



LPSCU Life

Security, Peace of Mind

Morning Star

ZORNIČKA

Vol. 79, No. 870
January-February 2020

42nd National Convention June 26-28, 2020



DoubleTree[®]
by Hilton



Pittsburgh-Meadowlands
340 Racetrack Road | Washington, Pennsylvania

In This Issue

| | | | |
|--|----|---|-------|
| Spiritual Advisor's Message | 3 | LPSCU 2020 College Award Notice | 12 |
| Annual Board Meeting Announcement..... | 3 | Tunney-Schafer Family's Pittsburgh Holiday..... | 13 |
| The Importance of Life Insurance..... | 3 | New Insurance Issued..... | 13 |
| Call to the 42nd National LPSCU Convention..... | 4 | Rev. Dianiska District "Makes a Difference" | 13 |
| Members Aspiring for National Office Notice..... | 4 | Have Any News? | 13 |
| Obituary: Msgr. Francis J. Beeda | 5 | Branch 64 Holds Matching Fund Event..... | 14 |
| Branch and Okres News..... | 6 | SS.C.M. 2019 Appeal Concludes | 14 |
| Pope's Cake Recipe..... | 7 | SS.C.M. Sisters Mark Jubilee Anniversaries | 15 |
| Rev. Dianiska District Makes Anniversary Donation.. | 7 | Msgr. Beeda District's Matching Fund Project..... | 15 |
| Msgr. Beeda District Announces Meeting..... | 7 | LPSCU 20 Payment Life Insurance Plan..... | 16 |
| EFC Meeting Minutes | 8 | Attendees Enjoy Slovak Heritage Festival..... | 17 |
| Branch 42 Members Attend Dinner-Dance..... | 8 | In Memoriam..... | 17 |
| Rev. Dianiska District's 2020 Meeting Dates..... | 8 | Minutes of the Board Conference Call Meeting..... | 18 |
| Member Jennifer McKinley Weds..... | 9 | FSNEPA Donates to Domestic Violence Center..... | 18 |
| Rev. Dianiska District Holds Matching Fund Event ... | 9 | Information Request Form..... | 19 |
| Contributors, Please Note | 9 | Branch 124 Hosts Breakfast..... | 19 |
| Guaranteed Issue Program | 10 | Cooking Corner | 19 |
| 2019 Post Graduate Award Recipient | 11 | LPSCU Flexible Annuity | 20 |
| Photograph Information | 11 | SS.C.M. Sisters Bestow Leadership Awards..... | 21 |
| Editorial Notice | 11 | Gluten Alert!..... | 21 |
| Convention Delegate Notice..... | 11 | Junior Branch Journal..... | 22-23 |
| 3rd Quarter Financial Report..... | 11 | Tour the Holy Land with Father Bob | 24 |
| Msgr. Beeda District Wraps Up Fundraiser | 12 | LPSCU Cookbook | 24 |
| Election of Delegates: Branches 90 and 213 | 12 | | |

Calendar of Events

JANUARY

- 20** – Deadline to submit articles for March/April *Morning Star*.
- 24** – March for Life in Washington, D.C.

FEBRUARY

- 15** – Deadline to submit correspondence concerning matters to be discussed at the Annual Board Meeting on March 27. *See notice on page 3.*

MARCH

- 17** – Msgr. Beeda District Meeting at 6:00 p.m. at Perkins Restaurant, Route 93, West Hazleton, Pennsylvania. Contact Anita Gregory (570-788-3263) if you plan to attend.
- 20** – Deadline to submit articles for May/June *Morning Star*.
- 20** – Deadline for any member wishing to be a delegate to the LPSCU National Convention in June to contact their Branch representative. *See page 11 for more details.*
- 20** – Deadline to request to represent Branches 90 or 213 at the LPSCU National Convention in June. *See page 12 for more details.*
- 25-26** – LPSCU Internal Audit
- 27** – LPSCU Annual Board Meeting beginning at 8:30 a.m. at the Holiday Inn – East Mountain Inn, Wilkes-Barre, Pennsylvania. *See notice on page 3.*

APRIL

- 15** – Deadline to submit a completed Intent Form to the Home Office for any member wishing to run for National President at the June LPSCU National Convention. *More details on page 4.*
- 26** – Rev. Dianiska District Meeting at 1:00 p.m. at the North End Slovak Club, N. Main Street, Wilkes-Barre, Pennsylvania. Branch 6 will host.
- 27-28** – Slovak Catholic Federation's Spring Meeting, Wilkes-Barre, Pennsylvania

MAY

- 1** – Deadline to submit a completed Intent Form to the Home Office for any member wishing to run for National Office at the June LPSCU National Convention (with the exception of President; see April 15 above). *More details on page 4.*
- 20** – Deadline to submit articles for July/August *Morning Star*.
- 26-28** – American Fraternal Alliance's Spring Symposium, Indianapolis, Indiana

JUNE

- 25** – Travel day for Board members attending the LPSCU Convention
- 26-28** – 42nd LPSCU National Convention at the Double Tree by Hilton, Pittsburgh – Meadowlands, 340 Racetrack Road, Washington, Pennsylvania

continued on page 14

LADIES PENNSYLVANIA
SLOVAK CATHOLIC UNION

Morning Star ZORNICKA



(USPS 699-520)

ZORNICKA (Morning Star), a bi-monthly magazine, is the official publication of the Ladies Pennsylvania Slovak Catholic Union, National Headquarters, 71 South Washington Street, Wilkes-Barre, PA 18701.

Send articles for publication to Deborah McKinley, Public Relations Director, 39 Lafayette Avenue, Tamaqua, PA 18252; 610/704-7288; zornicka@lpescu.org

Articles must be received by the 20th of the month, 5½ weeks prior to the issue date.

Printed by Triangle Press, 6720 Allentown Blvd., Harrisburg, PA 17112.

Periodical Postage paid at Wilkes-Barre, PA 18701 and additional entries.

Subscription Rate: Members — free; Non-members — \$25.00 per year.

Postmaster: Send address changes only to: Zornicka (Morning Star), Ladies Pennsylvania Slovak Catholic Union, 71 South Washington Street, Wilkes-Barre, PA 18701.

OFFICE HOURS

AT NATIONAL HEADQUARTERS

Monday through Friday:

November 1 — April 30
7:00 a.m. to 4:30 p.m.

May 1 — October 31

7:00 a.m. to 3:30 p.m.

Phone: 570/823-3513

Toll Free 888/834-6614

Fax: 570/823-4464

E-mail: lpescu@lpescu.org

Website: www.lpescu.org

BOARD OF DIRECTORS

SPIRITUAL ADVISOR

Reverend Robert Seeman, St. Benedict the Abbot, 120 Abington Drive, McMurray, PA 15317; 412/225-3585; rseeman801@gmail.com

PRESIDENT

Theresa A. Kluchinski, 446 Mountain Oaks Drive, Laurel Run, PA 18706; 570/823-3513, toll free 888/834-6614; theresa@lpescu.org

VICE PRESIDENT

Anita Gregory, 304 Turkey Path Road, Sugarloaf, PA 18249; 570/788-3263; anitag13@hotmail.com

SECRETARY/TREASURER

Mary Jo Savidge, 71 South Washington Street, Wilkes-Barre, PA 18701; 570/823-3513, Fax 570/823-4464; maryjo@lpescu.org

CHAIRPERSON OF TRUSTEES

Mary Ann Ewasko, 9 Shannon Street, Wilkes-Barre, PA 18702; 570/823-6432; maryann6@ptd.net

TRUSTEES

Dolores M. Evanko, 173 Berner Avenue, Hazleton, PA 18201; 570/454-5547; devanko112@gmail.com

James Yocum, 1738 Evergreen Drive, Hazle Township, PA 18202; 570/436-6792; jpyocum@ptd.net

Margaret Jollimore, 1001 SR 292E, Harveys Lake, PA 18618-7829; 570/760-9790; jollimore.lpescu@ymail.com

Joan T. Hladek, 2138 Waterbury Lane E., Sycamore, IL 60178; 815/895-0431; jthladek@gmail.com

AN INSPIRING POLISH PILGRIMAGE

This past September, I had the privilege of leading a Pilgrimage to Poland in the footsteps of Pope St. John Paul II and St. Maria Faustina Kowalska. For all twenty-one pilgrims, it was an amazing spiritual journey that far surpassed any of our expectations. It opened our eyes to the dramatic history of Poland and the unwavering faith of the Polish people. It brought us to the places of some of the most significant saints of our time.



Rev. Robert L. Seeman

At the Auschwitz concentration camp we recounted the horrific acts committed against humanity. At this place of such great evil, a Franciscan Friar by the name of Maximillian Kolbe gave his life in place of another prisoner. "No greater love than this, then to lay down one's life for one's friends." Today, we rightly call him a Saint for his heroic and powerful witness.

The next step on our journey brought us to Wadowice, the home town of Pope John Paul II. His home was more of an apartment that consisted of three rooms. Today, the entire building is the Pope St. John Paul II Museum. The parish church where he was baptized was right next door to the apartment complex. As we walked through the museum and viewed all of the historical information on the life of John Paul II, we were reminded of the world-changing papacy of this saintly pope. He was and continues to be an inspiration for all.

While we were in Wadowice, the tour guide told us about a delicious dessert called the "Pope's Cake." Apparently, when young Karol was growing up, he would go to the bakery to get this special cake, which was his favorite dessert. So, when he was elected Pope in 1978, they renamed the *Kremkowa* as the "Pope's Cake." I think just about everyone in our group tried the cake and it was absolutely delicious. (*The recipe appears on page 7 in this issue so that our members may also enjoy it.*)

The final part of our journey brought us to the Shrine of Divine Mercy in Krakow. We visited the tomb of Saint Maria Faustina Kowalska, an apostle of Divine Mercy. Through her, "the Lord Jesus communicates to the world the great message of God's mercy and reveals the pattern of Christian perfection based on trust in God and on the attitude of mercy toward one's neighbors."

In August of 2002, St. John Paul II made his last pilgrimage to Poland to dedicate the Shrine of Divine Mercy. In his homily, he said, "How greatly today's world needs God's mercy ... Today, therefore, in this Shrine, I wish to solemnly declare to entrust the world to Divine Mercy. I do so with the burning desire that the message of God's merciful love, proclaimed here through St. Faustina, may be made known to all the peoples of the earth and fill their hearts with hope. May this message radiate from this place to our beloved homeland and through the whole world. May the binding promise of the Lord Jesus be fulfilled: from here there must go forth 'the spark which will prepare the world for the Lord's final coming.' This spark needs to be lighted by the grace of God. This fire of mercy needs to be passed on to the world. In the mercy of God the world will find peace and mankind will find happiness."

"O my Jesus, each of your saints reflects one of your virtues; I desire to reflect your compassionate heart, full of mercy; I want to glorify it. Let your mercy, O Jesus, be impressed upon my heart and soul like a seal, and this will be my badge in this and the future life."

(*Diary, 1242*)

JESUS I TRUST IN YOU

The pilgrimage to Poland was a blessing for all and one that will always be remembered. Thanks be to God!

Blessings,

Father Bob

Our Scholarship Recipients Explain

The Importance of Life Insurance

When a loved one passes away, it puts the whole family in turmoil. Losing a loved one is more than enough to cope with without worrying about the financial aspect of it all. An insurance policy helps ease the burden to the family. No person wants to see the financial burden fall on their family, and life insurance assures that this will not happen.

Recently, we experienced a death in our immediate family, which by itself was traumatic, but fortunately my relative had a life insurance policy which allowed the family to focus on the mourning of their loved one, not on how they were going to manage to pay for the funeral and other costs involved. They were able to honor the wishes of their loved one and not have debt looming over their heads.

Buying life insurance is the responsible thing to do.

Kassandra A. Rinker
Branch 213, Dallas, PA

LPSCU Board of Directors Announces Annual Meeting

This announcement is made to all members of the LPSCU that the Annual Meeting of the Board of Directors will convene on Friday, March 27, 2020, at 8:30 a.m. at the Holiday Inn – East Mountain Inn, Wilkes-Barre, Pennsylvania. A subsequent session will be held on Saturday, March 28.

Members wishing to submit matters for the Board of Directors to consider at this meeting are directed to send them to the attention of Theresa Kluchinski at LPSCU National Headquarters, 71 South Washington Street, Wilkes-Barre, PA 18701 or P.O. Box 32, Wilkes-Barre, PA 18703. All correspondence relative to this Annual Meeting should be received no later than February 15, 2020.

CALL TO THE 42nd NATIONAL LPSCU CONVENTION

June 26-28, 2020
Washington, Pennsylvania

In accordance with LPSCU By-Law Article VIII Section 2(k), I hereby issue a call for the 42nd National Convention of the Ladies Pennsylvania Slovak Catholic Union to convene on Saturday, June 27, 2020, at the Double Tree by Hilton, Washington, Pennsylvania. Registration of delegates will begin on Friday, June 26, at a time to be announced.

CONVENTION

LPSCU Constitution Article VII Section 1: The National Convention is the highest governing body of the LPSCU.

LPSCU Constitution Article VII Section 2: The National Convention consists of the National Board Directors, Honorary Officers, Court of Appeals, and the delegates sent by various Branches.

DELEGATES

LPSCU By-Law Article XI:

Section 1 – Each Branch in good standing, having at least 10 members, will be entitled to have a delegate at the National Convention. Any one Branch may have no more than fifteen (15) delegates.

Section 2 – Each Branch determines traveling expenses and daily allowances for its delegates. The LPSCU will pay the delegate's expense for hotel and meals during the time spent at the National Convention. Each Branch having between 10 and 50 members, inclusive, is entitled to one delegate; 50 plus 1 member – two delegates; 100 plus 1 members – three delegates; 150 plus 1 members – four delegates, etc. The delegate must be elected by a simple majority of the members present at a regular or special Branch meeting. The delegate's application must be returned by the time designated. The number of members in good standing is designated according to the membership list held by the Secretary-Treasurer from the sixth month previous to the National Convention.

Section 3 – Each Branch has the opportunity to elect alternates to represent its Branch at the National Convention in the event of unforeseen circumstances preventing an elected delegate from attending the National Convention.

Section 4 – A delegate to the National Convention must be 18 years of age, an active member in good standing, and duly elected at the regular or special meeting of the Branch in which they hold membership.

LPSCU Constitution Article VII:

Section 5 – The Credential Committee meets prior to the opening of the National Convention and submits a report to the National Convention regarding the number of registered delegates. The National Convention is the sole judge of the qualifications of its delegates and may refuse or grant any person the right to be a delegate.

Fraternally,

Theresa A. Kluchinski
National President

ATTENTION!

ALL MEMBERS ASPIRING FOR LPSCU NATIONAL OFFICE

According to the Official Minutes of the Board of Directors' Semiannual Meeting held in Gettysburg, Pennsylvania, on September 18-19, 2015, it is required that any member with aspirations for National Office must request an Intent Form from the Home Office. According to the LPSCU Bylaws, the qualifications for candidates are set forth in Article III:

Section 2. A candidate for office must be at least 21 years of age, an active member, and be present as a delegate at the National Convention.

Section 3. No two immediate family members can serve as an Officer of the LPSCU during the same term of office. Immediate family is defined as: grandparent, parent, spouse, or sibling.

Section 4. A member or delegate who is a National Officer/Director/Board Member of another fraternal benefit society may not hold office of the LPSCU.

Section 10. No hired employee of the LPSCU shall be eligible to hold any National Office in the LPSCU while so employed, with the exception of the office of Secretary-Treasurer.

Section 11. Since the position of President is full time, working out of the Home Office, nominations for this position will not be made from the floor. Nominations for this position are by written application, stating the nominee's qualifications, personal background, and history. Applications must be submitted to the Home Office two months prior to the National Convention. The National Board of Directors will verify these qualifications by use of personal interviews, a professional investigating company, or any other means. From these applications, the National Board of Directors shall recommend to the Nominating Committee candidates qualifying for the position of President. In the event the National Board of Directors cannot recommend a qualified candidate to the Nominating Committee, a search committee will be appointed by the National Convention to fill the vacancy.

Section 12. While nominations from the floor are to be accepted for all National Offices, excluding the position of President and the hired position of Secretary-Treasurer, upon acceptance of the nomination, nominee will provide a resume to the delegates of the National Convention, containing personal background, history, and past experience to prove their qualifications for the office to which they have been nominated.

The completed Intent Form must be returned to the Home Office with a postmark no later than May 1, 2020, with the exception of the Intent Form for the President position, which is to be returned to the Home Office with a postmark no later than April 15, 2020.

Monsignor Francis J. Beeda Honorary Spiritual Advisor

Monsignor Francis Joseph Beeda, 82, pastor Emeritus of St. Joseph Church and the former St. Stanislaus Church, Hazleton, Pennsylvania, died Saturday, Oct. 12, 2019, at Allied Services Meade Street Senior Community (formerly Little Flower Manor), Wilkes-Barre, Pennsylvania.

Monsignor was born in Scranton, Pennsylvania, son of the late Roman and Anna Duchak Beeda. He received his early education in the Scranton public schools. He studied for the priesthood at the University of Scranton, Christ the King Seminary, St. Bonaventure, New York, and North American College, Rome, Italy. He was ordained at St. Peter's Basilica in Rome by Archbishop Martin O'Conner D.D., rector of North American College, on Dec. 20, 1961. He then returned to his studies and received his Licentiate of Sacred Theology at Gregorian University, Rome, in June of 1962.

Monsignor was named Prelate of Honor of his Holiness on March 17, 1983.

During his priestly life, Monsignor Beeda served as assistant pastor at St. Patrick's Parish, Wilkes-Barre, St. Joseph's Parish, Nanticoke, Pennsylvania, and Sacred Heart of Jesus Parish, Wilkes-Barre. He was appointed administrator of Sacred Heart in 1974. His first pastorate was at Sacred Heart of Jesus, Wilkes-Barre, where he served for 11 years before being named pastor of St. Joseph Church, Hazleton, in 1985. In July 2006, he became pastor of St. Stanislaus, Hazleton, while maintaining his pastorate duties at St. Joseph's.

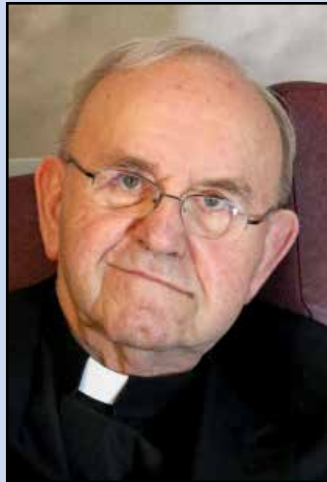
Monsignor served as a part-time professor at St. Pius X Seminary, Dalton, Pennsylvania, and College Misericordia, Dallas, Pennsylvania. He was appointed regional moderator of the Diocesan Vocation Program for the Greater Wilkes-Barre area and Chairman of Region VII for the "Follow Christ" Program.

Following a stroke, Monsignor Beeda retired in May 2009 and resided at Little Flower Manor, Wilkes-Barre.

Some of his greatest contributions to the Diocese came through his work with the Slovak priests and people. He was coordinator of the annual SS. Cyril and Methodius Appeal collection of the Slovak Catholic Federation held in Slovak parishes of the Diocese and served as Chaplain and Spiritual Advisor of the Slovak Catholic Sokol, a group formed to aid Slovak immigrants to the United States. In 2003, Monsignor Beeda was granted the title of "Honorary Supreme Officer" of the Slovak Catholic Sokol and was named their Fraternalist of the Year in 2009.

He also served as National Spiritual Advisor to the Ladies Pennsylvania Slovak Catholic Union from 1973 to 1992, after which he was named Honorary Spiritual Advisor. The LPSCU's Monsignor Beeda District was organized and named in his honor in May of 1986.

Monsignor Beeda also held membership in the First



**Monsignor
Francis J. Beeda**

Catholic Slovak Ladies Association, the First Catholic Slovak Union (Jednota), the National Slovak Society (through the First Slovak Wreath of the Free Eagle) and the Polish Union of the U.S.A.

Monsignor was a life member of the North End Slovak Citizens Club. He was a 4th Degree Member of the Knights of Columbus, Assembly 925 (Wilkes-Barre) and a member of the International Order of the Alhambra, in Alhambra 4. He was co-founder of the Slovak Heritage Society of Northeast Pennsylvania.

Ever proud of his ethnic heritage, Monsignor Beeda was a strong advocate and supporter of the Catholic church in Slovakia, having welcomed many members of the Slovak church hierarchy to the United States. He was honored to include among his dear friends, Cardinal

Jozef Tomko, Prefect Emeritus of the Congregation for the Evangelization of the Peoples, Rome, Italy. Until the time of his death, Monsignor Beeda served as a member of the national board of the Slovak Catholic Federation and was active with the work of the Conference of Slovak Clergy, which provides financial support to the Pontifical Slovak College of SS. Cyril and Methodius in Rome.

Monsignor Beeda maintained many deep friendships with people in Slovakia and visited the Slovak Republic many times throughout the years. It was in this capacity that he was invited to attend a celebration in Slovakia marking World Communications Day and the 130th anniversary of the birth of Father Joseph Murgas. He had the honor of presenting Proclamations from the mayor of Wilkes-Barre, Lee Namey, and the president of Group 7 SCS, Michael Horvath, to the mayor of Tajov, Slovakia.

Monsignor Beeda was preceded in death by his sister, Lois Savero, and brother, Thomas Beeda.

He is survived by the following nieces and nephews: Michelle Torquato and her husband, Frank, Scranton; Thomas Savero and his wife, Linda, Scranton; William Beeda, Florida; Thomas Beeda and his wife, Linda, Florida; Mark Beeda, Florida; Richard Beeda, Florida; his sister-in-law, Jacqueline Beeda, Florida; and many great-nieces and great-nephews.

The viewing took place on Wednesday, October 16, in St. Joseph's Church (Parish of SS. Cyril and Methodius), Hazleton. A solemn Vespers service began at 7:00 p.m. in the church.

A Pontifical Mass of Christian Burial was celebrated on Thursday, October 17 by the Most Rev. Joseph C. Bambera, D.D., J.C.L., Bishop of Scranton, in St. Joseph's Church with a viewing taking place an hour prior to the funeral Mass. The LPSCU was represented at the service by Secretary-Treasurer Mary Jo Savidge, Vice President Anita Gregory, and Trustees Dolores Evanko and James Yocum.

Interment was in Holy Family Cemetery, Throop.

The LPSCU sends its heartfelt condolences to Monsignor Beeda's family and thanks him for his many years of devoted service to our organization.

REVEREND DIANISKA DISTRICT

The Reverend Dianiska District held its fall meeting on October 27, 2019, at the North End Slovak Club, Wilkes-Barre, Pennsylvania. Debbie Adamchak welcomed everyone on behalf of host Branch 19. District President Mary Ann Ewasko opened the business meeting with the following items:

The District officers were voted in to serve for another year.

The annual Christmas party will be held on Sunday, December 1, 2019, at the Genetti Hotel and Convention Center in Wilkes-Barre, Pennsylvania.

The recipient of the District's Matching Fund project will be the Catherine McCauley Center in Plymouth, Pennsylvania. Representatives will attend the Christmas party to accept the monetary and canned goods donations. Also at the party, scholarships will be presented to two winners from Branch 7 and one from Branch 213 and the Youth Achievement Award will be presented to Marissa Jason.

A donation was approved for the North End Slovak Club for the use of their facility for our meetings.

President Ewasko also reminded the members about the upcoming LPSCU National Convention which will be held from June 26-28, 2020, in Washington, Pennsylvania.

PITTSBURGH DISTRICT

On Sunday, October 20, 2019, the Pittsburgh District held its annual card party. The event took place at St. Maximilian Kolbe Church located in Homestead, Pennsylvania. The ladies of the church served a delicious luncheon of soup, salad, and spaghetti and many wonderful desserts were donated by the Branches. Everyone that attended enjoyed the table prizes, Chinese auction, and door prizes. We look forward next year's card party and hope to see more attendees.



Pope's Cake

INGREDIENTS

2 sheets puff pastry dough (1.1 pound package, thawed)

For the Pastry Cream:

2 cups milk
3/4 cup sugar
1 teaspoon vanilla
Pinch of salt
5 tablespoons cornstarch
6 large egg yolks (beaten)

Garnish: Powdered sugar

DIRECTIONS

There are multiple steps to this recipe so this cake recipe is broken down into workable categories to help you better plan for preparation and cooking.

Bake the Puff Pastry

Gather the ingredients. Heat oven to 400 F.

Roll out each piece of puff pastry slightly to blend the seam lines, keeping it 1/4-inch thick. (Try not to warp the shape when rolling.)

Without cutting all the way through, lightly score each pastry sheet into 9 even sections. This is just a guide to be used when cutting and serving.

Sandwich each puff pastry sheet between two pieces of parchment paper and two cooling racks. This will keep the pastry flat but still flaky. If you want to bake both pastry sheets at the same time, you will need four cooling racks. Otherwise, bake them separately, using two cooling racks.

Bake 15 minutes. Remove top rack and top sheet of parchment paper. Replace rack and continue to bake until golden and crispy throughout, about 15 more minutes. Cool completely.

Make the Pastry Cream

While the puff pastry is baking, make the pastry cream. If you like a thick layer of filling, make a double batch.

In a medium saucepan, bring milk, sugar, vanilla, salt, cornstarch, and egg yolks to a boil, stirring constantly with a wire whisk. Reduce heat slightly and continue to boil 1 minute, stirring constantly with a wooden spoon to get in the corners.

Take the pan off the heat and plunge it into an ice-water bath or, if you have lumps, strain it through a sieve into a pan or heatproof bowl set in ice water.

Do not chill the pastry cream. It will be poured hot over the baked puff pastry.

Assemble the Kremówka

Using a 13 x 9-inch pan as a mold, place one layer of cooked puff pastry in the bottom of the pan. Pour hot pastry cream over it, and place the second layer of cooked puff pastry with the cutting-guide marks on top.

Refrigerate until set. When ready to serve, using the prescored marks as guides, cut into 9 pieces. Dust each piece with powdered sugar. Serve and enjoy.

Refrigerate the leftovers and enjoy the cake within three to four days.

Rev. Dianiska District Makes Donation in Honor of LPSCU's 120th Anniversary

At their October 27, 2019 meeting, members of the Reverend Dianiska District and from Branches 6, 7, 19, 213, and 214 joined together in a Matching Fund event celebrating the 120th Anniversary of the LPSCU by donating to Dress for Success.

Checks were presented to Kathy Tkaczyk, a volunteer from Dress for Success, an organization that promotes the economic independence of women by providing professional attire, a network of support, and the career development tools to help women thrive in work and in life. In addition to helping women secure employment by providing clothing and polishing interview skills, Dress for Success also furnishes women with a week's worth of clothing to get them started in their new career once they are hired.



Seated, from left: Debbie Adamchak, secretary of Branch 19; Kathy Tkaczyk of Dress for Success; Mary Ann Ewasko, District president and secretary of Branch 6; Margaret Jollimore, national trustee and secretary of Branch 94. Standing, from left: Eleanor Kluchinski, Branch 6; Kay Haddock, Branch 7; Jean Kapral, Branch 19; Theresa Kluchinski, national president and secretary of Branch 213; Janet Marley, secretary of Branch 214; Pat Weiksner, Home Office Branch; Judy Brzostek, Branch 94; Bernie Walchek, Branch 213; and Gavin Jollimore, Branch 94.

Msgr. Beeda District Announces Meeting

The Msgr. Beeda District will hold a meeting on Tuesday, March 17, at Perkins Restaurant, Route 93, West Hazleton, Pennsylvania. The meeting will commence at 6:00 p.m. Please contact Anita Gregory (570-788-3263) if you plan to attend.

Minutes of the Executive Finance Committee

November 20, 2019 ❖ Home Office, Wilkes-Barre, Pennsylvania

President Theresa Kluchinski called the meeting to order and offered a prayer, followed by the Pledge of Allegiance. Attendees were: Theresa Kluchinski, president; Anita Gregory, vice president; Mary Jo Savidge, secretary-treasurer; and Mary Ann Ewasko, chairperson of trustees.

The committee reviewed and accepted the Minutes from the August 20, 2019 Executive Finance Committee meeting with no changes.

Correspondence/Requests

The committee acknowledged the correspondence read and approved the following:

- ❖ Western Pennsylvania Slovak Radio Hour requesting an ad and tickets for the 37th Annual Dinner Dance. *Approved a full-page ad and two tickets.*
- ❖ University of Pittsburgh, Slovak Studies Program, requesting an ad in the 29th Annual Slovak Heritage Festival Program Book. *Approved a full-page ad.*
- ❖ Benedictine High School requesting an ad for the 18th Annual Blue and White Gala. *Approved a quarter page ad.*

Sent the \$100.00 donation for the Children's Hospital Drive in Pittsburgh, Pennsylvania, that was approved at the August 20, 2019 meeting.

Branch 42 Members Attend Slovak Radio Hour Dinner-Dance

Several members of Branch 42 of the Pittsburgh District were in attendance for the Western Pennsylvania Slovak Radio Hour's 37th Annual Dinner-Dance held on Sunday, October 27, 2019, at the Westwood Golf Club, West Mifflin, Pennsylvania. The event was hosted by Sue and Rudy Ondrejco. "The Gypsy Stringz" entertained the crowd with traditional Slovak music. There was a Chinese Auction table loaded with baskets donated by the various Slovak groups. A wonderful time was had by all who attended.



From left, Mary Heckel, Donna Powell, Flo Witkowski, Dolores Sakal, Margaret Joschak, Chrissy Ricupero, and Richard Joschak.

Financial Statement

The committee reviewed the following checking accounts: M&T Bank – General Operating Account – The Outstanding Checklist for the M&T General Operating Account for August, September, and October 2019; the Morgan Stanley Smith Barney Checking Account for August, September, and October 2019; and the Home Office – Branch Deposit Account.

The committee reviewed the Quarterly Statement from September 30, 2019 and the Profit & Loss/Balance Sheet for August, September, and October 2019. The committee also reviewed graphs which provide a snapshot of the financial statement.

Home Office

Secretary-Treasurer Savidge reported on the following: Problem with the alarm system in the Home Office which Vector Security has resolved; Draintech performed the annual maintenance on the sewer pipes; We continue with advertising in Catholic newspapers in Scranton, Allentown, and Pittsburgh, Pennsylvania, and Chicago, Illinois and also advertise on the monitor at the ER at General Hospital in Wilkes-Barre, Pennsylvania. We are in the process of placing an ad on a billboard in Scranton and one in Wilkes-Barre and will look into placing billboard ads in other areas and states.

Budget

The committee was provided and reviewed the current budget and the budget for 2020.

Meeting Dates

The next meeting will be February 19, 2020.

There being no further business, the EFC adjourned.

Respectfully submitted,

Mary Jo Savidge

National Secretary-Treasurer

MARK YOUR CALENDAR!

Rev. Dianiska District Announces 2020 Meeting Dates

April 26, 2020 – Rev. Dianiska District Meeting hosted by Branch 6 at 1:00 p.m., North End Slovak Club, N. Main Street, Wilkes-Barre, Pennsylvania.

October 25, 2020 – Rev. Dianiska District Meeting hosted by Branch 7 at 1:00 p.m., North End Slovak Club, N. Main Street, Wilkes-Barre, Pennsylvania. Make a Difference Day will be celebrated.

December 6, 2020 – Rev. Dianiska District Annual Christmas Party hosted by Branch 213 at 1:00 p.m., Genetti Hotel and Convention Center, 77 E. Market Street, Wilkes-Barre, Pennsylvania.

Member Jennifer McKinley Weds Devin Smith

Jennifer Noelle McKinley and Devin Ryan Smith were recently united in marriage at All Saints Catholic Church in McAdoo, Pennsylvania. The ceremony was followed by a reception at Capriotti's Catering, also located in McAdoo. Following a honeymoon to Hilton Head Island, South Carolina, the couple is residing in Tamaqua, Pennsylvania. However, they will be relocating to Bluffton, South Carolina, in early 2020.

The bride is currently employed at the Wells Fargo branch in Tamaqua, and has accepted a promotion to a position at a Wells Fargo branch in Savannah, Georgia. The groom is a registered nurse working for Allied Resource Medical Staffing and has accepted a position working for Encompass Health Rehab Hospital located in Bluffton, South Carolina.

Jennifer is the daughter of Chris and Deborah McKinley of Tamaqua and the granddaughter of Alfred and Kathleen Korutz of Whitehall, Pennsylvania. She is also the granddaughter of the late Christiaan and Clara McKinley. Devin is the son of Glenn and Cherie Smith of Tamaqua. Jennifer is a member of Branch 197, Wilkes-Barre, Pennsylvania.

The LPSCU extends congratulations and best wishes to Jennifer and Devin on their marriage. We wish them good health and happiness throughout their life together.



Jennifer and Devin Smith
(Photograph by Rachel Imschweiler)



Rev. Dianiska District Holds Matching Fund Event

The Reverend Dianiska District held its annual Christmas party on Sunday, December 1, 2019. At the event, members and guests donated \$400 from a special raffle held in conjunction with the LPSCU's Matching Fund program. The proceeds from the raffle were donated to the Catherine McCauley Center in Plymouth, Pennsylvania.

Susan Worth



District officers, L-R: Treasurer Debbie Adamchak, President Mary Ann Ewasko, and Vice President Margaret Jolimore with the donation check.



Jennifer and her mom, Deborah McKinley, who is national public relations director of the LPSCU and also a member of Branch 197.
(Photograph by Rachel Imschweiler)

Contributors, Please Note...

When sending articles for publication, always provide the Public Relations Director a phone number or email address in case of questions.



**We just enrolled in the
LPSCU Guaranteed Issue Program.**

HAVE YOU?

We are providing our loved ones with added protection!

- Guaranteed Issue Program is for all members age 40-75.
- Guaranteed lifetime coverage of \$5,000 or \$10,000 through our 3-pay plan.
- No medical questions will be asked.
- Details will arrive in the mail near your certificate's anniversary date. No member will ever be refused.
- This is a limited time offer!

GUARANTEED ISSUE

for all members age 40 to 75

**Congratulations
to our 2019
Post Graduate
Award
Recipient**



ANNELIESE DAHMS
Philadelphia, Pennsylvania

Master of Social Services
Bryn Mawr College
Graduate School
of Social Work
and Social Research
Bryn Mawr, Pennsylvania
Branch 7, Exeter, Pennsylvania

**Photograph
Info**

When submitting digital photos for publication in the *Morning Star*, please save them as separate files sent as attachments to your text copy, not as part of the text copy itself. For best results, photos should be saved in **jpg** format, not as Word files.

**EDITORIAL
NOTICE**

The editor reserves the right to edit submissions to *Morning Star* in order to correct grammatical or spelling errors, delete repetitions, clarify ideas, or reduce the amount of copy and/or photos to fit available space.

**Attention All Members
CONVENTION DELEGATE NOTICE**

Any LPSCU member interested in being a delegate to the National Convention at the Doubletree by Hilton in Washington, Pennsylvania, on June 26-28, 2020, should contact their Branch Representative before March 20, 2020. If you, as a member, do not know who your Branch Representative is, contact the Home Office for the information: Home Office toll free phone 888-834-6614; e-mail lpescu@lpescu.org; fax 570-823-4464. Additional information regarding the National Convention and LPSCU Branches can be found on our website at www.lpescu.org.

**Ladies Pennsylvania Slovak Catholic Union
3rd Quarter Report**

| Assets | 3rd Quarter 2019 | 3rd Quarter 2018 |
|-------------------------|-------------------------|-------------------------|
| Investments..... | \$ 15,203,369.00 | \$ 15,659,198.00 |
| Cash on Deposit | \$ 685,340.00 | \$ 367,828.00 |
| Real Estate Owned | \$ 113,557.00 | \$ 118,336.00 |
| Other Assets | \$ 53,847.00 | \$ 62,974.00 |
| Totals | \$ 16,056,113.00 | \$ 16,208,336.00 |

| Liabilities & Fund Balance | 3rd Quarter 2019 | 3rd Quarter 2018 |
|--|-------------------------|-------------------------|
| Fund Balance | \$ 3,885,927.00 | \$ 4,019,737.00 |
| Interest Maintenance Reserve | \$ 47,373.00 | \$ 54,935.00 |
| Asset Valuation Reserve | \$ 391,211.00 | \$ - |
| Amt. Retained as Trustee | \$ 121,151.00 | \$ 129,242.00 |
| Aggregate Reserve-Life Certificates..... | \$ 11,450,642.00 | \$ 11,305,318.00 |
| Other Liabilities | \$ 159,809.00 | \$ 699,104.00 |
| Totals | \$ 16,056,113.00 | \$ 16,208,336.00 |

| Revenues | 3rd Quarter 2019 | 3rd Quarter 2018 |
|------------------------|-------------------------|-------------------------|
| Premium Income | \$ 152,755.00 | \$ 122,963.00 |
| Investment Income..... | \$ 575,579.00 | \$ 627,568.00 |
| Income - Other | \$ 19,424.00 | \$ 25,670.00 |
| Totals | \$ 747,758.00 | \$ 776,201.00 |

| Expenses | 3rd Quarter 2019 | 3rd Quarter 2018 |
|--|-------------------------|-------------------------|
| Death Claims | \$ 258,776.00 | \$ 250,122.00 |
| Endowments | \$ 5,717.00 | \$ 64,235.00 |
| Cash Surrenders | \$ 66,919.00 | \$ 40,048.00 |
| Annuity Benefits | \$ 13,863.00 | \$ 17,277.00 |
| Dividends | \$ - | \$ - |
| Increase in aggregate reserves..... | \$ 74,000.00 | \$ 9,000.00 |
| Branch Support/Commissions | \$ 3,297.00 | \$ 2,086.00 |
| General Operating Expenses | \$ 281,678.33 | \$ 261,214.23 |
| Officers and Committee Expenses | \$ 19,113.11 | \$ 23,559.62 |
| Actuarial/Accounting Expense..... | \$ 66,435.00 | \$ 58,500.00 |
| Investment Mgt. Fee | \$ 52,569.00 | \$ 17,258.58 |
| Official Publications..... | \$ 43,245.62 | \$ 41,718.55 |
| Travel Expense | \$ 6,054.07 | \$ 6,487.36 |
| Bureau and Association Dues | \$ 5,850.00 | \$ 3,700.00 |
| Donations..... | \$ 6,085.80 | \$ 6,212.74 |
| Scholarships | \$ 4,950.00 | \$ 4,057.00 |
| Fraternal Activities..... | \$ 8,732.07 | \$ 6,463.92 |
| Insurance Taxes, Licenses & Fees | \$ 54,491.00 | \$ 27,606.00 |
| Sub Total | \$ 971,776.00 | \$ 839,546.00 |

| | | |
|---------------------------------------|------------------------|-----------------------|
| Net Gain/Loss From Operations..... | \$ (224,018.00) | \$ (63,345.00) |
| Net Realized Capital Gain (Loss)..... | \$ (45,737.00) | \$ 2,093.00 |
| Totals | \$ (269,755.00) | \$ (61,252.00) |

Msgr. Beeda District Wraps Up Successful Candy Fundraiser

The Msgr. Beeda District was busy this past summer selling Hershey candy bars to family, friends, and co-workers. This Hershey fundraising project was held in conjunction with the LPSCU Matching Fund program. Our Hershey candy sale was a huge success due in part to people looking for last minute gift ideas or to just grab some chocolate for themselves!

The proceeds from this project will benefit the children from United Children's Home in West Hazleton, Pennsylvania. A check in the amount of \$300 raised by the District was presented to Tracy Zapotocky, program director, on November 18, 2019. This enabled the Home time to purchase the items they needed for Christmas. They planned to buy all new games for their game room for the boys with the money we gave them. Tracy said they greatly appreciate everything we do for their boys.

The final candy sale of this project was held after all Masses on the weekend of December 7-8, 2019, at SS. Cyril and Methodius Parish in Hazleton, Pennsylvania. Monies raised will also be given to United Children's Home.

Thank you to everyone who graciously supported this project. We truly appreciate your kindness and generosity.



United Children's Home Program Director Tracy Zapotocky (back row, left) and some of the Home's residents accept a donation check from District President Anita Gregory (second from right) and Bobby Kupsho (right).

ELECTION OF DELEGATES Branch 90 (Johnstown, PA) and Branch 213 (Wilkes-Barre Area)

Members of Branch 90 (Johnstown, Pennsylvania) and Branch 213 (Wilkes-Barre/Dallas, Pennsylvania area) who are interested in representing their Branch as a Delegate to the LPSCU National Convention at the Doubletree by Hilton in Washington, Pennsylvania, to be held June 26-28, 2020, are instructed to contact Branch Representative Theresa Kluchinski. You may call 570-829-5410, email tkluchinski@aol.com or write to 446 Mountain Oaks Drive, Laurel Run, PA 18706. ALL REQUESTS MUST BE RECEIVED OR POSTMARKED BY MARCH 20, 2020.



LPSCU
EDUCATIONAL
BENEFIT

2020 COLLEGE AWARD

**\$500 ONE-TIME
AWARD**

The LPSCU is offering a \$500, one-time College Award to our members who will be attending college during the 2020-2021 academic year. A total of 25 College Awards will be granted.



These are the guidelines for those applying for this award:

- Applicants must be a member of the LPSCU for two (2) years with at least a \$2,000 permanent reserve life insurance plan (excludes term insurance).
- Applicants must be a high school senior or college freshman, sophomore, or junior.
- High school seniors must provide a letter of recommendation from a school representative (ex: teacher, guidance counselor, or principal).
- High school applicants must submit an official transcript from their school that includes test scores; College students must submit documentation indicating latest overall GPA.
- Applicants must provide a detailed list of extracurricular activities, honors, and awards.
- Applicants must provide a detailed list of church, community, volunteer, and work activities including honors and awards, with reference(s) included.
- Applicants must be attending an accredited college/university on a full time basis for the 2020-2021 academic year and must submit proof of acceptance for the Fall 2020 semester.
- Applicants must submit a brief essay (no more than 200 words) on the topic "Why is life insurance important?"
- Applicants must provide a wallet-size color photo.

In order for an applicant to be eligible, all criteria outlined above must be met and all requested data provided. Applications with incomplete data or missing requirements will not be considered. All submitted materials become the property of the LPSCU and will not be returned. The LPSCU reserves the right to publish the applicant's entire essay or excerpts thereof, at its own discretion, in its official publication, *Morning Star*.

Applications are available from the LPSCU Home Office or its website. **Applications must be postmarked by April 30, 2020.** Submit applications to:

**LADIES
PENNSYLVANIA
SLOVAK CATHOLIC
UNION**

P.O. Box 32
Wilkes-Barre, PA 18703

Phone: 570-823-3513
Toll free: 888-834-6614
Fax: 570-823-4464

E-mail: lpscu@lpscu.org
Website: www.lpscu.org



Tunney-Schafer Family's Pittsburgh Holiday

Three generations of the Tunney family gathered in Pittsburgh, Pennsylvania, in June 2019 for a fun, activity-filled weekend. Helen Schafer and John Tunney are the children of the late Jack and Rose Tunney. Rose was the long-time Secretary of Pittsburgh Branch 172.

John lives in Pittsburgh, as well as his children: daughter Rev. Heather Schoenewolf, with husband David and son Noble; daughter Erin Tunney, PhD, with husband Paul Mullan and children Rose and Aidan; and daughter Kate Tunney, with husband Greg George and sons Owen and Dylan.

Helen and her husband John Avazier traveled from Tucson, Arizona. Her son, David Schafer, with wife Jackie Schafer, DDS, and sons Luke and Jude traveled from Boulder, Colorado. Helen's other son, Jesse Schafer, MD, and wife Maya Ilowite, MD, traveled from Boston, Massachusetts. Jesse and Maya were expecting their first child at the time. (Their daughter, Hazel, was born in September 2019.)

The family activities included a dinner at Kiku Restaurant at Station Square to celebrate Greg's birthday, a trip to Fall-ingwater, a day at Kennywood Park, and a visit to the Warhol Museum and the Three Rivers Arts Festival at The Point. There was also plenty of time for shared meals, visiting, and reconnecting with one another. Some of the youngest generations were meeting for the first time.

It was a wonderful time together. Everyone had a good time and promised to get together more often.



Front row, L-R: Maya Ilowite, Jesse Schafer, Erin Tunney, John Avazier, Helen Schafer, John Tunney, Noble Schoenewolf, Heather Schoenewolf, and David Schoenewolf. Back row, L-R: Paul Mullan, David Schafer, Jackie Schafer, Luke Schafer, Jude Schafer, Rose Mullan, Dylan George, Aidan Mullan, Owen George, Kate Tunney, and Greg George.

New Insurance Issued

| Branch | Branch Representative | Sept./Oct. 2019 | Year-to-Date Total |
|--------|-----------------------|-----------------|--------------------|
| 19 | Deborah Adamchak | \$ 10,000.00 | \$ 10,000.00 |
| 64 | Susan Ondrejco | \$ 10,000.00 | \$ 15,000.00 |
| 132* | Theresa Kluchinski | \$ 10,000.00 | \$ 10,000.00 |
| | | \$ 30,000.00 | \$ 35,000.00 |

*Sold through Home Office, not included in Campaign

Rev. Dianiska District "Makes a Difference"

At their October 27, 2019 meeting, members of the Reverend Dianiska District held a Matching Fund event to benefit the Catherine McCauley Center in Plymouth, Pennsylvania. The activity served as the District's "Make a Difference Day" project for 2019.

The project actually began long before the meeting when members were asked to collect cleaning supplies and other needed items for the Catherine McCauley Center. At the meeting, the donated items as well as checks from the District and Branches 6 and 7 were presented to Barbara Lewis, recently appointed coordinator of the Center. Ms. Lewis attended the meeting to accept the donations and to thank the members for their generosity, which she had heard so much about from her predecessors.



Seated, from left: Debbie Adamchak, Mary Ann Ewasko, Barbara Lewis, and Margaret Jollimore. Standing, from left: Kay Haddock, Susan Worth, Janet Marley, Jean Kapral, Pat Weiksner, Judy Brzostek, Bernie Walchek, Eleanor Kluchinski, and Gavin Jollimore.

Have Any News?

We welcome any news concerning honors, awards, or outstanding achievements received by our members, life events of our members (confirmations, graduations, weddings, promotions, etc.), news on a Branch or District social, or any letters, articles, or information of interest to our members.

Contact Debby McKinley, Public Relations Director
39 Lafayette Avenue, Tamaqua, PA 18252
or email zornicka@lpescu.org

**Get involved in the LPSCU – Meet new friends!
Attend Branch & Okres meetings!
Sign up a new member!**

Branch 64 Holds Matching Fund Event

On September 28, 2019, Branch 64 held a Matching Fund auction benefitting Dress for Success Pittsburgh® at Septemberfest, an event hosted by the National Slovak Society Heritage Museum in McMurray, Pennsylvania. A Chinese auction was held with the proceeds going to Dress for Success Pittsburgh®. Themed auction baskets included Vera Bradley items, spa items, a Halloween basket, and a Christmas basket, among others. The total amount raised was \$249. Thanks to Mary Ann Kaylor and Helen Lorinc for volunteering during the event.

Dress for Success Pittsburgh® promotes the economic independence of women by providing professional attire, a network of support, and the career development tools to help women thrive in work and in life.



Branch 64 Secretary-Treasurer Susan Ondrejco pauses for a picture with the various baskets to be auctioned off.

Calendar of Events

continued from page 2

29 – LPSCU Mid-Year Board Meeting

JULY

20 – Deadline to submit articles for September/October *Morning Star*.

SEPTEMBER

13-22 – Join Father Bob Seeman for a trip to The Holy Land. For more information go to www.pilgrimages.com/frseeman/holyland or see notice on page 24.

20 – Deadline to submit articles for November/December *Morning Star*.

21-22 – Slovak Catholic Federation's Fall Meeting, Youngstown, Ohio

OCTOBER

25 – Rev. Dianiska District Meeting at 1:00 p.m. at the North End Slovak Club, N. Main Street, Wilkes-Barre, Pennsylvania. Branch 7 will host. Make a Difference Day will be celebrated.

25-27 – Pennsylvania Fraternal Alliance Meeting

NOVEMBER

20 – Deadline to submit articles for January/February 2021 *Morning Star*.

DECEMBER

5 – LPSCU Board Meeting (Telephone Conference)

Saints Cyril and Methodius 2019 Appeal Concludes

The 2019 Saints Cyril and Methodius Appeal concluded on November 30, 2019. On behalf of the Pontifical College of Saints Cyril and Methodius in Rome, the beneficiary of the Appeal, THANK YOU to everyone who donated. The College is the residence of priests from Slovakia who are sent to Rome by their bishops for graduate studies. After receiving their degrees, these priests return to their dioceses to work as secondary teachers, Tribunal officials, and in other ministries. The 2019 Appeal received 183 donations amounting to \$32,709.73.

With fewer Slovak parishes, the Appeal relies upon individual donations. In fact, 59% (108 of 183) of the donations and nearly 24% of the amount collected (\$7,763 of \$32,709.73) came from individuals, including members of the clergy.

A special word of thanks is extended to the Ladies Pennsylvania Slovak Catholic Union, which donated a total of \$675 to the 2019 Appeal. Donations were received from the LPSCU Home Office as well as from Branch 6, Wilkes-Barre, Pennsylvania; Branch 19, Swoyersville, Pennsylvania; Branch 24, Windber, Pennsylvania; and the Rev. Dianiska District, Wyoming, Pennsylvania.

A direct mailing for the 2020 Appeal is being prepared and will be sent to leaders of fraternal branches and districts, clergy of Slovak heritage, members of the Slovak Catholic Federation, and others who have made donations to the Appeal in the past. Donations to this year's Appeal may be made by filling out the information in the box at the bottom of this article and mailing it, along with your check payable to the Slovak Catholic Federation, to the address provided. All donors receive an acknowledgement for their gift. Thank you for your goodness and generosity. Donations received after November 30, 2020, will be credited toward the 2021 Appeal.

The Slovak Catholic Federation, founded in 1911, brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak fraternal organizations for cultural, religious, and educational needs. Serving as Moderator is the Right Reverend Gary Hoover, O.S.B., abbot of St. Andrew Svorad Abbey, Cleveland, Ohio. National President is Reverend Andrew S. Hvozdic, V.F., supreme chaplain of the Slovak Catholic Sokol and pastor of Epiphany Parish, Sayre, Pennsylvania. Reverend Thomas A. Nasta, national chaplain of the First Catholic Slovak Union and pastor of Sacred Heart Parish, Swedesburg, Pennsylvania, serves as First Vice President of the Federation and is the Appeal Coordinator.

42nd Annual SS.C.M. Appeal

Name _____

Address _____

City _____ State _____ Zip _____

Amount \$ _____

Please make check payable to

Slovak Catholic Federation and mail to:

Rev. Thomas A. Nasta
First Vice President, Slovak Catholic Federation
Sacred Heart Catholic Church
120 Jefferson Street, Swedesburg, PA 19405

Sisters of SS. Cyril and Methodius Mark Jubilee Anniversaries

The Sisters of Saints Cyril and Methodius in Danville, Pennsylvania, recently celebrated the Jubilees of some of their members. The Sisters celebrating jubilee anniversaries currently serve in the Archdiocese of New York and in the Dioceses of Scranton and Harrisburg, Pennsylvania.

The celebration included a Liturgy in the Basilica of Saints Cyril and Methodius followed by a dinner to which the friends, family, and Community members of the Sister celebrants were invited. Concelebrating the Liturgy were Msgr. Thomas Kelly and Rev. William Petruska, both from the Diocese of Scranton; Rev. John Cyriac, MSFS, chaplain at Maria Joseph Manor and Geisinger Medical Center, Danville, Pennsylvania; Rev. Steven Frenier, OFM Conv., pastor at Our Lady of Hope Parish in Coal Township, Pennsylvania; Rev. Fred Wangwe, AJ, pastor at St. Monica Parish in Sunbury, Pennsylvania; Rev. Andrew Hvozdovic, pastor at Epiphany Parish, Sayre, Pennsylvania;

Msgr. Beeda District Concludes Matching Fund Event

In conjunction with the celebration of the LPSCU's 120th Anniversary year, the Msgr. Beeda District held a Matching Fund 50/50 Raffle to benefit Dress for Success of Luzerne County, an organization that promotes the economic independence of women by providing them with professional attire, a network of support, and the career development tools to help them thrive in the workplace and in life. The LPSCU will match the funds raised through its Matching Fund program. The winner of the 50/50 raffle was Heather Rosato-Racek.

On November 20, 2019, a check for \$150 was presented to Linda Armstrong from Dress for Success. The organization was extremely grateful for the donation.

Thank you to everyone who supported this project and helped in any way, and especially Father Michael Piccola and the parishoners of SS. Cyril and Methodius Parish in Hazleton, Pennsylvania.



Msgr. Beeda District President Anita Gregory (center) presents a check to Dress for Success Program Director Linda Armstrong (right). Volunteer Kathy Tkaczyk is pictured on the left.

Rev. Ryan Fischer, pastor at Divine Redeemer Parish, Mount Carmel, Pennsylvania; and Rev. Augustine Joseph, MSFS, vicar at St. Joseph Parish in Danville and chaplain at Danville State Hospital.

Sister Barbara Sable, SS.C.M.



Pictured at the Liturgy are, from left, Rev. William Petruska, Rev. Andrew Hvozdovic, and Rev. Ryan Fischer.



L-R: Sisters Pamela Smith, Mary Anne Nemec, and Irene Marie Gaydos prepare for the entrance procession before the Jubilee Liturgy.



Seated, L-R: Sister Marguerite Hruby (60 years), Sister Irene Rose Kmetz (65 years), Sister Susan Polchin (70 years), Sister Maria Theresa Hronec (60 years), Sister John Vianney Vranak (65 years), Sister Margaret Mary Fest (55 years), and Sister Cynthia Marie Gazdo (55 years). Standing, L-R: Sister Thomas More Dzurnak (55 years), Sister Rosanne Kmetz (65 years), Sister Joseph Therese Pohorenc (60 years), Sister Philothea Fabian (55 years), Sister Michael Ann Orlik (50 years), Sister Mary Beth Makuch (50 years), Sister Sara Swayze, (50 years), and Sister Suzanne Duzen (50 years).

LPSCU 20 PAYMENT LIFE INSURANCE PLAN

The 20 Payment Life Insurance Plan offered by the LPSCU is an economical and beneficial plan for anyone age 0 to 70. The ages and limits of insurance coverage for Non-Medical Rates are: 0-40, \$30,000; 41-60, \$20,000; 61-70, \$5,000. The LPSCU reserves the right to require a medical examination on any applicant.

Premiums are low and can be paid monthly, quarterly, semi-annually, or annually. The specific feature of this plan is that premiums are paid for a period of twenty years and then the certificate is paid in full. Coverage remains in full force and effect for the entire life of the insured without any additional premium payments required. In the event of death prior to twenty years, the face amount of the policy is paid to the insured's named

beneficiary(ies), except as provided within the contract regarding Suicide and Contestability.

A member with a 20 Payment Life Insurance Plan is entitled to all fraternal benefits of the LPSCU including educational awards, youth and adult activities, newborn benefits, prescription discount card, official publication, and discount car rental.

To apply for this specific plan, or any other insurance plan offered by the LPSCU, contact your Branch Secretary or the LPSCU Home Office.

Listed below are the Annual and Monthly Premium Schedules for the 20 Payment Life Insurance Plan. The Premiums listed are based on \$1,000 of life insurance coverage. Semi-annual and quarterly premium rates are also available by contacting your Branch Secretary or the Home Office.

20 PAYMENT LIFE PREMIUM RATES PER \$1,000 Based on 2001 CSO Male and Female Mortality Tables

| Issue Age | Annual | | Monthly | |
|-----------|--------|--------|---------|--------|
| | Male | Female | Male | Female |
| 0 | 8.04 | 7.75 | 0.72 | 0.70 |
| 1 | 8.13 | 7.83 | 0.73 | 0.70 |
| 2 | 8.22 | 7.92 | 0.74 | 0.71 |
| 3 | 8.32 | 8.01 | 0.75 | 0.72 |
| 4 | 8.41 | 8.10 | 0.76 | 0.73 |
| 5 | 8.51 | 8.19 | 0.77 | 0.74 |
| 6 | 8.61 | 8.29 | 0.77 | 0.75 |
| 7 | 8.72 | 8.38 | 0.78 | 0.75 |
| 8 | 8.82 | 8.48 | 0.79 | 0.76 |
| 9 | 8.93 | 8.58 | 0.80 | 0.77 |
| 10 | 9.03 | 8.68 | 0.81 | 0.78 |
| 11 | 9.15 | 8.78 | 0.82 | 0.79 |
| 12 | 9.22 | 8.89 | 0.83 | 0.80 |
| 13 | 9.53 | 8.99 | 0.86 | 0.81 |
| 14 | 9.84 | 9.10 | 0.89 | 0.82 |
| 15 | 10.16 | 9.21 | 0.91 | 0.83 |
| 16 | 10.48 | 9.32 | 0.94 | 0.84 |
| 17 | 10.80 | 9.43 | 0.97 | 0.85 |
| 18 | 11.12 | 9.65 | 1.00 | 0.87 |
| 19 | 11.46 | 9.97 | 1.03 | 0.90 |
| 20 | 11.73 | 10.23 | 1.06 | 0.92 |
| 21 | 12.07 | 10.55 | 1.09 | 0.95 |
| 22 | 12.43 | 10.89 | 1.12 | 0.98 |
| 23 | 12.81 | 11.24 | 1.15 | 1.01 |
| 24 | 13.19 | 11.61 | 1.19 | 1.04 |
| 25 | 13.59 | 11.98 | 1.22 | 1.08 |
| 26 | 14.00 | 12.36 | 1.26 | 1.11 |
| 28 | 14.86 | 13.18 | 1.34 | 1.19 |
| 29 | 15.32 | 13.61 | 1.38 | 1.22 |
| 30 | 15.79 | 14.05 | 1.42 | 1.26 |
| 31 | 16.28 | 14.51 | 1.47 | 1.31 |
| 32 | 16.79 | 14.98 | 1.51 | 1.35 |
| 33 | 17.33 | 15.46 | 1.56 | 1.39 |
| 34 | 17.89 | 15.96 | 1.61 | 1.44 |
| 35 | 18.47 | 16.47 | 1.66 | 1.48 |

| Issue Age | Annual | | Monthly | |
|-----------|--------|--------|---------|--------|
| | Male | Female | Male | Female |
| 36 | 19.08 | 17.02 | 1.72 | 1.53 |
| 37 | 19.71 | 17.58 | 1.77 | 1.58 |
| 39 | 21.04 | 18.76 | 1.89 | 1.69 |
| 40 | 21.75 | 19.39 | 1.96 | 1.75 |
| 41 | 22.47 | 20.04 | 2.02 | 1.80 |
| 42 | 23.23 | 20.71 | 2.09 | 1.86 |
| 43 | 24.02 | 21.41 | 2.16 | 1.93 |
| 44 | 24.83 | 22.14 | 2.23 | 1.99 |
| 45 | 25.67 | 22.90 | 2.31 | 2.06 |
| 46 | 26.54 | 23.68 | 2.39 | 2.13 |
| 47 | 27.45 | 24.48 | 2.47 | 2.20 |
| 48 | 28.39 | 25.32 | 2.56 | 2.28 |
| 49 | 29.38 | 26.20 | 2.64 | 2.36 |
| 50 | 30.43 | 27.09 | 2.74 | 2.44 |
| 51 | 31.53 | 28.02 | 2.84 | 2.52 |
| 52 | 32.68 | 28.99 | 2.94 | 2.61 |
| 53 | 33.90 | 29.98 | 3.05 | 2.70 |
| 54 | 35.17 | 31.01 | 3.17 | 2.79 |
| 55 | 36.50 | 32.08 | 3.29 | 2.89 |
| 56 | 37.89 | 33.19 | 3.41 | 2.99 |
| 57 | 39.35 | 34.34 | 3.54 | 3.09 |
| 58 | 40.90 | 35.54 | 3.68 | 3.20 |
| 59 | 42.55 | 36.79 | 3.83 | 3.31 |
| 60 | 44.31 | 38.11 | 3.99 | 3.43 |
| 61 | 46.16 | 39.46 | 4.15 | 3.55 |
| 62 | 48.11 | 40.88 | 4.33 | 3.68 |
| 63 | 50.18 | 42.39 | 4.52 | 3.82 |
| 64 | 52.39 | 43.99 | 4.72 | 3.96 |
| 65 | 54.76 | 45.71 | 4.93 | 4.11 |
| 66 | 57.29 | 47.54 | 5.16 | 4.28 |
| 67 | 60.04 | 49.50 | 5.40 | 4.46 |
| 68 | 63.06 | 51.61 | 5.68 | 4.64 |
| 69 | 66.35 | 53.90 | 5.97 | 4.85 |
| 70 | 69.97 | 56.37 | 6.30 | 5.07 |

Attendees Enjoy Pitt's Slovak Heritage Festival

The University of Pittsburgh Slovak Studies Program and the Pitt Student Slovak Club sponsored the 29th Annual Slovak Heritage Festival in the Commons Room of the Cathedral of Learning at Pitt's Oakland Campus on November 3, 2019.

The festival featured song and dance performances by professional Slovak artists, local performing groups (the Pittsburgh Slovaks, Slavjane Folk Ensemble, and PAS), a craft demonstration by the Warhol Museum, lectures on Andy Warhol's art and the influence of his Slovak Rusyn heritage on it, as well as several other educational lectures and displays. Ethnic foods and pastries were available, and vendors sold merchandise from Slovakia and neighboring European countries.

Several members of the LPSCU attended as well as volunteered at this wonderful event.



Enjoying a Slovak feast are Branch 42 members (seated, from left) Sylvia Goda, Mike Krohmaly, Donna Powell, Duane Hovanek, and Margaret Joschak.



The Slovak kitchen was staffed by many volunteers, including Mary Heckel (center in white apron) of LPSCU Branch 42. Mary has been a faithful volunteer for many years at all Slovak functions.

Morning Star contributors,
send items to:
zornicka@lpescu.org

In Memoriam

Blessed are they that mourn, for they shall be comforted.

— Matthew v.5

| Name | Branch | Location |
|------------------------|--------|------------------|
| Raymond Brnca | 28 | Joliet, IL |
| Mary A. Delrose | 28 | Joliet, IL |
| William Templeton | 38 | Whitehall, PA |
| Joan Bruchas | 65 | Munhall, PA |
| Mary Emery | 65 | Munhall, PA |
| Edward Lutheran II* | 65 | Munhall, PA |
| Doris Carson | 77 | Lorain, OH |
| Marianne Hruskocy | 79 | Whiting, IN |
| Florence Foltin | 90 | Johnstown, PA |
| Msgr. Francis J. Beeda | 122 | Wilkes-Barre, PA |
| Carl L. Kearney* | 122 | Wilkes-Barre, PA |
| Dorothy Teller* | 122 | Wilkes-Barre, PA |
| Marie Kokinda | 124 | Hazleton, PA |
| Francis Yanac | 124 | Hazleton, PA |
| Eleanor Hnat | 132 | Campbell, OH |
| Joseph Mrofchak* | 132 | Campbell, OH |
| Margaret Penk* | 132 | Campbell, OH |
| Lawrence Kalnoskas | 197 | Wilkes-Barre, PA |
| Irene Kilius | 197 | Wilkes-Barre, PA |
| Theresa Monteforte* | 197 | Wilkes-Barre, PA |
| Elizabeth Yuko | 197 | Wilkes-Barre, PA |

*Multiple certificates

LADIES PENNSYLVANIA SLOVAK CATHOLIC UNION

Minutes of the Board Conference Call Meeting

December 7, 2019 ❖ Wilkes-Barre, Pennsylvania

Call to Order – Prayer

President Theresa Kluchinski called the meeting to order at 9:00 a.m. Spiritual Advisor Rev. Robert Seeman offered a prayer. All Board members were present.

Welcome Remarks

President Kluchinski welcomed everyone to the meeting.

Approval of Agenda/Minutes

The agenda for this meeting was approved, along with the Minutes from the September 13, 2019 Board meeting.

Correspondence

Secretary-Treasurer Mary Jo Savidge read the correspondence received since the previous meeting. There were no requests.

FSNEPA Donates to Domestic Violence Service Center

As part of their 2019 “Make A Difference Day” Project, the Fraternal Societies of Northeast Pennsylvania presented a donation to the Domestic Violence Service Center at FSNEPA’s October meeting held at the Ladies Pennsylvania Slovak Catholic Union Home Office in Wilkes-Barre, Pennsylvania. The donation was comprised of assorted household items, bed linens, towels, baby items, and health and hygiene products. All the donations will be used by the residents of DVSC’s emergency shelter and transitional housing unit.

The Fraternal Societies of Northeast Pennsylvania is a not-for-profit trade association uniting local leaders of fraternal benefit societies in Northeastern Pennsylvania. Members include the First Catholic Slovak Ladies Association, Greek Catholic Union of the USA, Ladies Pennsylvania Slovak Catholic Union, National Slovak Society, and the Polish National Union of America.



Pictured at the donation presentation are, from left, Anna Hudock, Jacqueline Barkos, Mary Ann Ewasko, John Andrzejewski, Theresa Kluchinski, Tammy Rodgers from the DVSC, Ann Dougher, Jim Yocum, Charlotte L. Androckitis, Mary Jo Savidge, and Anita Gregory.

Financial Report

Board members were provided and reviewed the following information:

- Quarterly Statement – September 2019
- Month End Balance Sheet/Revenue and Expenses Accounts Summary Market Value 2019
- Budget 2019/2020
- Transaction Summary Report

Home Office Update

Since the Board receives the Minutes from the Executive Finance Committee meetings, Secretary-Treasurer Savidge reported that the only new item was that Judith Rinker resigned on October 4, 2019. A part-time temporary employee from Express Employment Professionals started December 3, 2019.

President Kluchinski provided the Board with the following Home Office report:

- ❖ Campaign
- ❖ Guaranteed Issue
- ❖ Dividend Checks
- ❖ Profit-Sharing 401k Employee Plan
- ❖ Compliance Update

Unfinished Business

Nothing for unfinished business.

New Business

- ❖ Annuity Rate
- ❖ Branch Deposit Program Rate

Officer Reports

Reports were received from the following officers:

- ❖ Spiritual Advisor Rev. Robert Seeman
- ❖ Vice President Anita Gregory
- ❖ Chairperson of Trustees Mary Ann Ewasko
- ❖ Trustee Joan Hladek
- ❖ Trustee James Yocum
- ❖ Trustee Margaret Jollimore
- ❖ Trustee Dolores Evanko

National/State Alliance Meetings

Reports were received from the following:

- ❖ Trustee Joan Hladek provided a report from the Indiana Fraternal Alliance annual meeting.
- ❖ Vice President Anita Gregory provided a report from the Pennsylvania Fraternal Alliance meeting.
- ❖ Secretary-Treasurer Mary Jo Savidge provided a report from the Pennsylvania Fraternal Alliance annual meeting.
- ❖ Trustee James Yocum provided a report from the Pennsylvania Fraternal Alliance meeting.

Convention

President Kluchinski announced that Bishop David Zubik will be the principal celebrant and homilist at the 2020 Convention Liturgy.

The venue, Call to Convention, and a notice of officers

continued on page 21

**LADIES PENNSYLVANIA
SLOVAK CATHOLIC UNION**

71 S. Washington Street
Wilkes-Barre, PA 18701

**INFORMATION
REQUEST FORM**

If you would like information on any of our products or benefits, please complete the following information and mail the form to the address above:

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: (____) _____ - _____

Date: _____

Email Address: _____

Select how you would like to be contacted:

- Phone Email Mail

~ REQUESTED INFORMATION ~

PRODUCT

- Single Premium 3 Pay Life 5 Pay Life
 10 Pay Life 15 Pay Life 20 Pay Life
 Whole Life 20 Year Endowment
 Juvenile Estate Term (Term to 25)
 Flexible Annuity

FORMS

- Change of Address Change of Name
 Change of Beneficiary Direct Debit
 Cash Value Certificate Loan
 Cash Surrender Lost Certificate

FRATERNAL BENEFITS

- Fraternalist of the Year Award
 Youth Achievement Award Book Buy Program
 Newborn Benefit Wedding Cross

EDUCATION AWARDS

- Catholic Grade School Catholic High School
 College Post Graduate
 Ann (Shinal) Cichy Memorial Bishop Grutka
 St. John Vianney Lynda (Posivak)
 St. Andre Bessette, C.S.C. Mohlenhoff Memorial
 St. Theresa Margaret Sabol

Comments: _____

Branch 124 Hosts Breakfast

On Sunday, October 6, 2019, Branch 124 held a breakfast at Premier Catering and Events, Route 309 in Hazle Township, Pennsylvania. There were nineteen members and one guest present. The breakfast concluded with door prizes. It was a great sharing of fraternalism and a good time was had by all.



Front row, L-R: Mary Kish, Dolores Evanko, Anita Gregory, and John Gregory. Back row, L-R: Marge Stahura, Joann Stahura, Jack Guza, Cilka Nemeth, and Mary Ann Litchock.



A group of members and a guest from Branch 39 who attended the breakfast.

Cooking Corner

HALUPKI CASSEROLE

Cut 1 medium head of cabbage into bite-size pieces and put in the bottom of a 9 x 13 pan. Brown 1 lb. ground meat and drain off fat. Mix meat with 1/3 cup uncooked white rice and 1 small chopped onion. Spoon meat mixture over cabbage.

Mix 2 cans of tomato soup, 2 cans of water, 1 tsp. sugar, and 2 tsp. vinegar together. Pour over top of cabbage and meat layer.

Cover and bake at 350 degrees for 50 minutes.



LADIES PENNSYLVANIA SLOVAK CATHOLIC UNION

- ❖ The LPSCU Flexible Annuity is a flexible-premium, deferred annuity that accepts ongoing deposits of as little as \$100 per month.
- ❖ An annuity is a long-term investment where the interest earned is accumulated and compounded.
- ❖ Annuities are used to supplement retirement income, whereby at some point you stop paying into the annuity and start taking out.
- ❖ Upon maturity, LPSCU offers a number of distribution options, giving our members the convenience of selecting the one that is best suited for them.
- ❖ LPSCU's competitive interest rate is reviewed quarterly by the Board of Directors; however, your rate will never go below the guaranteed minimum rate established by the annuity contract.
- ❖ You can become a member of the LPSCU by purchasing an annuity and you can own an annuity regardless of your health status.
- ❖ Deposits can be made at your convenience!
- ❖ Minimum deposit is \$100.00.
- ❖ After the sixth year, there is no LPSCU penalty on annuity withdrawals.
- ❖ If the annuitant dies prior to settlement, funds on deposit are payable directly to the named beneficiary(ies).
- ❖ Settlement Options:
 - Payment of a specified amount.
 - Payments for a specified period.
 - Life Annuity.
- ❖ Payment options can be monthly, quarterly, semi-annually or annually, depending upon your needs.
- ❖ Prior to settlement, annuitant may withdraw the Cash Surrender Value at any time; however, the minimum withdrawal amount is \$250.00.



FLEXIBLE ANNUITY

Annual Interest Rate is 3.5%*

*Effective April 1, 2018

NOTE: Withdrawals taken prior to age 59½ may be subject to a 10% Early Withdrawal Penalty by the Internal Revenue Service.

For more information about the

LPSCU FLEXIBLE ANNUITY

contact the LPSCU Home Office or your local Branch Secretary.

71 South Washington Street | Wilkes-Barre, PA 18701

Phone 888-834-6614 | Fax 570-823-4464 | e-mail: lpscu@lpscu.org | www.lpscu.org

SS.C.M. Sisters Bestow Servant Leadership Awards

On October 27, 2019, the Sisters of Saints Cyril and Methodius in Danville, Pennsylvania, bestowed the Servant Leadership Award to 35 outstanding high school juniors and seniors from the Pennsylvania-based dioceses of Harrisburg and Scranton. The ceremony took place at the Basilica of Saints Cyril and Methodius in Danville. Over the past 17 years, the Sisters of Saints Cyril and Methodius have honored over 1,200 teens in the Dioceses of Bridgeport (CT), Charleston (SC), Chicago (IL), Gary (IN), Harrisburg (PA), Milwaukee (WI), Pittsburgh (PA), St. Louis (MO), Scranton (PA), Syracuse (NY), and Trenton (NJ) with the Servant Leadership Award.

This award recognizes distinguished high school juniors and seniors who are joyful witnesses, compassionate proclaimers, and enthusiastic builders of the Kingdom of God. The focus of the award is on teens who remain active in their faith and parish beyond Confirmation, and who actively serve in their parish, school, and community.

Receiving the award this year were: Ashley Albert, Abigail Aziskhan, Erika Aziskhan, Angel Barwicki, Annalise Bond, Margaret Bowers, Jordan Brook, Thomas Chase, David Cirotta, Connor Coyle, Kathleen Dominguez, Angeline Effinger, Braylee Fetterolf, Emily Filosa, Anna Gownley, Laura Hilkert, Paige Holcombe, Oliva Inch, Marissa Jason, Samuel Kerwin, Brooke Klinger, Jason Lookenbill, Luke Manning, Richard Morris, Kevin Mowrey, Jaden Myers, Maureen Pham, Joseph Rinalki, Tessa Romani, S. Andrew Root, Allison Schaedler, Emma Shimko, Alivia Snyder, Matthew Stellar and Natalie Torta.

Each teen was given the opportunity to select one person as a mentor who has encouraged them to generously use their time and talents as a follower of Jesus. The mentors selected were parents, grandparents, teachers, coaches, youth ministers, scout leaders, deacons, religious sisters, and priests, who have been role models for the teens. Mentors recognized by the teens have made a difference in their lives by modeling servant

leadership as a way of life in their family, parish, and community.

At the ceremony the Sisters also honored four adults who received the Father Jankola Lifetime Servant Leadership Award in the ministries of Evangelization, Education, Ecumenism and Elder-care. Father Jankola was a priest from the Diocese of Scranton who was instrumental in recognizing the need for religious sisters to educate children and who founded the Sisters of Saints Cyril and Methodius in 1909. Sister Michael Ann Orlik, SS.C.M., general superior, presented the 2019 Father Jankola Lifetime Servant Leadership Awards to the following individuals: Robert Davies – Evangelization, Helen “Sis” Hause – Education, Sister Jean Marie Holup, SS.C.M. – Ecumenism, and Agnes Lakatos – Elder-care.



Student recipients of the 2019 Servant Leadership Award.

Gluten Alert!

While conversing with an attendant at a hotel breakfast buffet (which was a freebie offered by the hotel), I mentioned to her that I was recently diagnosed with sensitivity to wheat and milk and that the buffet offered a nice assortment of food allowing me to select a wheat-free breakfast. She informed me that there was flour in the scrambled eggs. I was shocked by this admission; however, I was thankful for the information. Though I do not have a full-blown allergy, I do have sensitivity and if I ate wheat the result for me would be uncomfortable itching spells.

A web search on wheat in commercially prepared scrambled eggs revealed an article by a cardiologist, Dr. William Davis, which stated that pancake batter is added to scrambled eggs to make them fluffier. According to Dr. Davis, this method of making scrambled eggs is not only practiced in the United States but in European countries as well, at both restaurants and hotels. If the establishment can make scrambled eggs, you can ask them to make your eggs separately for you.

Reading labels on packaged or processed meats is also necessary for detecting wheat additives. In addition, for those with milk and egg sensitivities, whey may be found in lactose-free ice cream; likewise, eggs may also be found in regular ice cream.

To avoid unpleasant surprises, it's wise to always ask questions and read labels if you have issues with certain foods.

Joan Hladek
National Trustee

Board Conference Call

continued from page 18

positions will be published in the January/February 2020 issue of *Morning Star*.

Strategic Plan

President Kluchinski touched briefly on the advertising and Fraternal Agent Agreement.

Good of the Order

There was nothing for the good of the order.

Calendar of Events

The Board was provided with the Calendar of Events for 2020.

Deadlines were provided to Board members.

There being no further business, the meeting was adjourned.

Respectfully submitted,
Mary Jo Savidge
National Secretary-Treasurer



Junior Branch Journal

National Hobby Month

What do you like to do in your spare time? Every January, during National Hobby Month, thousands of Americans celebrate their favorite hobbies and try out new ones. From outdoor activities like swimming or hiking, to artsy projects like painting or knitting — most of us have go-to pursuits. During this month, don't just stick to your regular routine. Expand your list of hobbies and share the ones you love.



Did you know...

- Beyoncé enjoys reading a good book?
- David Beckham loves getting new tattoos?
- J. K. Rowling turned her writing hobby into an empire?
- Justin Timberlake is really a video game nerd at heart?
- Kobe Bryant likes playing other sports in his free time?



January Birthstone ~ The Garnet



Garnet gemstones, which are most commonly red, but can be found in a range of other colors, symbolize peace, prosperity, and good health. Some say it even has the power to give the wearer eternal happiness, health, and wealth.

The word "garnet" comes from the 14th century Middle English word *gernet*, meaning "dark red." The word is derived from Latin *granatum*, which means "seed," and is called so because of the gemstone's resemblance to the red seeds of the pomegranate.

The garnet is a very durable gemstone and can be found all over the world. Mandarin garnets are considered to be the most rare and expensive of all garnet gemstones.

The folklore on garnet is extensive. Legend has it that the garnet can bring peace, prosperity, and good health to the home. Some even called it the "Gem of Faith," and it's believed that to those who wear it and do good, more good will come. (Conversely, it was also said to bring very bad fortune to those who commit bad acts while wearing it.) The garnet also symbolizes deep and lasting friendship.

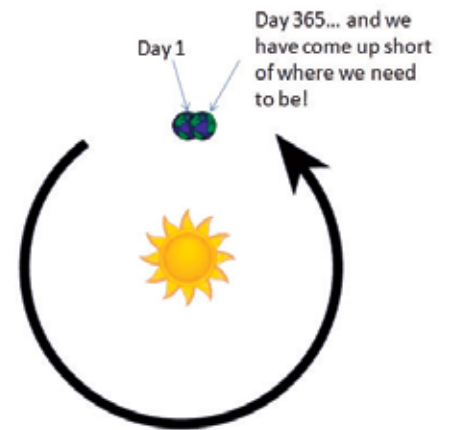
No matter why or how you wear garnet, this beautiful gemstone is perfect for those who share January birthdays and want to start each New Year with a sense of goodwill, happiness, and purpose.



Junior Branch Journal

What is a Leap Year?

A leap year has 366 days. Leap years are needed to keep our modern day calendar in alignment with the Earth's revolutions around the sun. It takes the Earth approximately 365 days, 5 hours, 48 minutes, and 45 seconds to circle once around the sun. If we don't add a leap day nearly every four years, we lose almost 6 hours off our calendar every year. After 100 years, our calendar would be off by about 24 days.



We add a leap day almost every four years to the shortest month of the year. This year is a leap year, meaning that February will have 29 days. In order to qualify as a leap year

- ♦ the years must be evenly divided by 4
- ♦ if the year can be evenly divided by 100, it is NOT a leap year unless
- ♦ the year is also divisible by 400

The year 2000 was a leap year, but 1900 and 2100 are NOT leap years.

Roman general Julius Caesar introduced the first leap years over 2000 years ago. But his calendar allowed any year divisible by 4 to be a leap year. This formula produced way too many leap years, but was not corrected until the introduction of the Gregorian calendar more than 1500 years later. Pope Gregory XIII adjusted the calendar by moving the date ahead by 11 days and by instituting the exception to the rule for leap years.

Leap Day has been a day of traditions, folklore, and superstitions ever since leap years were introduced by Julius Caesar.

- ♦ **Women propose to their men**—This is believed to have been introduced to balance the traditional roles of men and women.
- ♦ **12 pairs of gloves**—Tradition dictates that any man who refuses a woman's proposal on February 29 has to buy her 12 pairs of gloves. The intention is that the woman can wear the gloves to hide the embarrassment of not having an engagement ring.
- ♦ **Leap day babies world record**—According to the Guinness Book of Records, there are world record holders for a family producing three consecutive generations born on February 29 and of the number of children born on February 29 in the same family .
- ♦ **What are your chances of being born on leap day?** About 1 in 1500.
- ♦ **Unlucky in love**—In Scotland, it used to be considered unlucky for someone to be born on leap day. Greeks consider it unlucky for couples to marry during a leap year, and especially on leap day.



PERIODICAL

Join Father Bob Seeman for a trip to

THE HOLY LAND

SEPTEMBER 13-22, 2020

**\$4,699 per person from Pittsburgh
based on double occupancy**

Tel Aviv · Caesarea · Stella Maris (Haifa) · Nazareth
· Cana · Tiberias · Sea of Galilee · Mt. Tabor
· Jericho · Jordan River · Jerusalem · Temple Model
· Ein Karem · Bethlehem · Bethany · Dead Sea
· Gethsemane · Mt. Zion (Upper Room) · Western Wall
· Via Dolorosa · Holy Sepulchre

For more information:

www.pilgrimages.com/frseeman/holyland



Church of the Holy Sepulchre

Have more questions?

Call Cara at 1-800-206-TOUR (8687)

or e-mail Cara@206tours.com.

Remember to notify the Home Office
if your address changes!

Still Available!

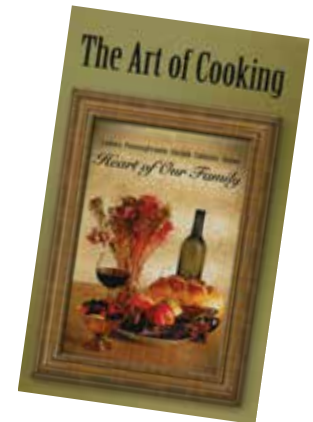
The LPSCU Cookbook

The Art of Cooking - Heart of Our Family

Our brand new cookbook is chockfull of over 400 cherished family recipes submitted by our members, in addition to helpful tips, hints, and measurements to aid you while cooking and baking these delicious favorites.

The spiral bound book is divided into sections which include:

- *Appetizers & Beverages*
- *Breads & Rolls*
- *Soups, Salads & Sauces*
- *Main Dishes*
- *Miscellaneous - Crock-Pot*
- *Ethnic Foods*
- *Vegetables*
- *Desserts*



The cost is just \$10.00, plus \$5.00 shipping and handling per copy. Send your check and order information to:

LPSCU Cookbook
P.O. Box 32
Wilkes-Barre, PA 18702-0032

Hurry before they're gone!

**SIGN UP A NEW MEMBER
TODAY!**