 1, 2010.

NJ Fraternal Congress Announces 2010 Youth Volunteer Award Program

The New Jersey Fraternal Congress announces its 2010 Youth Volunteer Award Program to recognize deserving young students from a member society, based on their volunteer achievements with their society as well as the community at large. This year, thanks to the generosity of the Recreation Farm Society, each award winner will receive \$500 with an additional \$500 award to their designated charity. The number of awards will be based upon the advertising proceeds of the NJFC Convention Program Book.

To apply for the award, the applicant must:

- Be a resident of New Jersey and a member of a fraternal benefit society that is a member of the NJFC. (The LPSCU is a member of the New Jersey Fraternal Congress; therefore, our New Jersey members could qualify for the award).
- Be between the ages of 16 and 22 at the time of application.
- Obtain a recommendation letter from the LPSCU President.
- Sign the *Statement of Application* which appears in the Application.
- Return the completed application and letter of recommendation, postmarked no later than September 1, 2010, to the NJFC Youth Volunteer Award Committee.

Judging will be done by the Youth Volunteer Award Committee of the NJFC. Awards will be announced at the NJFC Annual Meeting to be held at the Resorts Casino Hotel in Atlantic City, New Jersey, on October 7-8, 2010.

To request a Nomination Form, please call the LPSCU Home Office at 570-823-3513 or toll free at 888-834-6614. **Completed Nomination Forms must be sent to the LPSCU Home Office by August 20, 2010,** for endorsement by the National President, who will then mail the Nomination Form to the NJFC Youth Volunteer Award Committee in time to meet the Committee's September 1 deadline.

Slovakia Appoints Additional Honorary Slovak Consul

Martin Valko, an immigration attorney in Dallas and Fort Worth, was recently appointed the Slovak Honorary Consul for Texas. This is the 11th Slovak Honorary Consulate currently in the United States. There are 25 honorary consulates located in Dallas. At 36, Martin is the youngest of the 148 Slovak Honorary Consuls in the world, serving 83 countries.

Mr. Valko is well acquainted with diplomatic responsibilities since his father served as Ambassador for the Slovak Republic to several countries. Born in Levoca, Slovakia, Martin came to the United States in 1991. He is now a partner in the law firm of Chavez & Valko. Martin is fluent in Slovak, Czech, and English. He is also conversant in Russian.

Mr. Valko is married to Martina Moravcova from Piestany, Slovakia. She is a World and European Champion swimmer and a five-time Olympian for Slovakia, having won two silver medals. She and Martin are expecting their first child in June.



to participate in our

Everyone Wins!

2010 Membership Campaign

Any LPSCU member who refers a new member purchasing \$5,000 or more of permanent life insurance will receive \$10.00

The Campaign Committee thanks you for your support!

The 3 Payment Life Plan

The 3 Payment Life Insurance Plan offered by the LPSCU is an economical and beneficial plan for anyone from age 0 to 85. Under this plan, there is a minimum purchase of life insurance. For those age 0-70, the minimum purchase is \$5,000; for ages 71-85, the minimum purchase is \$2,000. Premiums are payable for three years from issue date. If the insured dies within the 3-year period following the issue date, no additional premiums are due and payable, and the face amount of the certificate is paid to the named beneficiary (except as provided within the contract regarding Suicide and Contestability).

The plan allows for premium payments to be made monthly, quarterly, semiannually, or annually. The certificate becomes fully paid at the end of three years, and coverage remains in full force and effect for the entire life of the insured without any additional premium payments required. Upon the death of the insured, the face amount of the certificate is paid to the insured's named beneficiary.

A member with a 3 Payment Life Plan is entitled to all fraternal

benefits of the LPSCU including educational awards, youth and adult activities, newborn benefits, prescription discount card, official publication, and discount car rental.

The 3 Payment Life Plan is perfect for both youth and adults – especially anyone who prefers to have their life insurance paid within three years.

During these unstable economic times, the 3 Payment Life Plan offered by the LPSCU is economical and beneficial for estate planning and can especially help with the high cost of funeral expenses.

To apply for this specific plan, or any other insurance plan offered by the LPSCU, contact your Branch Secretary or the LPSCU Home Office.

Listed below are the Annual and Monthly Premium Schedules for the 3 Payment Life Insurance Plan. The premiums listed are based on \$1,000 of life insurance coverage. Semiannual and Quarterly premium rates are also available by contacting your Branch Secretary or the Home Office.

Monthly

Annual

3 PAYMENT LIFE ANNUAL AND MONTHLY PREMIUM RATES PER \$1,000 BASED ON 2001 CSO MALE AND FEMALE MORTALITY TABLES BASED ON AGE AT LAST BIRTHDAY

leeuo

Issue	Ann	ıual	Mon	thly
Age	Male	Female	Male	Female
0	23.91	20.15	2.15	1.81
1	24.60	20.80	2.21	1.87
2	25.42	21.53	2.29	1.94
3	26.31	22.30	2.37	2.01
4	27.28	23.12	2.46	2.08
5	28.30	23.98	2.55	2.16
6	29.36	24.89	2.64	2.24
7	30.46	25.81	2.74	2.32
8	31.59	26.76	2.84	2.41
9	32.79	27.76	2.95	2.50
10	34.02	28.80	3.06	2.59
11	35.30	29.87	3.18	2.69
12	36.62	30.99	3.30	2.79
13	37.98	32.13	3.42	2.89
14	39.36	33.31	3.54	3.00
15	40.77	34.52	3.67	3.11
16	42.19	35.77	3.80	3.22
17	43.62	37.08	3.93	3.34
18	45.08	38.41	4.06	3.46
19	46.56	39.80	4.19	3.58
20	47.64	40.84	4.29	3.68
21	49.19	42.29	4.43	3.81
22	50.80	43.79	4.57	3.94
23	52.47	45.35	4.72	4.08
24	54.20	46.97	4.88	4.23
25	56.00	48.65	5.04	4.38
26	57.86	50.38	5.21	4.53
27	59.78	52.18	5.38	4.70
28	61.77	54.04	5.56	4.86
29	63.84	55.96	5.75	5.04
30	65.99	57.96	5.94	5.22
31	68.24	60.02	6.14	5.40
32	70.59	62.16	6.35	5.59
33	73.03	64.36	6.57	5.79
34	75.56	66.64	6.80	6.00
35	78.19	68.99	7.04	6.21
36	80.91	71.41	7.28	6.43
37	83.73	73.91	7.54	6.65
38	86.65	76.49	7.80	6.88
39	89.65	79.16	8.07	7.12
40	92.76	81.92	8.35	7.37
41	95.96	84.78	8.64	7.63
42	99.26	87.72	8.93	7.89

Issue	sue Annual		Monthly	
Age	Male	Female	Male	Female
43	102.65	90.76	9.24	8.17
44	106.14	93.90	9.55	8.45
45	109.69	97.13	9.87	8.74
46	113.34	100.46	10.20	9.04
47	117.08	103.89	10.54	9.35
48	120.91	107.39	10.88	9.67
49	124.87	110.98	11.24	9.99
50	128.97	114.66	11.61	10.32
51	133.20	118.42	11.99	10.66
52	137.64	122.35	12.39	11.01
53	142.19	126.35	12.80	11.37
54	146.85	130.44	13.22	11.74
55	151.60	134.61	13.64	12.11
56	156.43	138.86	14.08	12.50
57	161.32	143.20	14.52	12.89
58	166.32	147.60	14.97	13.28
59	171.46	152.09	15.43	13.69
60	176.76	156.67	15.91	14.10
61	182.18	161.34	16.40	14.52
62	187.70	166.12	16.89	14.95
63	193.28	170.99	17.40	15.39
64	198.91	175.98	17.90	15.84
65	204.58	181.07	18.41	16.30
66	210.31	186.29	18.93	16.77
67	216.15	191.62	19.45	17.25
68	222.09	197.07	19.99	17.74
69	228.21	202.65	20.54	18.24
70	234.56	208.38	21.11	18.75
71	241.15	214.22	21.70	19.28
72	247.91	220.19	22.31	19.82
73	254.77	226.28	22.93	20.37
74	261.77	232.50	23.56	20.93
75	269.00	238.86	24.21	21.50
76	276.54	245.38	24.89	22.08
77	284.46	252.05	25.60	22.68
78	292.74	258.94	26.35	23.30
79	301.36	266.11	27.12	23.95
80	310.31	273.72	27.93	24.63
81	319.56	281.65	28.76	25.35
82	329.11	289.72	29.62	26.07
83	339.20	297.96	30.53	26.82
84	349.95	306.47	31.50	27.58
85	361.45	315.31	32.53	28.38

Slovak Catholic Federation Mid-Year Annual Appeal Report

Since 1978, the Slovak Catholic Federation has been conducting the SS. Cyril and Methodius Appeal, which begins each year in the month of February during the closest weekend to the Feast of SS. Cyril and Methodius. To date, I am happy to report that **\$18,325.24** has been collected. This year's Appeal continues until the end of calendar year 2010.

Now in its 32nd year, the Appeal has primarily been taken up in parishes of Slovak heritage in the United States and Canada. As we are all very much aware, the days of "ethnic parishes" are becoming a thing of the past. More and more Slovaks reside in different parts of the country and no longer

Indiana Fraternal Congress Announces Adult/Youth FOTY Programs

The Indiana Fraternal Congress announces its Adult and Youth Fraternalist of the Year Program to recognize an adult and young person within the fraternal benefit system who, through example and accomplishment, provided outstanding volunteer service to his or her lodge, society, and community during the past year.

The applicant must:

- Be between the ages of 12-22 to be nominated for the youth award; those 23 and older may apply for the adult award.
- Be a member of an Indiana fraternal benefit society for at least two years. (The LPSCU is a member of the IFC; therefore, our Indiana members could qualify for either award.)
- Nominees will be judged on activities completed within the last 12 months.
- Individuals who are compensated by their society for their volunteer efforts are not eligible to receive an award.
- The adult and youth awards can be won only once by an individual. However, a society is eligible to nominate an individual not selected in a previous year.

An engraved plaque will be presented to the adult and youth honorees at the Annual Meeting of the Indiana Fraternal Congress, September 30-October 1, 2010. Travel, lodging, and meal expenses for the honorees will be paid by the sponsoring societies. A \$100 check will be awarded on behalf of each honoree to the nonprofit, charitable organization of their choice.

To request a Nomination Form, please call the LPSCU Home Office at 570-823-3513 or toll free at 888-834-6614. **Completed Nomination Forms must be sent to the LPSCU Home Office by August 10, 2010** for endorsement by the National President, who will then mail the Nomination Form to the Chairperson of the IFC Adult and Youth Fraternalist of the Year Program. The IFC has set a deadline requiring that all completed Nomination Forms be sent to the Chairperson postmarked no later than August 21, 2010.

claim to belong to a parish of Slovak heritage. For this reason, many Slovaks may not have the opportunity to hear about, let alone participate in, this Annual Appeal. If it were not for the Slovak Catholic fraternal societies and their publications, communication to American and Canadian Slovaks would not be possible. In recent years we have seen an increase in individual donations apart from the parish collections. Also, most of the Slovak fraternal societies have been making contributions to this collection from their National Board of Directors, along with a number of local branches, wreaths, assemblies, and lodges.

For as you know, this Appeal assists the Church in Slovakia by supporting the training mission of the Pontifical Slovak College of SS. Cyril and Methodius in Rome, Italy (formally known as the Slovak Institute or *Ustav*). In addition, funds are distributed to those Religious communities of both men and women which share a counterpart which belongs to the Conference of Slovak Religious. These communities include the Vincentian Sisters of Charity (*Ruzomberok*), Dominican Sisters (*Dunajska Luzna*), School Sisters of St. Francis (*Zilina*), Daughters of St. Francis (*Bratislava-Prievoz*), Byzantine Catholic Sisters of St. Basil the Great (*Secove and Presov*), Franciscan Friars Minor (*Bratislava*); and House of St. Benedict (*Bacurov*).

As various groups will be holding summer picnics as well as national fraternal conventions, I ask that consideration be given to kindly taking up a collection in support of the Slovak Catholic Federation Appeal. All donations are tax deductible. In 2009 this Annual Appeal totaled **\$50,322.49**.

Individuals, groups, picnics, etc., are all welcome to make a donation to this Appeal. Make all checks payable to: Slovak Catholic Federation and send directly to SCF National Secretary-Treasurer Dolores Evanko, 173 Berner Avenue, Hazleton, PA 18201.

I pray that Almighty God reward all of us who participate in the support of the Church in Slovakia through the Slovak Catholic Federation's 32nd Annual SS. Cyril and Methodius Appeal.

Fr. Andrew Hvozdovic, Appeal Coordinator

What Do the Holidays Mean to You?

The LPSCU is planning to publish What the Holidays Mean to Me in the November/December issue of Zornicka. We invite all our members to be a part of it. Surely there are some sights, sounds, smells, tastes, or memories that bring Christmas to mind. Share your feelings about the holidays in a few words (not more than 30) and send them to us **before September 15**, **2010**.

Send your thoughts to: Fraternal Activities Director Cecilia B. Gaughan, 325 Florida Avenue, Whitehall, PA 18052 or email to: cbgaughan@msn.com.

LPSCU to Honor Our Military and Veterans

Once again this year, the LPSCU is sponsoring a Veterans' Day Honorarium/Memorial Program to appear in the November/December issue. If you missed this wonderful tribute to our veterans and active military in past years, don't pass up this chance to participate.



Through our Veterans' Day

Honorarium/Memorial listings, the LPSCU is affording our members an opportunity to honor loved ones, co-workers, friends, and neighbors who are presently serving in our military, and to remember those veterans who have served in any branch of the service in the past.

Tributes will be limited to 2-5 lines and should not exceed 25-30 words. There is no charge for placing a message, but a good will donation of \$5.00 per listing would be appreciated.

In keeping with the benevolent and fraternal nature of our Catholic organization, all proceeds from these tributes will again be donated to the **Catholic War Veterans**, an organization whose primary objective is to make the entire nation aware of the struggle and needs of many veterans, their widows and children. The CWV cooperate fully with all veterans organizations to better serve the interests of the men and women who served in each of the wars in which our nation has been involved. Further, as a Catholic organization, the CWV strives to serve God by demonstrating love and respect for individuals without regard to race, creed, color, or national origin. They also seek to instill in today's youth a respect for our flag, our national anthem, and our country's great traditions. The CWV was founded in May of 1935 by a Catholic priest and former Army chaplain, Msgr. Edward J. Higgins of the Diocese of Brooklyn, New York. It was officially recognized as a veterans organization by the Veterans Administration in Washington in July of 1940. To learn more about the CWV and their mission, visit their website at www.cwv.org.

A few examples of Honorariums/Memorials follow:

In honor of our son serving in Iraq, Marine Gunnery Sgt. Jack Gibbs We pray every day for your safe return home. Your loving parents, John and Mary Gibbs In honor of my husband, Lt. Harmon Elliott presently serving his country in the U.S. Navy. With love and pride from your wife Sara

In memory of our father,
Pfc. Arthur Bauer
who served with the U.S. Army in Korea.
We love and miss you – Tom and Chrissy

Tribute messages, along with all donation checks (made payable to "Catholic War Veterans"), should be mailed to Fraternal Activities Director Cecilia B. Gaughan, 325 Florida Avenue, Whitehall, PA 18052. If you have any questions, contact Ceil at 610/433-4610 or e-mail CBGaughan@msn.com.

Deadline for submitting a veterans/military tribute is September 15, 2010.

We hope that many of our members will participate in this worthwhile fraternal activity which allows them to honor their family members, friends and neighbors who were members of the armed forces and/or those who are presently serving our country in Iraq, Afghanistan, Kosovo, and other parts of the world. This is a wonderful way to show our love and appreciation to those serving our country and to show the concern and compassion the LPSCU has for our fellowman.

In Memoriam

Emily Oberts, Branch 28 Member and Past Officer

Emily Oberts, 93, died on March 18, 2010, at Sunnyhill Nursing Home in Joliet, Illinois, where she was a resident for 8½ years. Born in Red Lodge, Montana, she was the daughter of the late Joseph and Kristina Brnca. She came to the Joliet area as an infant.

Emily was a member and past president of SS. Cyril and Methodius Parish's Altar and Rosary Society and the Young Timers Club. She served as an election judge in Will County for many years.

Emily was a long-time member of LPSCU Branch 28 in Joliet. She served as secretary and treasurer of the branch for many years. All of her children are members of Branch 28.

Surviving are two sons, William of Joliet and Thomas of Plainfield, Illinois; one daughter, Lorraine Brandolino of Joliet; two sisters, Mary Rubocki of Texas, and Valeria Wittenkeller of Lockport, Illinois; and one brother, Raymond Brnca of Joliet. She is also survived by eight grandchildren and 11 great-grandchildren. She was predeceased by her husband, Adolph, in 1958; three brothers, Stephen, Joseph, and Daniel Brnca; and one sister in infancy.

Visitation was held at the Tezak Funeral Home in Joliet on March 21. A celebration of Emily's life was held the morning of March 22 with prayers at the Tezak Funeral Home, followed by a procession to SS. Cyril and Methodius Cemetery Chapel where a Mass of Christian Burial was celebrated.

The LPSCU is saddened by the loss of our beloved and dedicated member, Emily Oberts. We extend sincere sympathy to her family and the members of Branch 28. May she rest in peace.

Mary Luzbetak Branch 28, Joliet, Illinois

Support Your Local Branch

Participate in Branch Activities

A Young Woman's Perspective on the Importance of Life Insurance

TRACY BASDEN FONDLY REMEMBERS HER FATHER, Eddie, as a fun-loving parent with a boundless supply of energy. Tracy's mother had died when she was 4 and just weeks after her brother, Matthew, was born. That left Eddie to raise the kids by himself, a role he assumed with gusto. A Philadelphia-area contractor who never made much money, Eddie had a gift for making the ordinary seem extraordinary. "He would turn going food shopping into something fun," Tracy recalls.

The family's life changed, however, when Eddie was diagnosed with Hepatitis C. When he could no longer work, Tracy dropped out of high school to care for her dying father. And when he passed away, just after she turned 18, she became legal guardian to her 14-year-old brother. "I went from being his sister to, essentially, his parent," she says. "I was saying things to him that, months earlier, my dad was saying to us."

After his wife had died with no life insurance, Eddie purchased a policy. But he let it lapse when money was tight. He later took out a small policy when he first became ill, but it covered little more than his burial expenses.

To keep the family together after her father's death, Tracy took on a daunting set of responsibilities for a teenager. She had two full-time jobs, working 96 hours a week at one point, while still managing to cook meals and serve as a surrogate parent for her brother. She got her high school equivalency degree shortly after her father's death and enrolled in college. But financial pressures forced her to take a semester off now and then. "I was wearing so many hats – sister, parent, student, employee – it was overwhelming," she says.



Today, Tracy, 24, is a student at Neumann College in Pennsylvania. Because she works several part-time jobs, it will take her longer to graduate. But she's determined to complete college and become a nurse, a profession she hopes will allow her to help other people.

Looking back, Tracy sometimes thinks of how things might have been different if her father had owned more life insurance. "I could have grieved," she reflects. "Life insurance leaves you with the comfort to not have to worry so much about money. It's one of those bills you have to pay. It should be right up there with your mortgage or rent."

FOUR REASONS TO BUY LIFE INSURANCE

You don't want to gamble with your family's financial future. As great as you might feel today, everything can change in an instant. Ask yourself this question, "Would my loved ones suffer financially if I died tomorrow?" If the answer is "yes," you need life insurance. It's that simple.

The longer you wait, the more expensive it will be. Premiums rise as you get older. The longer you wait, the greater the chance you may encounter an illness or accident that could severely limit or even eliminate the possibility of buying life insurance.

If you put it off, you may never get to it. Face it. We all procrastinate. Especially when it comes to dealing with uncomfortable subjects like your death or declining health. It's best to confront these topics now, while you still can. Life is uncertain. Tomorrow may be too late.

It's never been more affordable. With people living longer, the cost for basic term life insurance has dropped by about 50% over the past 10 years, and other types of insurance are less expensive too. There are literally thousands of products on the market, and one is sure to fit your needs and budget.



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Ms. Kluchinski, National President:

I am deeply honored to be receiving the Ladies Pennsylvania Slovak Catholic Union Scholarship. It will help me with the cost of tuition [at my chosen school].

I will be attending Marywood University. I will forward to the Home Office a certified copy of acceptance, which should be within the next three weeks.

Again, thank you for selecting me for

this very prestigious scholarship. I am truly grateful.

Respectfully,

Kimber L. Batzel

Branch 8, Jessup, PA

Dear Officers and Board Members:

Thank you for the generous gift of \$100.00 which represents your annual contribution to Jankola Library. We are

deeply grateful for your continued remembrance.

Actually, your concern for our Congregation and its progress spans the past century. The Library has been in existence since 1968 and you have consistently remembered our specific needs as well. For all of that, needless to say, we are deeply grateful.

Our prayers of gratitude for all you have done and continue doing, hopefully, have kept pace with your generosity. May God continue to bless you personally and as an organization committed to supporting our faith and culture.

Very sincerely yours.

Sister M. John Vianney Vranak, SS.C.M.

Director, Jankola Library

Dear Mary Jo.

This is to acknowledge receipt of our Society's generous gift of \$2,000 to the Conference of Slovak Clergy. This will be used, as agreed upon, for a partial grant to a student at the Slovak Pontifical College of Sts. Cyril and Methodius.

You have already been notified of the student's name that is benefiting this academic year from your prior donation. I trust that he has written to express his gratitude. The Bishops of Slovakia, the Rector, along with me, are deeply grateful for the Ladies Pennsylvania Slovak Catholic Union's continued participation in providing grants.

In your and the Society's generosity to the Lord and his Church, may you encounter many signs of his favor in your regard, especially during this Easter Season!

Fraternally yours in the Lord, (Most Rev.) Joseph V. Adamec Bishop of Altoona-Johnstown Chairman

Dear LPSCU.

Thank you very much for the 2010 Scholarship Award. I will be attending Ohio State College of Engineering to study mechanical engineering. This scholarship will help defray my costs during my first year in Columbus. It was a great surprise to receive your letter.

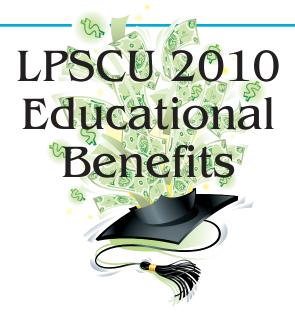
Sincerely,

Richard Dulovic WilsonBranch 159, Youngstown, OH

Ladies Pennsylvania Slovak Catholic Union 1st Quarter Report

Assets	1s	t Quarter 2010	19	st Quarter 2009
Investments		13,737,561.00	\$	13,018,856.00
Certificate of Deposit	\$	288,000.00	\$	671,000.00
Cash on Deposit		356,450.00	\$	195,919.00
Mortgage Loans	\$	10,459.00	\$	20,534.00
Real Estate Owned		129,189.00	\$	138,216.00
Other Assets	\$	61,645.00	\$	59,989.00
Totals	\$	14,583,304.00	\$	14,104,514.00
Liabilities & Fund Balance	1s	t Quarter 2010	19	st Quarter 2009
Fund Balance	\$	3,870,613.00	\$	3,808,844.00
Interest Maintenance Reserve	\$	266,541.00	\$	301,663.00
Amt. Retained as Trustee	\$	88,992.00	\$	60,280.00
Aggregate Reserve-Life Certificates		9,947,474.00	\$	9,698,619.00
Other Liabilities		409,684.00	\$	235,108.00
Totals		14,583,304.00	\$	14,104,514.00
Revenues	1s	t Quarter 2010	19	st Quarter 2009
Premium Income	\$	44,404.00	\$	36,035.00
Investment Income	\$	202,603.00	\$	215,242.00
Income - Other	\$	36,129.00	\$	38,011.00
Totals	\$	283,136.00	\$	289,288.00
Expenses	1s	t Quarter 2010	19	st Quarter 2009
Death Claims	\$	64,679.00	\$	106,298.00
Endowments	\$	7,584.00	\$	2,837.00
Cash Surrenders	\$	13,095.00	\$	20,219.00
Dividends	\$	-	\$	-
Increase in aggregate reserves	\$	30,000.00	\$	(5,000.00)
Commissions (new and renewals)		1,497.00	\$	745.00
General Operating Expenses	\$	77,403.90	\$	55,527.35
Officers and Committee Expenses		12,500.04	\$	9,273.29
Actuarial/Accounting Expense		8,648.98	\$	27,400.00
Investment Mgt. Fee		4,336.21	\$	4,517.14
Official Publications		21,534.02	\$	25,783.50
Travel Expense		2,306.84	\$	59.40
Bureau and Association Dues	\$	275.00	\$	275.00
Donations	\$	175.00	\$	1,000.00
Scholarships	\$	-	\$	
Fraternal Activities		2,576.01	\$	6,193.32
Insurance Taxes, Licenses & Fees	\$	7,977.00	\$	8,435.00
Sub Total	\$	254,588.00	\$	263,563.00
Net Gain/Loss From Operations	\$	28,548.00	\$	25,725.00
Net Realized Capital Gain (Loss)		212.00	\$	(24,334.00)
Totals		28,760.00	\$	1,391.00

20



Post Graduate Award — \$300 One-Time Award

- Member of LPSCU for five (5) years with \$2,000 permanent reserve life insurance plan (excludes term insurance).
- Provide photocopy of Master or Doctorate diploma received.
- Provide wallet-size color photo.
- Degree must be awarded between July 1, 2009 and August 30, 2010.
- · Application must be postmarked by August 31.

St. Theresa of the Little Flower, Blessed André, St. John Vianney — \$300 Annually

(For applicants entering Religious Life)

- Member of LPSCU for two (2) years with \$2,000 permanent reserve life insurance plan (excludes term insurance).
- Provide wallet-size color photo.
- Must re-apply each year while attending/ completing studies for Religious Life.
- Application must be postmarked by August 31.

Applicants must meet all criteria and provide data indicated to be eligible. Incomplete applications or data requirements will not be considered. All materials become the property of the LPSCU and will not be returned.

Phone — 570-823-3513 • Toll free — 888-834-6614 Fax — 570-823-4464 • E-mail — lpscu@lpscu.org Website — <u>www.lpscu.org</u>

Ladies Pennsylvania Slovak Catholic Union

Educational Benefit Committee P.O. Box 32, Wilkes-Barre, PA 18703

An LPSCU insurance policy makes the perfect gift!

Caring By Volunteering

A NEW CONTEST SPONSORED BY THE LPSCU

Each of us touches another's life with everything we say and do. How important it is that we care about how we affect the lives around us? By being a caring volunteer, fellowship is exchanged while giving others encouragement, strength, and love. We all have a lot of love to give. We can waste it or rise in its light. "For yesterday is but a dream and tomorrow is only a vision, but today well lived makes yesterday a dream of happiness and every tomorrow a vision of hope."

Have you made a difference in someone's tomorrow? Let us know!

The LPSCU Volunteer Committee

WE ALL DO IT!

I do it – You do it – We all do it! What is it?

VOLUNTEERING

We are looking for you to tell us what you do! The member with the most volunteer hours in each of the age categories listed below will receive a prize. We urge you to go for it! **This contest will run from July 1, 2010 through December 31, 2010.** (Members of the Board of Directors are excluded from participating.)

Age Categories and Prizes to be Awarded

Ages 6 - 10	Bicycle
Ages 11 – 15	iPod
Ages 16 - 24	Digital Camera
Ages 25 - 40	\$150
Ages 41 - 60	\$150
Age 61+	\$150

Between July 1 and December 31, keep track of your volunteer hours and report them by completing the form below. Mail the form **by January 31, 2011** to:

Cecilia B. Gaughan, Fraternal Activities Director 325 Florida Avenue, Whitehall, PA 18052

Branch #	Age
Name	
Address	
Phone # ()	_E-mail

YOUR VOLUNTEER RECORD

Keep track of the following each time you volunteer between July 1-December 31, 2010:

- Type of volunteer services provided
- Date you volunteered
- Number of hours you spent volunteering
- Project/Service coordinator's name and phone number

After December 31st but before January 31, 2011, attach a sheet with this documentation to this form and send it to Ceil Gaughan at the address above. The information can also be e-mailed to Ceil at cbgaughan@msn.com.

Junior

Everyone agrees, a chuckle a day is good for you. Do you know that we acquire the ability to laugh around 4 months of age? Our sense of humor, however, doesn't kick in until sometime around age 3. This is when we realize we can fool people. A child's sense of humor is ripe for nurturing and should be encouraged. Having a good sense of humor and being able to laugh will serve us well throughout life.

Although we all do it, no one knows exactly what laughter is. It is, however, a universal language. No matter where you are, when you hear it, you recognize it as laughter.

Laughter has been studied by great thinkers such as Kant, Darwin, Freud, and Aristotle. But it is only recently that scholars are getting to the root of this outburst called laughter. They are trying to understand the basics: what laughter is, why we do it, and what it means.

Studies show that a typical child laughs up to 300 times a day, but adults, a meager 25 times. What are adults missing out on? Plenty! Research shows that laughter is as good for your health as it is for your state of mind. Laughing stimulates the heart and respiratory rate by increasing

Kids in the Kitchen

The 4th of July is a grand time for a picnic – and so is the rest of July and August!

Offer to help Mom prepare these recipes for a family gathering.

CHEESY DOUGH-DOGS

Stir 2 cups of biscuit mix and ½ cup milk together with a fork. Beat for 15 strokes and then stir in ½ cup grated Cheddar cheese. Pat the dough into a thin layer and divide into 12 parts. Roll each piece of dough into a covering around a hotdog. Wrap 1 strip of bacon around each dough-blanketed dog and fasten with a toothpick. Roast on a grill over coals until dough is golden brown.

POTATO-ONION ROAST

For each person, wash and peel 1 baking potato and 1 medium onion. Cut each into 1" slices. Spread the potato slices with butter or margarine and sprinkle lightly with salt and pepper. Reassemble each potato with alternate onion and potato slices and wrap in double thickness of aluminum foil. Roast on the coals for about 45 minutes.

CLIP AND SAVE

circulation, and also exercises the stomach muscles. According to researchers, a good belly laugh may be equivalent to a few minutes on a rowing machine.

Some of us laugh more easily and more often than others. Seeing the lighter side of life and reaping its benefits requires conscious effort. Acting cheerful may really make you feel that way. Research has shown that laughter soothes stress and reduces depression. A recent experiment showed that when people forced themselves to laugh heartily for a minute, they felt significantly happier afterward. Going through the motions can actually trigger the emotion. The body doesn't know when a laugh is fake; it releases moodboosting endorphins as a natural response to the physical act of laughing. These endorphins make us feel good and relieve pain.

Humor also helps us grow. When we take ourselves so seriously that we can't lighten up for fear of looking foolish, it closes us to the adventure of trying out something new. Being able to make a joke about our mistakes relaxes the tension and heads off embarrassment.

Do you know that the world's first academic degree in Medical Clowning is now available to aspiring healers? A sense of humor is a definite requirement. Trainee clowns go on rounds with doctors as full members of the medical team.

When little ones are in the hospital with a serious illness and you hear them giggling wildly, perhaps it's because the doctor is in with a big red nose and smiley face stickers all over him. He isn't worried about looking silly; he is in that room helping a little sick child feel better. So, send in the clowns! It's good for your health, and your laughter may just be contagious.

Cecilia B. Gaughan, Fraternal Activities Director

4th of July Facts

- On July 4, 1776, America was born when the Continental Congress adopted the Declaration of Independence in Philadelphia, Pennsylvania. The Continental Congress had declared the Colonies free on July 2, 1776, but it took two more days for the delegates to agree on a formal
 - document announcing their action, which is why the birth of our nation is celebrated on the 4th.
- A total of 56 members of the Continental Congress signed the Declaration. Twenty-four were lawyers, fourteen were farmers, nine were merchants, four were physicians, one a gospel minister, and one a manufacturer.
- It took Thomas Jefferson 2½ weeks to write the first draft of the Declaration.
- In 1941, Congress made the 4th of July a legal federal holiday.

Nature's Fireworks

When we mention fireworks, most people think of the 4th of July, but the Perseids are meteors that fill the sky in August, making nature's most beautiful "fireworks" show. Watching a meteor shower is easy and fun. All you need are your eyes, a clear night sky, and some time.

Get comfortable. Lie on a blanket or a lounge chair as far away as you can from any street lights, porch lights, headlights, or other manmade lighting sources. Dress appropriately; nights can get cool in August and you may be up in the wee hours of the morning. Allow your eyes to adjust to the night sky. Stare upwards in no particular direction. Do not use binoculars or a telescope. They will limit your view to a small section of the sky. Your own eyes are all you'll need to catch a glimpse of the meteors. Be patient. It may take a while for meteor to appear, but then you may see a few in a row.

If your parents allow you to stay up after midnight, you'll have the best chance of seeing more meteors because they're more abundant after midnight. For best viewing, look to the northeast.

Every August, as the Earth orbits the sun, it collides

Arts and Crafts

WORM WONDERLAND

Materials you will need:

Large glass jar with a lid Dark colored construction paper

Tape

Scissors

Newspaper

A spray bottle

Sand

Soil

Peat moss

Live earthworms

Grass or plant seeds

Vegetable scraps

Here's what to do:



Cover your work area with newspapers. Place a pile of sand, a pile of soil, and a pile of peat moss on the paper. Fill the spray bottle with water and moisten each pile. Place a layer of sand in the jar, then a layer of soil, then a layer of peat moss. Plant some seeds at the edge. Place the worms in the jar along with some vegetable scraps for food. Poke some holes in the lid for air and screw the lid onto the jar. Cover the jar by wrapping the dark paper around it loosely and taping the ends together. This creates the dark environment that the worms like.

Wait a couple of days to let the worms get used to their new home. Then you can remove the paper tube when you want to watch the worms dig tunnels. Watch what happens to the layer of soil and how the plant roots follow the worm tunnels. Remember to mist or lightly water the soil so it doesn't dry out too much but don't make it too soggy. Enjoy your worm wonderland, but when you're finished observing the worms, make sure you return them outside to the garden!

with rocks and dust cast off by a comet called Swift-Tuttle which orbited nearest the sun in 1862 and again in 1992. The radiant point for this



meteor shower will be the constellation

Perseus; hence the name: the Perseids. This year's shower should peak on the night of August 12th into the morning of the 13th, but you should be able to see some meteors any time between July 23rd and August 22nd. At their peak, the Perseids may produce up to 60 meteors an hour. So get comfortable and enjoy one of nature's most beautiful wonders.

Facts About First Ladies

Ida McKinley, William McKinley's wife, was the only first lady to work as a bank teller and manager. She successfully urged her husband to retain the Philippines after the Spanish-American War. Her favorite hobby was crocheting. She crocheted several thousand bedroom slippers for friends.

Edith Roosevelt – Theodore Roosevelt and his second wife were childhood sweethearts who married after the death of his first wife, Alice. Edith joined her husband in the White House upon the assassination of President McKinley. Her family read so much that they borrowed 648 books from the library in just 28 months.

Helen ("Nellie") Taft was the first wife of William Howard Taft. She was the first first lady to own and drive a car, to ride in a car in her husband's inaugural parade, to support women's suffrage (right to vote), to publish her memoirs, to smoke cigarettes, and to successfully lobby for safety standards in federal workplaces. It was her idea to plant cherry trees along Potomac Drive. They're still a tourist attraction today.

Woodrow Wilson's first wife, **Ellen Wilson**, was the only professional artist to become first lady. After her death in the White House, her husband married **Edith Wilson**, a direct descendant of American Indian princess Pocahontas.

Warren G. Harding's wife, **Florence Harding**, was the first first lady to vote, to fly in an airplane, to operate a movie camera, to own a radio, and to invite movie stars to the White House. She also was accused of poisoning her husband, who died under mysterious circumstances during his third year in office.

Grace Coolidge, the wife of Calvin Coolidge, worked as a teacher of deaf students and became the first first lady to speak in sound newsreels. She was a great whistler.

Jane Pierce, Franklin Pierce's wife, discouraged his interest in politics and was opposed to him running for president. A tragic figure, she lost one son in infancy, another to typhus, and, two months before Pierce's inauguration, the Pierces were aboard a train that derailed, killing their third and last son. Overcome with grief, she did not attend her husband's Inauguration, nor handle the First Lady's social responsibilities for nearly two years.

"Choosing the Better Part"

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strengthened to go out and, like Martha, to live lives of active service on behalf of others. Our quiet time, waiting on the Lord and listening to His call, will give us the energy we need to do His work. Martha may be a model of hospitality — but Mary mirrors the Christ-like generosity of being able to receive, to surrender our own need to be in control, to put aside the work in which we find our identity in order to be the "guest" of Jesus, our Divine "host."

If we are simply a Martha, always doing and never slowing down to enjoy life, we may find ourselves becoming a person who frets and worries, complains, becomes anxious, tired, and irritable. But, if we can see the value in being more like Mary first, sitting at the feet of Jesus in prayer, enjoying the simple blessings of life and love, then we will feel refreshed and ready to face the challenges of life with a positive outlook and a joyful heart! May God grant us the grace and wisdom to always choose the "better part" so that we can render loving service to God and God's holy people.

Have a wonderful, refreshing, relaxing, and re-creating summer!

Rev. Philip A. Altavilla, V.E.

Calendar of Events

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SEPTEMBER

- Deadline to make a reservation to attend Mass and Luncheon being held in conjunction with the Semiannual Board Meeting in Boardman, Ohio.
- **7-8** Slovak Catholic Federation Meeting, Altoona, Pennsylvania
- **9-11** NFCA Annual Meeting, Chicago, Illinois
- **10-13** LPSCU Semiannual Board Meeting beginning 9/10 at 8:30 a.m., Holiday Inn, 7410 South Avenue at US 224, Boardman, Ohio.
 - **15** Deadline to submit your entry for our "What the Holidays Mean to Me" feature. *See page 17*.
 - **15** Deadline to submit a tribute honoring our military/veterans. *See page 18 for details*.
 - 20 Deadline to submit articles for November/ December Zornicka.

Cecilia Sarocky Past National President

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Over the years, Ceil has served on the Executive Boards of the Slovak World Congress, Slovak League of America, Slovak Catholic Federation, and Western Pennsylvania Slovak Radio Program. To enhance her interest in promoting her Slovak heritage, for many years she performed with the Pittsburgh Area Slovaks ("PAS") and participated in the Pittsburgh Folk Festival, also serving on its Board of Directors.

Ceil is survived by two sons, Stephen R., of Pittsburgh, and Kenneth M. of San Francisco, California; a daughter, Cynthia Schlebusch of Robinson Township, Pennsylvania; two grandchildren, Ronnie and Stephanie Schlebusch; and three brothers, Frank Yaniga and his wife, Sandy, of North Huntingdon, Pennsylvania, Richard Yaniga and his wife, Janet, of Finleysville, Pennsylvania, and Edward Janiga and his wife, Antoinette, of Virginia. In addition to her parents and husband, she was preceded in death by a daughter, Carol Ann Bertera, and two sisters, Mary Garrity and Valerie "Dolly" Durick.

Calling hours with the family were held on June 10 and 11 from 3:00 to 8:00 p.m. at the Schleifer Funeral Chapel, 534 Jones Avenue, North Braddock. A Mass of Christian Burial was con-celebrated at 9:00 a.m. on June 12 in the Good Shepherd Roman Catholic Church in Braddock by Father Thomas Burke, pastor, Father Joseph Grosko, and Father Gregory Madeya. Interment was in All Saints Cemetery, Braddock Hills, Pennsylvania.

National officers representing the LPSCU at the funeral were President Theresa Kluchinski, Secretary-Treasurer Mary Jo Savidge, Trustee Elizabeth Melko, and Court of Appeals Secretary Janice Mathews.

The officers and members of the LPSCU are deeply saddened at the loss of our beloved fraternal sister, Cecilia Sarocky. Her dedication as an officer on the national, local, and district level is a testament to her love for the LPSCU. She not only served her offices with respect, intelligence, and integrity, but she lived for the LPSCU and her Slovak heritage. May we all be inspired by the remarkable legacy that she left to our LPSCU and the Slovak community. We express our sincere sympathy to Ceil's family, members of Branch 42, and the Pittsburgh District. May she rest in peace.