

Ladies Pennsylvania Slovak Catholic Union



March-April 2015

Slovak Fraternals MARCH FOR LIFE

A group of student marchers from the Sayre, Pennsylvania area, led by Father Andrew Hvozdovic (second from left).

> Bishop Joseph Bambara of Scranton, Pennsylvania (second from right) with marchers from the Slovak fraternal societies including LPSCU National President Theresa Kluchinski (far right).

Father Andrew Hvozdovic leads demonstrators from the Sayre area. Story on page 24



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Calendar of Events

MARCH

- **2-3** Slovak Catholic Federation Meeting, Lehigh Valley, Pennsylvania
- **13** Deadline to submit correspondence for the Board to discuss at its Annual Meeting.
- 16 Msgr. Beeda District Meeting at Perkin's Restaurant, Route 93, West Hazleton, Pennsylvania, beginning at 6:30 p.m. Any District member who plans to attend must contact Anita Gregory at 570-788-3263 by March 9.
- **20** Deadline to submit articles for May/June 2015 Zornicka.
- 21 Lehigh Valley Okres will hold a Luncheon Meeting at Nick's Restaurant, 822 Main Street, Bethlehem, Pennsylvania, at 12:30 p.m. Any LPSCU member may attend. Guests are also welcome. Call Marge Ferri at 610-866-8945 if you plan to attend.
- 22 Robert Dvorchak will speak on "Birds of Passage: Achieving the American Dream" at a lecture sponsored by the University of Pittsburgh Slovak Club Slovak Studies Program at 1700 Posvar Hall on the Pitt Campus, Oakland, Pennsylvania, at 2:00 p.m.

APRIL

- Deadline to nominate a member as our 2015 Fraternalist of the Year. See page 10 for details.
- **1** The deadline to apply for the position of LPSCU Spiritual Advisor has been extended to this date. *See page 14 for information.*
- 6 WPSCA Slovak Heritage Program talk by Sue Ondrejco on the "Western Pennsylvania Slovak Radio Hour" at Mt. Lebanon Public Library, 16 Castle Shannon Blvd., Mt. Lebanon, Pennsylvania, from 7:00-9:00 p.m.
- Pittsburgh District meeting at the Rock Bottom Restaurant, 171 E. Bridge Street, The Waterfront, Homestead, Pennsylvania, beginning at 1:00 p.m. If you plan to attend, please notify your Branch Secretary no later than April 8th.
- **16** LPSCU Internal Audit
- **17-18** LPSCU Annual Meeting, Wilkes-Barre, Pennsylvania. *See page 4*.
- **19-20** American Fraternal Alliance Mid-Year Meeting, Washington, D.C.
 - 26 Rev. Dianiska District Meeting at North End Slovak Club, North Main Street, Wilkes-Barre, Pennsylvania, beginning at 1:00 p.m. Branch 19 will host.
 - **30** Deadline to apply for a 2015 LPSCU College Award. *See page 17 for details*.
 - **1** Deadline to apply to take part in the 2015 Miss Czech-Slovak U.S. Pageant. *See page 12 for more information.*
 - **2** JOIN HANDS DAY. *See page 15 for more details.*



(USPS 699-520)



ZORNICKA (Morning Star), a bi-monthly magazine, is the official publication of the Ladies Pennsylvania Slovak

Catholic Union, National Headquarters, 71 South Washington Street, Wilkes-Barre, PA 18701.

Send articles for publication to Margaret A. Ferri, Public Relations Director, 428 E. Frankford Street, Bethlehem, PA 18018. Articles must be received by the 25th of the month, five weeks prior to the issue date.

Printed by Triangle Press, 6720 Allentown Blvd., Harrisburg, PA 17112.

Periodical Postage paid at Wilkes-Barre, PA 18701 and additional entries.

Subscription Rate: Members — free; non-members — \$15.00 per year.

Postmaster: Send address changes only to: Zornicka (Morning Star), Ladies Pennsylvania Slovak Catholic Union, 71 South Washington Street, Wilkes-Barre, PA 18701.

> OFFICE HOURS AT NATIONAL HEADQUARTERS Monday through Friday: 8:00 a.m. to 4:30 p.m. Phone: 570/823-3513 Toll Free 888/834-6614 Fax: 570/823-4464 E-mail: lpscu@lpscu.org Website: www.lpscu.org

SECRETARY/TREASURER Mary Jo Savidge, 71 South Washington Street, Wilkes-Barre, PA 18701; 570/823-3513, Fax 570/823-4464; <u>maryjo@lpscu.org</u>

BOARD OF DIRECTORS

PRESIDENT

Theresa A. Kluchinski, 446 Mountain Oaks Drive, Laurel Run, PA 18706; 570/829-5410; theresa@lpscu.org

VICE PRESIDENT Anita Gregory, 304 Turkey Path Road, Sugarloaf, PA 18249; 570/788-3263; <u>anitag13@hotmail.com</u>

CHAIRPERSON OF TRUSTEES Mary Ann Ewasko, 9 Shannon Street, Wilkes-Barre, PA 18702; 570/823-6432; maryann6@ptd.net

TRUSTEES

Dolores M. Evanko, 173 Berner Avenue, Hazleton, PA 18201; 570/454-5547; jje@intergrafix.net

Joan T. Hladek, 2138 Waterbury Lane E., Sycamore, IL 60178; 815/895-0431; jhladek@lpscu.org

Margaret Jollimore, 1001 SR 292E, Harveys Lake, PA 18618-7829; 570/760-9790; jollimore.lpscu@vmail.com

James Yocum, 1738 Evergreen Drive, Hazle Township, PA 18202; 570/436-6792; jpyocum@ptd.net

PUBLIC RELATIONS DIRECTOR Margaret A. Ferri, 428 East Frankford Street, Bethlehem, PA 18018; 610/866-8945; <u>mfluvbaskets@gmail.com</u>



FIRST STATION Jesus is condemned to death



FOURTEENTH STATION Jesus is laid in the sepulcher



THIRTEENTH STATION Jesus is taken down from the cross and placed into the arms of his mother



TWELFTH STATION Jesus is raised up on the cross and dies



ELEVEN'TH STATION Jesus is nailed to the cross



SECOND STATION Jesus is made to carry his cross

his crucifixion.

churches.

Marshall, Virginia home.

accompany this article.

TENTH STATION

Jesus is stripped of his garments



THIRD STATION Jesus falls the first time

The Way of The Cross (Stations)

Reputedly, as legend has it, after the crucifixion, the Blessed

The devotion grew with pilgrimages to the Holy Land in the 4th century and pilgrimages continued as long as there was safe access. Due to many serious conflicts in the region, the "Stations" became a popular substitute for the pilgrimages.

Originally, the Stations were done only outdoors. During

strengthening faith and began installing "Stations" in the

the 16th century, the popes saw the devotion as a means of

Recently, Branch 52 member Thomas (Harcarik) Fabyanic erected an outdoor "Way of the Cross" on acreage at his

Photos showing these highly detailed figurine "Stations"

More on this article will follow in future publications.

"The Way of the Cross" is a devotion to the passion of Christ consisting of prayers and meditation reflecting fourteen events that Christ experienced on the way to

Mother set up the original "Way of the Cross" in her backyard at Ephesus. It is considered to be the most heavily

indulgenced devotion in the Church.



FOURTH STATION Jesus meets his sorrowful mother



FIFTH STATION Simon of Cyrene helps Jesus to carry his cross



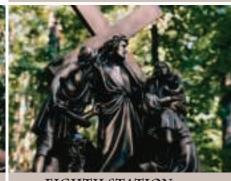
SIXTH STATION Veronica wipes the face of Jesus



SEVEN'TH STATION Jesus falls the second time



NINTH STATION Jesus falls the third time



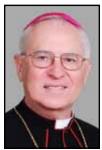
EIGHTH STATION The women of Jerusalem weep over Jesus

2015 EASTER GREETING

Most Rev. Joseph V. Adamec Bishop Emeritus of Altoona-Johnstown Protector, Ladies Pennsylvania Slovak Catholic Union

Dear Sisters and Brothers of the LPSCU:

One Lent, when I was pastor of SS. Peter and Paul Parish in Saginaw, Michigan, we had our grade school students experience the Stations of the Cross according to Saint Alphonsus Liguori. This included all the genuflections, kneeling, and standing prescribed for each station. Apparently, this was a bit too much activity for one little boy. He was overheard lamenting to his friend that he sure was glad that Jesus dies only once a year.



Most Rev. Adamec

Jesus did, indeed, die and rise for our salvation only once. However, He continues to die and rise in his members, the Assembly of Believers that we call the Church – you and me. The death and resurrection of Jesus are life-changing moments not only in history but for each one of us individually. We have been initiated into his life and continue to experience in various ways the Way of the Cross during our earthly journey. However, it is important that we do not stop looking for Jesus at the tomb.

"He is not here. He has risen, even as He said," the angel proclaimed.

We are challenged to walk out of the empty tomb that can be the drudgery of our daily lives—and to do so with hearts renewed. The Risen Lord holds out for us the bright promise of a never-ending relationship with him. May your celebration of this Easter, with its season that follows, be for you and yours a time of rejoicing over the fact that we have been called to walk in Jesus' footsteps all the way – even into a life that is complete and eternal.

May you have a very Blessed and Joyous Easter! Fraternally yours in the Risen Lord,

+ Joseph

LPSCU Board of Directors Annual Meeting Announced

This announcement is made to all members of the LPSCU that the Annual Meeting of the Board of Directors will convene on Friday, April 17, 2015, at 8:30 a.m. at Genetti's Hotel, East Market Street, Wilkes-Barre, Pennsylvania. Subsequent sessions will be held on Saturday, April 18.

Members wishing to submit matters for the Board of Directors to consider at this meeting are directed to send them to the attention of Theresa Kluchinski at the LPSCU National Headquarters, 71 South Washington Street, Wilkes-Barre, PA 18701 or P.O. Box 32, Wilkes-Barre, PA 18703. All correspondence relative to this Annual Meeting should be **received no later than March 13, 2015**. The National Officers of the Ladies Pennsylvania Slovak Catholic Union extend a most Blessed and Happy Easter to all!

S

Veselá veľka noc Radostne Aleluja

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Sventu Velyku Linkejimai



Minutes of the Board Conference Call Meeting

December 13, 2014

Call to Order – Prayer

President Theresa Kluchinski called the meeting to order at 10:00 a.m. and offered a prayer.

Welcome Remarks

President Kluchinski welcomed everyone to the meeting and mentioned that there is a lot to be discussed. She then took the opportunity to welcome new Board member, Trustee James Yocum.

Approval of Agenda/Minutes

The agenda for this meeting was approved, along with the Minutes from the September 19-20, 2014, Board Meeting.

Correspondence

Secretary-Treasurer Mary Jo Savidge read all correspondence received. There were no requests.

Financial Report

Board members were provided and reviewed the following information:

- Quarterly Statement September 2014
- Month End Balance Sheet/Revenue and Expenses Accounts
- Summary Market Value 2014
- Transaction Summary Report
- Budget 2014/2015

Home Office Update

Since the Home Office report is detailed in the Executive Finance Committee Minutes, Secretary-Treasurer Savidge gave a summary of the following:

- Equipment/Software
- Building

Convention 2016

Constitution – The Board was provided and reviewed proposed changes to the Constitution and By-Laws.

Unfinished Business

The Board was provided and discussed the following:

- District Guidelines
- Liberty Mutual Insurance
- Elder Care Law Benefit
- Job Descriptions

New Business

The Board was provided and discussed the following:

- Annuity Rate
- Branch Deposit Program Rate
- Travel Policy

National/State Alliance Meetings

Reports were provided from the following:

- President Theresa Kluchinski New Jersey-New York Fraternal Alliance annual meeting
- Secretary-Treasurer Mary Jo Savidge New Jersey-New York Fraternal Alliance annual meeting
- Trustee Joan Hladek Indiana Fraternal Alliance meeting

Officer Reports

Reports were received from the following officers:

Vice President Anita Gregory

- Chairperson of Trustees Mary Ann Ewasko
- Trustee Dolores Evanko
- Trustee Joan Hladek
- Trustee Margaret Jollimore
- Public Relations Director Margaret Ferri

Committee Reports

Reports were received from the following committees:

- Campaign Committee
- Youth Achievement Committee
- Educational Committee
- Fraternalist of the Year
- Cookbook Committee

Calendar of Events

The Board was provided the Calendar of Events for 2015 There being no further business to discuss, the meeting adjourned.

> Respectfully submitted, **Mary Jo Savidge** National Secretary-Treasurer

LPSCU 2015 CATHOLIC HIGH SCHOOL AWARD

\$300 One-Time Award

The LPSCU is offering a Catholic High School Award Benefit, which is a \$300 one-time award to our members who are attending a Catholic High School during the 2015-2016 academic year. Members may only receive this award one time.

The following are the Guidelines for applying for the Catholic High School Award:

- Must be a member of the LPSCU for two (2) years with \$2,000 permanent reserve life insurance certificate (excludes term insurance).
- Must be a Catholic high school freshman, sophomore, junior, or senior in the fall of 2015.
- Must provide a wallet-size color photo.

Applicants must meet all criteria and provide data indicated above to be eligible. Incomplete applications or those missing data requirements will not be considered. All materials become the property of the LPSCU and will not be returned. **Applications must be postmarked by June 30, 2015.**

Applications are available from the LPSCU Home Office or its website. Return completed applications to: Ladies Pennsylvania Slovak Catholic Union

Educational Benefit Committee

P.O. Box 32

Wilkes-Barre, PA 18703

Phone: 570-823-3513 ***** Toll free: 888-834-6614 ***** Fax: 570-823-4464

LEHIGH VALLEY OKRES

Branch and Okres News

The Lehigh Valley Okres held its annual Holiday Luncheon on Sunday, December 7, 2014, at the Lehigh Room of the Best Western Lehigh Valley Conference Center in Bethlehem, Pennsylvania. A punch reception commenced at noon, followed by the luncheon at 12:30 p.m.

Okres President Jean Kosalko extended a warm welcome to all present. Msgr. Robert F. Kozel, pastor emeritus of St. John the Baptist Church in Allentown, Pennsylvania, offered a prayer before the meal and a special prayer in memory of our recently deceased members, Honorary Vice President Mary Ann Ackerman and National Fraternal Activities Director Cecilia B. Gaughan.

Forty-two Okres members and five guests attended this festive event. Members brought toys for distribution to underprivileged children through the Marines Toys for Tots program. Members also donated 18 themed gift baskets to be raffled for the benefit of the Allentown Diocesan Soup Kitchen as an LPSCU Matching Fund project. A buffet luncheon was served.

At the conclusion of the meal, President Kosalko introduced Okres officers, Vice President Elaine Molchany, Secretary Bernadine Kurzeja, and Treasurer Margaret A. Ferri, who also serves as National Public Relations Director. President Kosalko also announced that Msgr. Kozel was celebrating his birthday. She presented him with a birthday card and a monetary gift from the Okres and everyone sang "Happy Birthday." Monsignor was surprised and delighted and thanked the Okres for the gift and for remembering his birthday.



Coordinators of the Matching Fund Project were, from left, Elaine Molchany, Bernadine Kurzeja, and Marilyn Geiger.



Surrounding Santa are, L-R, Benjamin Kosalko, Cole and Chase Geiger, Alexandra Kosalko, and Colin Ackerman holding his son, Jacob.

As a surprise to all present, Santa Claus (in the person of Jack Hill) entered the dining hall ringing his jingle bells. Everyone was excited to see Santa, especially the four children present. Santa called the children by their name and presented gifts to each of them. They also received a Christmas stocking filled with goodies from the Okres. Santa also presented gifts to the Okres officers.

As a favor, each attendee received a bayberry candle from the Okres. The themed basket raffle was chanced off together with a beautiful poinsettia afghan donated by Jean Kosalko. Special prizes in the annual holiday raffle were won by Elizabeth Ackerman, Kyle Melendez, Eric Kosalko, Alison Wehr, Carey Ackerman, Elaine Molchany, Agnes Trily, Carol Knecht, Rita Marie Knecht, and Mary Kacmar.

President Kosalko thanked everyone for attending the annual Holiday Luncheon and wished everyone a Merry Christmas and a Happy New Year. The festivities concluded with a prayer offered by Msgr. Kozel. A delightful time was had by all who attended.

PITTSBURGH DISTRICT

Forty Pittsburgh District members and six of their guests gathered at the Westwood Golf Club in West Mifflin, Pennsylvania, to enjoy their annual Christmas party. Many of those in attendance look forward to this event because for some it is their only time to get to see each other and enjoy catching up on what is happening in their lives. Everyone brought canned goods which were donated to a local food bank. The Chinese Auction offered a wide variety of options and, as always, the 50/50 raffle brought a big smile to the winner.

The main entre was chicken masala with an alternate of penne pasta for the vegetarians in the group. Dessert was a sheet cake decorated with a beautiful nativity scene which was done by Janet Lawrence, the Recording Secretary for the District.

Even though the weather was dreary outside, the smooth jazz vocals of singer Judi Figel and keyboardist David Crisci made for a cozy atmosphere inside with their Christmas program of songs and banter. There is little doubt that everyone left the event with a light heart, having renewed friendships and now joyfully anticipating Advent.

The next meeting of the Pittsburgh District will be held at the Rock Bottom Restaurant on Sunday, April 12, at 1:00 p.m. Please let your Branch Secretary know whether you will attend no later than April 8th.



L-R: Helen Lorinc, Maryann Bowman and guest.



Marge Joschak (right) with her daughter, Donna Powell.



L-R: Eleanor Chengery, Maryann and Tom Kaylor.



Celeste Palcsey and family.



Party-goers enjoyed a sheet cake decorated by member Janet Lawrence.



A group of members who attended the Pittsburgh District Christmas party.



A group of members who attended the Pittsburgh District Christmas party.

BRANCH 52, NORTH BRADDOCK, PENNSYLVANIA

Members of LPSCU Branch 52 attended their annual Christmas party on Sunday, December 7, 2014, at the Grandview Golf Club of North Braddock in western Pennsylvania. A crowd of nearly 40 members and their families attended. The festive event was again held in the club's spacious Kennywood Room.

The beautiful weather helped to enhance the day. It was so mild, bright and sunny that golfers were on the course playing.

A tasty buffet brunch was served, with sufficient variety to satisfy everyone's palate. All of the children and adults present received gifts from the Branch and numerous door prizes were awarded.

Another generous donation of groceries was collected from attendees and delivered to a local food pantry the following week.

Everyone enjoyed a memorable time and Branch members are looking forward with anticipation to another great LPSCU year.





Members and guests at Branch 52's Christmas party.

REV. DIANISKA DISTRICT

Branch and Okres New

The annual Christmas party of the Reverend Dianiska District of the Ladies Pennsylvania Slovak Catholic Union was held on Sunday, December 7, 2014, at Genetti Hotel and Conference Center, Wilkes-Barre, Pennsylvania. Branch 19 hosted the event.

Debbie Adamchak welcomed the members and guests present. District President Mary Ann Ewasko thanked all members for their cooperation throughout the year and wished everyone a Merry Christmas and a blessed New Year.

Jean Kapral said grace and read the *Oplatky* prayer before everyone exchanged Christmas wishes by sharing their wafers.

National President Theresa Kluchinski wished everyone a Merry Christmas and a Happy New Year on behalf of herself and the LPSCU Board of Directors.

A fruit and cheese tray was served along with punch, followed by a family-style dinner, dessert, and beverages.

President Ewasko introduced District/LPSCU 2014 College Scholarship recipient Alison Rowski of Branch 213, who attended along with her parents, John and Lisa Rowski. Robert Kinney of Branch 6 and Margaret Ragan of Branch 7 also received scholarships but were not able to attend the party.

Members and guests joined in the Matching Fund special raffle to benefit the family of Ava Kurilla, age 3, who suffers from stage-four cancer. Canned goods brought by members and guests were donated to the Holy Family Food Pantry in Luzerne, Pennsylvania.

The children present received a visit from Santa Claus who listened to their Christmas wishes and afterward gave each one a gift. Santa also visited members at their tables and gave them a candy gift.



LPSCU Scholarship recipient and District member Alison Rowski (center) is pictured with her parents (3rd and 4th from left) and National and District officers.



Young members gather around Santa.

President Kluchinski installed the following officers for the next two-year term: Mary Ann Ewasko, president; Hope Napkora, vice president; Debbie Adamchak, treasurer; Marge Zinkavich, financial secretary; and Susan Worth, secretary/ publicity.

Members of the Reverend Dianiska District wish everyone a healthy and happy New Year!

Susan Worth



National President Theresa Kluchinski (left) swears in new District officers for their 2-year term.



Canned goods and non-perishable food was collected for donation to a local food pantry.





ZORNICKA

Jkres New













Announcing

Our New ELDER LAW BENEFIT

The LPSCU is pleased to announce our newest benefit for our membership: *The Elder Law Benefit*.

We have contracted with Chariton, Schwager & Malak to provide estate planning services to all members of the LPSCU that reside in Pennsylvania or New Jersey, at a special reduced rate of twenty-five (25%) percent off normal billing rates.

Estate planning services would include preparation and signing of Wills, Durable General Powers of Attorney, Healthcare Powers of Attorney, Living Wills, and, in certain cases, Trust Agreements.

How do you get started?

Contact the Home Office and ask for the Estate Planning Questionnaire or visit our website and download the form. Once you have completed the form, contact Attorney Jeffrey Malak of Chariton, Schwager & Malak, to begin the estate planning process.

Currently this benefit is being provided for Pennsylvania and New Jersey residents. However, if members from other states are interested in this benefit, please contact LPSCU President Theresa Kluchinski at 888-834-6614 or by e-mail at <u>theresa@lpscu.org</u>.

Chariton, Schwager & Malak is located at 138 South Main Street, Wilkes-Barre, Pennsylvania. Attorney Jeffrey Malak can be reached at 570-824-3511 or by e-mail at jjm@csmlawofficers.com.

MARCH/APRIL 2015

Rev. Dianiska District Holds Matching Fund Event

The Reverend Dianiska District of the Ladies Pennsylvania Slovak Catholic Union held its annual Christmas party on Sunday, December 7, 2014, at Genetti's Hotel and Conference Center, Market Street, Wilkes-Barre, Pennsylvania. Branch 19 hosted.

In conjunction with the party, a Matching Fund event was held to benefit Ava Kurilla, age 3, who was diagnosed with neuroblastoma in November of 2013. Monies raised will help Ava's family with medical and travel expenses.



Pictured from left are: Theresa and Ava Kurilla, District Treasurer Debbie Adamchak, District President Mary Ann Ewasko, Branch 19 member Jean Kapral, and Andy and Stephen Kurilla.

Our Scholarship Recipients Explain

The Importance of Life Insurance

Life insurance is very important because it provides the financial support and assistance to your loved ones who are left behind. For some people, buying life insurance can be a financial strain as they struggle to pay other debts and bills. It is vital to purchase life insurance during someone's lifetime so that the family members left behind can not only pay off debt and expenses, but have money to put towards future investments, i.e., education, homes, and life events.

A very dear friend of mine lost both of his parents by the time he was 18. Thankfully, they had life insurance policies to provide him with the funds necessary to go to college, purchase a car, and help with living expenses. It would have been devastating to him if he had no financial assistance on top of grieving for the loss of his parents and trying to survive in a world without them.

Grieving for a lost loved one is difficult enough without having to worry about the financial expenses afterwards. Having life insurance can provide peace of mind to your family members and help them be a little more prepared for life's uncertainties.

Alison Rowski

Branch 213, Dallas, Pennsylvania

We're Looking for a Shining Star in the LPSCU to be our

Do you know a member who, through example and accomplishment, provides outstanding volunteer services?

Do you know a member who should be recognized for outstanding fraternal and volunteer efforts?

If you can answer "Yes" to the above, then you have a **"Shining Star"**



Sylvia Goda 2014 Fraternalist of the Year



Who Will It Be?

member to be nominated to be our 2015 LPSCU Fraternalist of the Year!

To receive a Nomination Form, contact the Home Office at:

570-823-3513 or toll free 888-834-6614 e-mail lpscu@lpscu.org or visit our website www.lpscu.org.

Hurry! The Postmark Deadline for Nominations is April 1, 2015. Calendar of Events continued from page 2

- 4 WPSCA Slovak Heritage Program talk by Slovak native Bozena Hilko on "From the Velvet Revolution to the European Union" at Mt. Lebanon Public Library, 16 Castle Shannon Blvd., Mt. Lebanon, Pennsylvania, from 7:00-9:00 p.m.
- 20 Deadline to submit articles for July/August
 2015 Zornicka.

JUNE

- Deadline to nominate a young member for our 2015 Youth Achievement Award. See page 13.
- WPSCA Slovak Heritage Program talk by Theresa Dostalik on "Sites to See in Slovakia" at Mt. Lebanon Public Library, 16 Castle Shannon Blvd., Mt. Lebanon, Pennsylvania, from 7:00-9:00 p.m.
- Deadline to submit an article for inclusion in the 2015 *Good Shepherd*, an annual published by the Slovak Catholic Federation. *See page 19 for details*.
- **13** LPSCU Mid-Year Meeting (Telephone Conference)
- **30** Deadline to submit a family recipe for our LPSCU 2016 Convention Cookbook. *See page 21*.
- **30** Deadline to apply for the Bishop Andrew G. Grutka Memorial Scholarship Award. *See page 15 for details.*
- **30** Deadline to apply for our new LPSCU Catholic Grade School Award. *See page 14 for more information.*
- 30 Deadline to apply for the LPSCU Catholic High School Award. See page 5 for more information.

JULY

20 — Deadline to submit articles for September/ October 2015 *Zornicka*.

30-8/4 — Slovak Catholic Sokol Convention, Pittsburgh, Pennsylvania

WPSCA Announces Spring Programs

The Western Pennsylvania Slovak Cultural Association will present the following Slovak Heritage Programs from 7:00 to 9:00 p.m. at the Mount Lebanon Public Library, 16 Castle Shannon Blvd., Mt. Lebanon, Pennsylvania:

On **April 6, 2015** the topic will be on the "Western Pennsylvania Slovak Radio Hour" with Sue Ondrejco explaining how she and her husband, Rudy, prepare and conduct their popular weekly radio-program every Sunday on WPIT-AM.

On **May 4, 2015** the topic will be "From the Velvet Revolution to the European Union" with Bozena Hilko, instructor for the WPSCA Slovak language classes and native of Slovakia, will give a brief history of what transpired in Slovakia during this period.

On **June 1, 2015** the topic will be "Sites to See in Slovakia" with Theresa Dostalik. A frequent traveler throughout Europe who has toured Slovakia on numerous occasions, she will "show and tell" the group about her favorite spots in Slovakia.

SEPTEMBER

- **10-11** Slovak Catholic Federation Meeting, Washington, D.C.
- **10-12** American Fraternal Alliance Meeting, Indianapolis, Indiana
 - **12** Slovak Catholic Federation Pilgrimage, Washington, D.C.
- **18-20** LPSCU Semi-Annual Meeting, Gettysburg, Pennsylvania
 - 20 Deadline to submit articles for November/December 2015 Zornicka.

OCTOBER

4 — Rev. Dianiska District Meeting at North End Slovak Club, North Main Street, Wilkes-Barre, Pennsylvania, beginning at 1:00 p.m. Branches 6 and 213 will host. Our "Make a Difference Day" project will be featured.

NOVEMBER

20 — Deadline to submit articles for January/February 2016 *Zornicka*.

DECEMBER

6 — Rev. Dianiska District's Annual Christmas Party at Genetti's Hotel and Conference Center, Market Street, Wilkes-Barre, Pennsylvania, beginning at 1:00 p.m. Branches 6 and 213 will host.

12 — LPSCU Board Meeting (Telephone Conference)

New Book Depicts Chicago Area's Rich Slovak History

Slovaks of Chicagoland by Robert Fasiang and Robert Magruder chronicles the countless "rags to riches" stories of Slovak Americans who immigrated to the Chicago area and northwest Indiana in hopes of creating a better life. Equipped with only a grammar school education and few assets, these immigrants attended schools, learned the English language, and became productive, naturalized citizens.

Local Slovaks worked hard and became leaders in their respective communities. Some of those leaders include Bishop Andrew G. Grutka, Dr. Peter Hletko, Peter Visclosky, and Msgr. Victor Blahunka, all of whom are featured in this new publication.

Religion played an important role in the lives of Chicagoland's Slovaks. Many of their native traditions and customs are maintained and kept alive through their local churches. Msgr. Joseph Semancik penned the forward of the volume, stating *"Slovaks of Chicagoland* complements and adds to the other books that describe ethnic communities in the Midwest. We need to be grateful to Fasiang and Magruder for their work."

Other highlights of the book include chapters focusing on Slovak churches, schools, organizations, festivals, arts, and sports. The volume also includes 230 historic images.

For more information, call 888-313-2665 or visit <u>www.</u> <u>arcadiapublishing.com</u>.

Preface to the Proposed Changes to the LPSCU Constitution and By-Laws

The **Constitution** of the LPSCU is under the jurisdiction of the delegates at the National Convention. Articles within the Constitution may be amended by a simple majority vote of the delegates at the National Convention.

Prior to the National Convention, recommended/proposed changes to the Constitution will be submitted to the Pennsylvania Insurance Department for their approval, as required.

At the 2012 National Convention, a discussion was held at the open session regarding the National Officer positions of Fraternal Activities Director and Public Relations Director, as well as the positions of the Court of Appeals. The suggestion was made that we eliminate the positions of the Court of Appeals. There are two primary reasons. The first: we haven't utilized the Court of Appeals in many years. The second: if a member was to use the Court of Appeals and didn't agree with their "verdict," nothing prevents them from seeking legal recourse in our court system. It seems that the positions within the Court of Appeals do not hold the relevance that they once had. As for the officer positions of Fraternal Activities Director and Public Relations Director, a number of factors played into that recommendation. While it is important that the LPSCU Board of Directors is aware of what transpires regarding fraternal activities and public relations, these positions do not necessarily need to a part of the Board and elected by the delegates. These positions are extremely important to the LPSCU and it would be in our best interest if they were hired as opposed to being elected. The job requirements and responsibilities are such that we need to ensure gualified individuals fulfill those positions, making them employees of the LPSCU and having them dedicate a set number of hours.

It is therefore recommended that all references to Court of Appeals, Fraternal Activities Director, and Public Relations Director be deleted from the Constitution.

The **By-Laws** of the LPSCU are under the jurisdiction of the LPSCU Board of Directors. By-Laws may be amended or suspended by a majority vote of the National Board of Directors. Any changes to the By-Laws must be approved by the Pennsylvania Insurance Department and notice must be published in the *Zornicka*. While the Board has the authority to change the By-Laws, it is more practical to submit the changes every four (4) years along with the changes to the Constitution. If there is an issue that requires immediate attention, of course we can take care of that. Keep in mind changes must be approved by the state, published in the *Zornicka*, and then the By-Laws document must be reprinted.

If the delegates approve the recommended changes to the Constitution, the LPSCU Board of Directors must be ready with the changes to the By-Laws. Changes necessary would be as follows:

- Article III Officers, Paragraph 7 and 9
- Article VIII Duties of the Officers, Paragraph 7 and 8
- Article IX Court of Appeals
- Article XII Certificates and Benefits in General, Paragraph 11, 12 and 13

Other considerations:

<u>Article III – Officers, Paragraph 2 –</u>

"A candidate for office must be at least 21 years of age, an active member with participation in LPSCU Branch or District activities for at least five years and be present as a delegate at the National Convention."

With the issues of Board Governance and Board members being qualified to sit on the Board, it would be beneficial to have an individual who is a CPA, attorney or investment manager. However, they may not currently participate in the Branch /District.

Article VI – Duties of Board of Directors, Paragraph 13 –

If any member of the National Board of Directors becomes ill or disabled and unable to perform the duties of their office, such member will be granted a leave of absence for ninety days at full salary. If the disability or illness continues beyond ninety days, then the National Board of Directors may appoint an "Acting" substitute who shall receive **a salary approved by the National Board of Directors** the salary of the disabled member for the duration of the period so served, except the offices of President or Secretary/ Treasurer.

In reading the proposed changes, note that those words, phrases, or entire articles with a strikethrough (example) are recommendations to remove or change the existing article. Words or phrases that are boldfaced (**example**) are what would replace the strikethrough or be corrections or new items for consideration.

Any member wishing to submit changes or comment on those changes being recommended can do so by contacting President Theresa Kluchinski via regular mail or e-mail **by December 31, 2015**. All items will be brought to the Convention Constitution Committee or the Board of Directors.

2015 Miss Czech-Slovak U.S. Pageant Announced

The Miss Czech-Slovak U.S. Pageant is the only heritage pageant where contestants compete in *kroj* dress. Contestants in this pageant are proud of their heritage and enjoy speaking about their culture.

To compete in the 2015 pageant, contestants must be single, female, aged 16-26, and of Czech or Slovak decent. This year's pageant will be held July 31, August 1 and 2 in Wilber,

Nebraska. Over \$10,000 in educational scholarships and a trip to the Czech and Slovak Republics are awarded. Informal applications are due May 1, 2015, and upon confirmation of at-large status, a final application is due June 1, 2015.

For complete rules and an application, email <u>missczechslovakus@gmail.com</u> or visit the pageant website: <u>http://www.missczechslovakus.com</u>.



Rebecca Marie Martoni 2014 Winner

Let an outstanding youth know

ou Are Appreciated!

We all know someone between the ages of 13 and 18 who deserves recognition for his or her scholastic, athletic, fraternal, volunteer, and/or other achievements.

Help the LPSCU show an outstanding young member that they are appreciated by nominating him or her for the

YOUTH ACHIEVEMENT AWARD.

To receive a Nomination Form, contact the Home Office at 570-823-3513 or toll free 888-834-6614; email: lpscu@lpscu.org or visit our website: www.lpscu.org.



The postmark deadline for nominations is June 1, 2015

Lehigh Valley Okres Holds **Matching Fund Project**

The Lehigh Valley Okres of the LPSCU held a Matching Fund Project for the benefit of the Allentown Diocesan Soup Kitchen during its Holiday Luncheon on Sunday, December 7, 2014. Members donated themed gift baskets to be raffled off in support of the Matching Fund Project. The sum of \$200 was realized from the raffle.

On Friday, December 19, 2014, Okres President Jean Kosalko and Okres Treasurer Margaret A. Ferri presented a \$200 check from the Lehigh Valley Okres to Milly Scrak, coordinator of the Allentown Diocesan Soup Kitchen at Our Lady of Mount Carmel Church in Allentown, Pennsylvania. Ms. Scrak was very grateful for the donation as she reported that nearly 200 homeless and underprivileged people receive a meal four days each week at the soup kitchen.

Since this was a matching fund project, the LPSCU Home Office will also send a check for \$200 to the Allentown Diocesan Soup Kitchen to match the proceeds of the raffle.

Branch 213 to Host Flag Day at the Ballpark

LPSCU Branch 213 will once again host Flag Day at the Ballpark on June 11, 2015, at the Scranton/Wilkes-Barre Railriders Stadium. Any member of LPSCU Branch 213 wishing to attend the game must contact Branch Secretary Theresa Kluchinski at 570-829-5410 or 570-817-4657. Tickets are limited and **reservations must be** received by May 15th.

Cooking Corner

BAKED COD WITH BUTTERY TOPPING

2 lbs. cod fillets Olive oil Lemon juice

Garlic powder Salt and pepper Paprika

Buttery Topping

1 stack Ritz crackers, crumbled ¹/₄ cup melted butter ¹/₄ cup chopped fresh parsley 2 Tbsp. parmesan or pecorino Romano cheese

1 tsp. minced garlic

Preheat oven to 350 degrees. Cut fish into servingsize pieces and place on a baking pan. Brush both sides of fish with a generous amount of olive oil to keep it moist. Squeeze some fresh lemon juice over fillets. Sprinkle a little garlic powder, salt, pepper, and paprika over top.

Mix together ingredients from buttery topping and pile on top of fish. Bake uncovered for approximately 25 minutes until fish is flaky. If topping browns too guickly, place a loose piece of foil over top until fish is done.





Blessed are they that mourn, for they shall be comforted. — Matthew v.5

| Name | Branch | Location |
|--------------------|--------|---------------|
| Valeria Kaucheck | 7 | Exeter, PA |
| Barbara Nelson | 7 | Exeter, PA |
| Dorothy Mathews | 37 | Plymouth, PA |
| * Marie F. Janenko | 40 | Allentown, PA |

Deadline Extended!

Notice of Vacancy LP\$CU \$piritual Advisor

In compliance with Article VIII Section 2(u) of the LPSCU Bylaws, notice of a vacancy in the office of Spiritual Advisor is hereby published in our official publication.

Any LPSCU member qualified for the said office may submit a resume to the Board of Directors. Qualifications, pursuant to LPSCU Bylaws, are as follows:

- Must be at least 21 years of age, an active member with participation in LPSCU Branch or District activities for at least five years, and
- No two immediate family members can serve during the same term of office.

The Spiritual Advisor is an elected officer by the delegates at the Ladies Pennsylvania Slovak Catholic Union (LPSCU) National Convention held every four (4) years; as a result, therefore is a member of the National Board of Directors. Duties include, but are not limited to the following:

- Abide by the Constitution and Bylaws of the LPSCU.
- Decide any dispute regarding ecclesiastical questions of the LPSCU, whose decisions are final.
- Contribute to the LPSCU official publication educational articles of a spiritual nature.
- Submit written report of actions to the delegates at the National Convention.
- Represent the LPSCU on the Executive Board of the Slovak Catholic Federation.
- Represent the LPSCU at other functions as requested (e.g., seminars, local socials, other Slovak Catholic fraternal societies' conventions, etc.)
- Submit a written report of actions at each Board Meeting.

REQUIREMENTS:

Must be a Catholic priest in good standing with his diocese and/or religious community, either of the Latin Rite or one of the Eastern Rites.

A written resume shall be submitted which states qualifications, personal background and history, as well as past experience.

Any member wishing to be considered for this position should send a resume to the attention of the LPSCU President, P.O. Box 32, Wilkes-Barre, PA 18703-0032 postmarked no later than April 1, 2015.

| Name | Branch | Location |
|------------------------|--------|------------------|
| * Margaret Olsavsky | 42 | Pittsburgh, PA |
| Margaret Havrylak | 64 | Pittsburgh, PA |
| Michael Petriga | 94 | Larksville, PA |
| Helen Poshefko | 124 | Hazleton, PA |
| Elizabeth Vanshura | 124 | Hazleton, PA |
| Timothy Snyder | 132 | Campbell, OH |
| *Robert J. Papanek | 156 | Coaldale, PA |
| Eva Vicevich | 158 | Chicago, IL |
| Mary Ann Bacha | 197 | Wilkes-Barre, PA |
| Mary F. Bogle | 197 | Wilkes-Barre, PA |
| Susan J Sambenetti | 197 | Wilkes-Barre, PA |
| Rita A. Tomchik | 197 | Wilkes-Barre, PA |
| Diana L. Gmitter | 202 | McKees Rocks, PA |
| George Mihal | 202 | McKees Rocks, PA |
| William F. Olson | 213 | Dallas, PA |
| *Multiple certificates | | |

New Educational Benefit

2015 LPSCU CATHOLIC GRADE SCHOOL AWARD

\$150 One-Time Award

The LPSCU is proud to announce that it is offering a Catholic Grade School Award Benefit, which is a \$150 one-time award to our members who are attending a Catholic Grade School during the 2015-2016 academic year. Members may only receive this award one time

The following are the Guidelines for applying for the Catholic Grade School Award:

- Must be a member of the LPSCU for two (2) years with \$2,000 permanent reserve life insurance certificate (excludes term insurance).
- Must be enrolled in a Catholic grade school in kindergarten, or in Grades 1 through 8 in the fall of 2015.

Must provide a wallet-size color photo.

Applicants must meet all criteria and provide data indicated above to be eligible. Incomplete applications or those missing data requirements will not be considered. All materials become the property of the LPSCU and will not be returned. Applications must be postmarked by June 30, 2015.

Applications are available from the LPSCU Home Office or its website. Return completed application and supporting materials to:

> Ladies Pennsylvania Slovak Catholic Union **Educational Benefit Committee** P.O. Box 32 Wilkes-Barre, PA 18703

Phone: 570-823-3513 Toll free: 888-834-6614 ✤ Fax: 570-823-4464

E-mail: lpscu@lpscu.org Website: www.lpscu.org

JOIN HANDS DAY is Saturday, May 2

JOIN HANDS DAY is a national day of volunteering that brings together young people and adults to begin a yearround process of building relationships and making great contributions to their communities. Youths and adults work together on an equal basis to plan, organize, and implement the day's activities.

The LPSCU encourages the junior and adult members of our Branches and Districts to partner with other volunteer groups in their community to organize JOIN HANDS DAY projects to be undertaken on Saturday, May 2. There are many reasons to participate, and lots of resources to help you plan your own project! These can include such varied activities as conducting a food drive for a homeless shelter, picking up litter in a community playground or park, visiting the residents in a nursing home, or cleaning up gardens and planting flowers for an elderly neighbor.

We look forward to hearing from you about your group's JOIN HANDS DAY activity. Write a short article and send it, along with a group photo or two, to the LPSCU Public Relations Director so it can be shared with our members in the *Zornicka*.

And afterwards, you are encouraged to share your accomplishments and photos from the day on the American Fraternal Alliance's Facebook page.

Gifts Collected for Homeless Children



Sisters Michael Ann Orlik (left), Donna Marie, (second from right), and Barbara Sable (right) present Christmas gifts for children to Tom Dougher (second from left), director of the Danville Gatehouse Shelter for Homeless Families. More than 50 gifts were donated by the students of Saint Cyril Preschool and Kindergarten. Gifts were also delivered to children at the Franciscan Center on St. Helena Island in South Carolina, another ministry of the Sisters of Saints Cyril and Methodius.

BISHOP ANDREW G. GRUTKA MEMORIAL SCHOLARSHIP AWARD \$1,000 AWARD (Maximum of \$2,000 per member)

The LPSCU is proud to once again offer the Bishop Andrew G. Grutka Memorial Scholarship Award for lay persons between the ages of 18 to 35. This award, implemented at the 37th National Convention held in Merrillville, Indiana, in August 2000, is given in memory of Bishop Andrew G. Grutka, an outstanding Slovak leader who was the founding Bishop of the Diocese of Gary, Indiana.

Those applying for the Bishop Andrew G. Grutka Memorial Scholarship Award must meet the following criteria:

- Be a member of the LPSCU for two (2) years with \$5,000 permanent reserve life insurance certificate (excludes term insurance).
- Be a lay person between 18-35 years of age.
- Be of the Catholic religion (Latin Rite or Byzantine).
- Be initiated fully into the Church (Baptized, Eucharist, and Confirmed) and continuing to be eligible to receive the sacraments of the Church.
- Be a member of a Catholic parish.
- Be active in parish/diocesan/campus ministry as a lector, extraordinary minister of Holy Communion, adult altar server, catechist/aide, member of parish RCIA/C Team, youth minister, member of the Parish Pastoral Council, Finance Council, and/or other parish committees or organizations.
- Be active in an organization or activity that promotes awareness of our Slovak heritage, culture, and traditions.
- Be endorsed by his or her pastor and LPSCU Branch Secretary, with additional endorsement provided by campus minister, youth minister or pastoral associate.
- Attend (or will attend) an accredited college/university as a full time student.
- Provide a notice of acceptance or tuition receipt for the coming scholastic year.
- Provide a wallet-size color photo.

Applicants must meet all criteria and provide data indicated above to be eligible. Incomplete applications or those missing data requirements will not be considered. All materials become the property of the LPSCU and will not be returned. **Applications must be postmarked by June 30, 2015.**

Applications are available from the LPSCU Home Office or its website. Return completed application and supporting material to:

> Ladies Pennsylvania Slovak Catholic Union Educational Benefit Committee P.O. Box 32 Wilkes-Barre, PA 18703 Phone: 570-823-3513 ❖ Toll free: 888-834-6614 Fax: 570-823-4464 E-mail: <u>lpscu@lpscu.org</u> ❖ Website: <u>www.lpscu.org</u>



UTILIZATION REPORT

| | F | or Dec. 2014 | Yea | r-to-Date 2014 |
|---|----|-----------------|-----|-------------------|
| Prescriptions Filled: | | 15 | | 159 |
| Normal Retail Pricing: | \$ | 726.14 | \$ | 8,823.56 |
| Discount Program Pricing: | \$ | 473.50 | \$ | 4,314.33 |
| Total Dollars Saved by LPSCU Cardholders: | \$ | 252.64 | \$ | 4,509.23 |
| Average Saved per Discounted Prescription: | \$ | 22.97 | \$ | 34.49 |
| Overall LPSCU Discounted Prescription Savings: | | 41.41% | | 55.84% |

December 2014 was an excellent savings month for our ScriptSave® card members. Our group's discounted prescription savings for December 2014 amounted to 41.41%. With our group's year 2014 discounted prescription savings averaging 55.84%, or \$34.49 per discounted prescription, it's easy to see how our members benefit from the program every day. During these tough economic times, a ScriptSave® card will provide savings to you on your prescriptions.

The ScriptSave® Prescription Savings Program is available at **NO COST** to you. There are **no monthly or ongoing fees**, no limits on usage, and no income or age restrictions. Your entire household can use the card to receive instant savings on brand name and generic prescriptions at over 62,000 participating pharmacies nationwide.

If you do not have health insurance coverage, use the ScriptSave® card for any brand name or generic prescription you or a family member pays for out-of-pocket. If you have health insurance coverage, use the ScriptSave® card for everyone in your household who is not insured and for any prescriptions that are excluded by Medicare Part D law or drugs not covered by your health insurance. In addition to prescription savings, the ScriptSave® card also provides savings on vision and Lasik, hearing, diabetic supplies, lab testing, chiropractic, X-ray/imaging, fitness, safety, and medical supplies, and gym memberships.

If you do not have a ScriptSave® card, you may enroll online by visiting www.scriptsave.com and logging in with Group #S1000. On that web site, you can also find a participating pharmacy near you, look up drug pricing, and view the Preferred Medications List, health information, and more. Any LPSCU member (including the membership of LCA) can receive a ScriptSave® card at no cost. If you do not have access to a computer to apply for a card, call the Home Office and the Home Office will apply for a ScriptSave® card for you.

Discounts are available exclusively through participating pharmacies. The range of the discounts will vary depending on the type of provider and services rendered. This program does not make payments directly to providers. Members are required to pay for all health care services. You may cancel your registration at any time or file a complaint by contacting Customer Care. This program is administered by Medical Security Card Company, LLC (MSC) of Tucson, Arizona.

Pitt Student Slovak Club Announces Lecture

Members of the University of Pittsburgh Student Slovak Club Slovak Studies Program cordially invite you to the Thomas Kukucka Memorial Lecture on Sunday, March 22, 2015, at 2:00 p.m. at 1700 Posvar Hall on the Pitt Campus, Oakland, Pennsylvania. Speaker Robert Dvorchak's topic will be "Birds of Passage: Achieving the American Dream."

Robert Dvorchak worked for 47 years as a journalist, including eight years as a national writer for the Associated Press in New York City. He has covered such stories as the original outbreak of Legionnaires Disease, the Three Mile Island nuclear accident, the Jeffrey Dahmer serial killings, and the Oklahoma City bombings. During the first Iraq War, he was assigned to the 82nd Airborne Division as a war correspondent, and he last worked for the Pittsburgh Post-Gazette. A resident of Penn Hills, Mr. Dvorchak is the grandson of Slovak immigrants who came to America from Spiš County, and he has taught Slovak culture to his two daughters and five granddaughters.

Refreshments will be served.

Fraternal Societies of Northeastern Pennsylvania invite you to attend

FLAG DAY **AT THE BALLPARK** Friday June 11, 2015

Scranton/Wilkes-Barre RailRiders Game Time 7 p.m.



Members \$15.00 per person **Non-members** \$30.00 per person **INCLUDES** Dinner on covered deck/suite in left field! Entry through the Mohegan Sun Club entrance! Food served from 6:00 to 7:30 p.m. All the camaraderie you can get!

PRICE:

Watch as one member throws out the first pitch! Please make reservations by Friday, May 15, 2015 Ask for Theresa or Mary Jo at 570-823-3513 or 888-834-6614 Seating is limited! **RESERVATIONS MUST BE PAID FOR BY MAY 15, 2015** Make checks payable to LPSCU

LPSCU EDUCATIONAL BENEFIT 2015 COLLEGE AWARD \$500 One-Time Award

The LPSCU is offering a \$500, one-time College Award to our members who will be attending college during the 2015-2016 academic year. A total of 25 College Awards will be granted.

These are the guidelines for those applying for this ward:

- Applicants must be a member of the LPSCU for two (2) years with at least a \$2,000 permanent reserve life insurance plan (excludes term insurance).
- Applicants must be a high school senior or college freshman, sophomore, or junior.
- High school seniors must provide a letter of recommendation from a school representative (ex: teacher, guidance counselor, or principal).
- High school applicants must submit an official transcript from their school that includes test scores; College students must submit documentation indicating latest overall GPA.
- Applicants must provide a detailed list of extracurricular activities, honors, and awards.
- Applicants must provide a detailed list of church, community, volunteer, and work activities including honors and awards, with reference(s) included.
- Applicants must be attending an accredited college/university on a full time basis for the 2015-2016 academic year and must submit proof of acceptance for the Fall 2015 semester.
- Applicants must submit a brief essay (no more than 200 words) on the topic "Why is life insurance important?" Applicants must provide a wallet-size color photo.

In order for an applicant to be eligible, all criteria gutlined above must be met and all requested data provided. Applications with incomplete data or missing requirements will not be considered. All submitted materials become the property of the LPSCU and will not be returned. The LPSCU reserves the right to publish the applicant's entire essay or excerpts thereof, at its own discretion, in its official publication, *Zornicka*.

Applications are available from the LPSCU Home Office or its website. **Applications must be postmarked by April 30, 2015.** Submit applications to:

> Ladies Pennsylvania Slovak Catholic Union Educational Benefit Committee P.O. Box 32 Wilkes-Barre, PA 18703 Phone: 570-823-3513 Toll free: 888-834-6614 Fax – 570-823-4464 E-mail: <u>lpscu@lpscu.org</u> Website: <u>www.lpscu.org</u>

LPSCU Seeking Independent Agents/Recommenders

The Ladies Pennsylvania Slovak Catholic Union is seeking licensed independent agents/ recommenders to represent the Society and market our Life Insurance and Annuity products. Interested individuals do not need to be a member of the Society. Currently we are licensed to sell in Pennsylvania, Ohio, New Jersey, Indiana, Illinois, Michigan, and Massachusetts.

Please call or e-mail President Theresa Kluchinski at 888-834-6614 or <u>Theresa@lpscu.org</u>.



| Branch | | | | | Nov/Dec 2014 | | | | Year-to-Date 2014 Total | |
|---------------|--------------------|----|------------|----|-----------------|--|--|--|----------------------------|--|
| 7 | Margaret Jollimore | \$ | 10,000.00 | \$ | 10,000.00 | | | | | |
| 52 | James Tomasic | \$ | 20,000.00 | \$ | 34,000.00 | | | | | |
| 64 | Elva Silay | \$ | 1,000.00 | \$ | 6,000.00 | | | | | |
| 65 | Janice Mathews | \$ | 2,000.00 | \$ | 2,000.00 | | | | | |
| 77 | Diane Bozik | \$ | 10,000.00 | \$ | 20,000.00 | | | | | |
| 124 | Dolores Evanko | \$ | 5,000.00 | \$ | 25,000.00 | | | | | |
| 156 | Joan Ellen Frendak | \$ | 15,000.00 | \$ | 25,000.00 | | | | | |
| 158 | Mary Ann Siska | \$ | 10,000.00 | \$ | 10,000.00 | | | | | |
| 213 | Theresa Kluchinski | \$ | 36,000.00 | \$ | 59,000.00 | | | | | |
| $38 \& 202^*$ | Mary Jo Savidge | \$ | 15,000.00 | \$ | 15,000.00 | | | | | |
| 72 & 214* | Home Office | \$ | 15,000.00 | \$ | 132,000.00 | | | | | |
| | | \$ | 139,000.00 | \$ | 338,000.00 | | | | | |

*Sold through Home Office, not included in the Campaign

SS.C.M. Sisters Attend Bishop's Installation



Sisters Joanne Marie Schutz, SS.C.M. (left) and Brigid Fasiang, SS.C.M. (right) attended the Installation of Bishop Donald Hying, the fourth Bishop of Gary, Indiana, on January 6, 2015, at the Holy Angels Cathedral. The Sisters of Saints Cyril and Methodius currently serve the Diocese of Gary as teachers, pastoral associates, instructional services personnel, visitors to the sick, and as the Bishop's liaison for women religious.



A Good Samaritan's Lasting Legacy

Preston Newby, 24, was a youth pastor who "lived to serve other people," says his wife, Tara. So it was no surprise when he pulled off the Interstate late one night to help passengers in a car that had just collided with an elk. After discovering they were hurt, Preston returned to his car, told Tara what had happened, and ran back to the scene. While calling for help, Preston was struck from behind by a driver who swerved to avoid the accident scene. He died moments later in Tara's arms.

The tragic situation would have been much worse if it hadn't been for the Newbys' decision a few years earlier to buy life insurance. They had gone to see insurance professional Jerry Braun to talk about auto and renter's

> This story is a stark reminder that no one is promised a tomorrow, so the best time to buy life insurance is now. There are policies to meet every budget, and an insurance professional can help you "find the money" for this important coverage. Learn more at **www.lifehappens.org/truecost**.

insurance. But with their first child on the way, Jerry suggested they also consider life insurance. "We discussed how, if one of us passed away, the other would want to stay home with the children," says Tara.

Sadly, that hypothetical discussion became reality for Tara, who was 10 weeks pregnant with her second child when Preston's life was tragically cut short. But thanks to life insurance, she is able to be a stay-at-home mom to Jacob, 2, and Micah, 3 months. She also paid off her student loans and other debts. More importantly, it gave her time to grieve and to focus on her children. "With so much to stress about while raising two children, it's a blessing not to have to worry about finances," says Tara. "I feel like it was Preston's last gift to us."



This piece has been reproduced with the permission of Life Happens, a nonprofit organization dedicated to helping consumers make smart insurance decisions to safeguard their families' financial futures. Life Happens does not endorse any insurance company, product or advisor. © Life Happens 2014. All rights reserved.



Watch Tara's story at www.lifehappens.org/newby

Slovak Catholic Federation Seeks Contributors for 2015 Good Shepherd Annual

Dobry Pastier (The Good Shepherd), edited by Sister Bernadette Marie Ondus, SS.C.M., and published annually by the Slovak Catholic Federation, is compiled of articles focusing on topics which are of interest to Slovak-American Catholics. The Federation is once again accepting articles for inclusion in its 2015 edition. Potential contributors should note that while the scope of the publication is broad, articles solely political in nature will not be accepted.

The deadline for all articles is **June 1**, **2015**. **Due to the publication schedule, articles received after the deadline will not be included in the annual.** The annual will be available for distribution in the latter part of 2015.

In order to facilitate the editing and printing of *The Good Shepherd*, the following guidelines are established for authors who would like their work to be considered for inclusion in the annual:

GENERAL INFORMATION

- All articles must be type-written, double-spaced, in Microsoft WORD format in 12 point, Times New Roman font. For the sake of the editor, please do not capitalize all words (or entire sentences), unnecessarily use exclamation marks, etc. The article layout should be similar to articles printed in daily newspapers and magazines.
- It is strongly preferred that **English** articles be e-mailed to Sister Bernadette Marie Ondus, SS.C.M, Editor, at: **bondusscm@gmail.com**. It is faster and more cost effective to work from a text that is provided digitally instead of having to retype the entire article.
- If it is not possible for an article to be e-mailed, an original "hard copy" may be mailed to Sister Bernadette at Villa Sacred Heart, Danville, PA 17821-1698. "Hard copy" means that articles are either typed or hand-written by the author. Please do <u>not</u> send photocopies of articles or photos.
- To be accepted for publication, articles must be between three and ten typewritten pages. Articles fewer than three pages or beyond ten pages will not be accepted.

USE OF PHOTOS

- If using photos within the article, photos must be included at the same time the article is sent to the Editor. (If sending photos digitally, save as separate JPGs to accompany the article.) Please indicate where photos are to be placed within the body of the article. Be sure to properly identify the persons, places and/or situations depicted in the photo(s). If no indication is given as to where, within the article, the photos are to be inserted, the photos will not be used.
- In the event that an article is e-mailed and photos are not included as attachments, the actual photographs, along with a hard copy of the article, must be mailed to Sister Bernadette Marie for inclusion in the article. (If more convenient, photos can also be saved to a CD which the printer can then link up with the article. Once again, please be sure that the photos are properly identified and note where, within the article, the photos are to be inserted.) Photos must always accompany the article for which they are intended.
- Captions must be included with the photos. This allows readers to better understand the relationship of the photo to the content of the article.

ARTICLES IN SLOVAK

 Slovak articles can be e-mailed to Sister Bernadette Marie, but a hard copy (including all accents) must also be mailed to her. (Please indicate that the article was both mailed and emailed.) Frequently, accent marks, diacritical characters, and other special characters do not come through properly when articles are e-mailed. Having a hard copy of the article, appropriately marked, will save valuable time and minimize errors.

As Editor, Sister Bernadette Marie retains the right to correct grammatical errors, delete repetitions, rearrange ideas to make them clearer, etc. Sister Bernadette Marie also retains the right to determine the appropriateness of articles for the publication. However, she will not substantially change the author's ideas without first consulting the author.

Our sincere thanks to all the faithful contributors to *The Good Shepherd*. Your contributions, year after year, ensure that the Slovak Catholic Federation is able to provide a quality annual which helps celebrate our Catholic faith, preserves our Slovak heritage, and allows our readers to stay in touch with what's happening in the Catholic Church, in Slovakia, and in the Slovak-American community.

We are looking forward to your contributions again this year.

Communications Committee Slovak Catholic Federation

Slovak Catholic Federation Announces 2015 SS. Cyril & Methodius Appeal

Our Slovak ancestors came to these shores more than a century ago with a prized possession, their Catholic faith. This faith was nurtured by the Slovak priests who accompanied our ancestors and together, these immigrants helped begin our Slovak Catholic fraternal organizations, build communities of men and women Religious, and establish nearly 300 parishes for people of Slovak background. The Slovak Catholic Federation continues this legacy by its sponsorship of the **37th Annual Saints Cyril and Methodius Appeal**.

Most of the funds from the Appeal aid the Pontifical Slovak College of Saints Cyril and Methodius, the residence of priests from Slovakia who are sent to Rome by their bishops for graduate studies. After receiving their degrees, these priests return to their dioceses to work as seminary teachers, Tribunal officials, and in other ministries. A portion of the appeal funds benefit those communities of men and women Religious which have a counterpart in the United States represented on the Conference of Slovak Religious.

While donations to the Appeal in previous years came almost exclusively from collections taken up in individual parishes of Slovak ancestry, the trend has changed as today the number of individual donors continues to rise each year. <u>The 2015 Annual Appeal begins</u> in the month of February in individual parishes of Slovak ancestry across the United States and Canada and continues throughout the year.

Please make your tax deductible check payable to the **Slovak Catholic Federation**, with a notation stating it is for the 2015 Annual Appeal, and mail it directly to:

Dolores Evanko, National Secretary/Treasuer Slovak Catholic Federation 173 Berner Avenue Hazleton, PA 18201

The Slovak Catholic Federation was founded in 1911 by Rev. Joseph Murgas, founding pastor of Sacred Heart of Jesus Slovak Church, Wilkes-Barre, Pennsylvania. The Federation brings together under one banner both individuals of Slovak heritage as well as Catholic Slovak fraternal organizations for cultural, religious, and educational needs. Serving as National President is Reverend Andrew S. Hvozdovic, pastor of Epiphany Parish, Sayre, Pennsylvania. The Episcopal Moderator is the Most Reverend Joseph V. Adamec, D.D., bishop emeritus of Altoona-Johnstown, Pennsylvania. The National First Vice President, Reverend Thomas A. Nasta, pastor of Our Lady of Ransom Parish, Philadelphia, Pennsylvania, is the Appeal Coordinator.

We thank you for your most generous support of this Appeal.

LPSCU WHOLE LIFE INSURANCE PLAN

If you are looking for a very economical insurance plan, check out the Whole Life Plan offered by the LPSCU. Premiums are considered to be low and affordable for any applicant's age. Why not take advantage of having substantial life insurance protection with low premium payments? This plan is offered from age 0 to 70 and premiums, which are paid during the life of the insured, can be paid on a monthly, quarterly, semiannual, or annual basis. Coverage remains in full force and effect for the entire life of the insured. Upon the insured's death, the face amount is payable to the insured's named beneficiary/ies, except as provided within the contract regarding Suicide and Contestability.

In addition to its low premiums, the Whole Life Plan offers the added fraternal benefits of educational awards, youth and adult activities, newborn benefits, prescription discount plan, official publication, and discount car rental.

During these unstable economic times, the Whole Life

Plan offered by the LPSCU is economical and beneficial for estate planning and can especially help defray the high cost of funeral expenses. For those who qualify, the Whole Life Plan also offers the "Paid Up at 80 Plus" benefit. Any insured member with a Whole Life Certificate who turns 80 years of age and has 25 years of LPSCU membership while holding this plan will not have to pay any further premiums as the certificate becomes paid up. This member benefit is reviewed on an annual basis and is subject to change.

To apply for this specific plan, or any other insurance plan offered by the LPSCU, contact your Branch Secretary or the LPSCU Home Office.

Listed below are the Annual and Monthly Premium Schedules for the Whole Life Insurance Plan. The premiums listed are based on \$1,000 of life insurance coverage. Semiannual and quarterly premium rates are also available by contacting your Branch Secretary or the Home Office.

WHOLE LIFE ANNUAL AND MONTHLY PREMIUM RATES PER \$1,000 Based on 2001 CSO Male and Female Mortality Tables • Based on Age at Last Birthday

| Issue | Annual | | Monthly | | |
|-------|--------|--------|---------|--------|--|
| Age | Male | Female | Male | Female | |
| 0 | 6.17 | 6.07 | 0.56 | 0.55 | |
| 1 | 6.21 | 6.11 | 0.56 | 0.55 | |
| 2 | 6.26 | 6.15 | 0.56 | 0.55 | |
| 3 | 6.30 | 6.20 | 0.57 | 0.56 | |
| 4 | 6.34 | 6.24 | 0.57 | 0.56 | |
| 5 | 6.39 | 6.28 | 0.58 | 0.57 | |
| 6 | 6.43 | 6.32 | 0.58 | 0.57 | |
| 7 | 6.47 | 6.36 | 0.58 | 0.57 | |
| 8 | 6.51 | 6.41 | 0.59 | 0.58 | |
| 9 | 6.56 | 6.45 | 0.59 | 0.58 | |
| 10 | 6.60 | 6.49 | 0.59 | 0.58 | |
| 11 | 6.64 | 6.54 | 0.60 | 0.59 | |
| 12 | 6.68 | 6.58 | 0.60 | 0.59 | |
| 13 | 6.73 | 6.62 | 0.61 | 0.60 | |
| 14 | 6.77 | 6.67 | 0.61 | 0.60 | |
| 15 | 6.81 | 6.71 | 0.61 | 0.60 | |
| 16 | 6.84 | 6.75 | 0.62 | 0.61 | |
| 17 | 7.07 | 6.80 | 0.64 | 0.61 | |
| 18 | 7.33 | 6.84 | 0.66 | 0.62 | |
| 19 | 7.58 | 6.89 | 0.68 | 0.62 | |
| 20 | 7.63 | 6.93 | 0.69 | 0.62 | |
| 21 | 7.68 | 6.98 | 0.69 | 0.63 | |
| 22 | 7.91 | 7.02 | 0.71 | 0.63 | |
| 23 | 8.20 | 7.07 | 0.74 | 0.64 | |
| 24 | 8.48 | 7.28 | 0.76 | 0.66 | |
| 25 | 8.79 | 7.55 | 0.79 | 0.68 | |
| 26 | 9.11 | 7.83 | 0.82 | 0.70 | |
| 27 | 9.46 | 8.14 | 0.85 | 0.73 | |
| 28 | 9.80 | 8.46 | 0.88 | 0.76 | |
| 29 | 10.18 | 8.79 | 0.92 | 0.79 | |
| 30 | 10.58 | 9.13 | 0.95 | 0.82 | |
| 31 | 10.98 | 9.49 | 0.99 | 0.85 | |
| 32 | 11.43 | 9.87 | 1.03 | 0.89 | |
| 33 | 11.88 | 10.27 | 1.07 | 0.92 | |
| 34 | 12.36 | 10.68 | 1.11 | 0.96 | |
| 35 | 12.88 | 11.12 | 1.16 | 1.00 | |

| Issue | An | Annual | | Annual Monthly | | |
|-------|-------|--------|------|----------------|--|--|
| Age | Male | Female | Male | Female | | |
| 36 | 13.41 | 11.55 | 1.21 | 1.04 | | |
| 37 | 13.99 | 12.03 | 1.26 | 1.08 | | |
| 38 | 14.58 | 12.52 | 1.31 | 1.13 | | |
| 39 | 15.19 | 13.04 | 1.37 | 1.17 | | |
| 40 | 15.85 | 13.59 | 1.43 | 1.22 | | |
| 41 | 16.54 | 14.15 | 1.49 | 1.27 | | |
| 42 | 17.28 | 14.76 | 1.56 | 1.33 | | |
| 43 | 18.04 | 15.39 | 1.62 | 1.39 | | |
| 44 | 18.83 | 16.06 | 1.69 | 1.45 | | |
| 45 | 19.69 | 16.76 | 1.77 | 1.51 | | |
| 46 | 20.57 | 17.49 | 1.85 | 1.57 | | |
| 47 | 21.51 | 18.27 | 1.94 | 1.64 | | |
| 48 | 22.50 | 19.09 | 2.03 | 1.72 | | |
| 49 | 23.55 | 19.94 | 2.12 | 1.79 | | |
| 50 | 24.67 | 20.84 | 2.22 | 1.88 | | |
| 51 | 25.89 | 21.81 | 2.33 | 1.96 | | |
| 52 | 27.13 | 22.77 | 2.44 | 2.05 | | |
| 53 | 28.43 | 23.78 | 2.56 | 2.14 | | |
| 54 | 29.82 | 24.84 | 2.68 | 2.24 | | |
| 55 | 31.28 | 25.96 | 2.82 | 2.34 | | |
| 56 | 32.82 | 27.13 | 2.95 | 2.44 | | |
| 57 | 34.45 | 28.36 | 3.10 | 2.55 | | |
| 58 | 36.17 | 29.66 | 3.26 | 2.67 | | |
| 59 | 38.03 | 31.03 | 3.42 | 2.79 | | |
| 60 | 40.01 | 32.47 | 3.60 | 2.92 | | |
| 61 | 42.11 | 33.99 | 3.79 | 3.06 | | |
| 62 | 44.34 | 35.62 | 3.99 | 3.21 | | |
| 63 | 46.70 | 37.34 | 4.20 | 3.36 | | |
| 64 | 49.20 | 39.17 | 4.43 | 3.53 | | |
| 65 | 51.85 | 41.13 | 4.67 | 3.70 | | |
| 66 | 54.69 | 43.22 | 4.92 | 3.89 | | |
| 67 | 57.73 | 45.45 | 5.20 | 4.09 | | |
| 68 | 61.01 | 47.83 | 5.49 | 4.30 | | |
| 69 | 64.55 | 50.39 | 5.81 | 4.54 | | |
| 70 | 68.48 | 53.20 | 6.16 | 4.79 | | |

Artistic Legacy of Fr. Murgas Lives on at Michigan Parish

Father Joseph Murgas, well-known pioneer in wireless telegraphy and prominent spiritual leader of the American Slovak community, was also a gifted artist. He was the founding pastor of the former Sacred Heart of Jesus Slovak Catholic Parish in Wilkes-Barre, Pennsylvania, and served there until his death in 1929. In 1908, a beautiful new church of Gothic design was blessed and dedicated. Father Murgas had a prominent role in the interior decoration of the new house of worship. An accomplished artist who studied in Munich, he completed two large paintings for the new church, the Sacred Heart of Jesus on the main altar and a rendition of Bartolome Murillo's Immaculate Conception which graced one of the side altars. These two paintings were unveiled at the church's dedication on May 30, 1908.

Due to changing demographics, Sacred Heart Parish was closed by the Diocese of Scranton in 2010. During the past year, the three wooden altars, which were designed by Father Murgas and built in Munich in 1908, were removed from the Wilkes-Barre edifice and taken to St. Paul's Church in Rochester Hills, Michigan. This recently established parish, which is located in the Archdiocese of Detroit, serves the Albanian community there. The altars were recently restored and placed in their new home in time for Christmas.

We are pleased that this artistic legacy of Father Murgas and monument of the faith-filled Wilkes-Barre Slovaks now has a new home in Michigan. The three altars were placed in St. Paul's Church intact, just as they appeared in Wilkes-Barre with the exception that the painting of Our Lady was on the left altar in Wilkes-Barre and now is on the right altar.

We thank Father Andrew S. Hvozdovic, a son of the former Sacred Heart Parish, for sharing this photo with our members, and the *Slovak Catholic Falcon*, from whose January 14, 2015 issue we reprinted this article.



Have <u>you</u> signed up a new member lately?



The LPSCU is Planning a Cookbook for our 2016 Convention



Wouldn't you love to share some of your favorite family recipes with other members of the LPSCU?

Recipes must be typed on $8\frac{1}{2} \times 11$ paper and mailed to:

LPSCU Cookbook Margaret A. Ferri 428 East Frankford Street Bethlehem, PA 18018-2915 or you can email them to <u>cookbook2016@outlook.com</u>.

Please include your name, address, and a phone number (in case we have any questions about ingredients). Your name will be published with your recipe.

Help us make a great cookbook for the LPSCU!

IMPORTANT!

We will not accept copyrighted recipes nor recipes taken from another recipe book. We need your family-tested recipes in order to authenticate our own LPSCU recipe book.

> Recipes will now be accepted until June 30, 2015

Dear Junior Members,

If I asked you to tell me something about St. Patrick, you would probably say that St. Patrick was born in Ireland or that his date of birth is March 17th or that there is a parade held every year in his honor. Actually only one of these statements can be proven true!

St. Patrick was not born in Ireland, nor was he even Irish! St. Patrick was born in Scotland. His real name is believed to be Maewyn Succat. It wasn't until he became a priest that he took the name Patrick. Some say he was the



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son of Romans who had invaded and controlled Britain at that time. His exact birthplace and date of birth is not known. Some report he was born in 385, others in 375, still others in 415. We are really not sure of his exact date of birth. What we do know is that, as a teen of around 14, he was captured during a raiding party – not uncommon at the time - and taken to

Ireland as a slave, where he was put to work tending sheep. It is there where he became fluent in the Irish language.

During this time of trial, Patrick turned to God for comfort and strength. Patrick remained enslaved until he was twenty, when he escaped after having a dream wherein God told him to leave Ireland by going to the coast. There he found some sailors who took him back to Britain and, following the directives of his dream which told him to return to Ireland to minister to its people, he made his way to France where he studied for the priesthood. He was ordained by St. Germanus, Bishop of Auxerre, whom he had studied under for years.

Because of his knowledge of the Irish language, Patrick was sent back to Ireland, this time to spread the message of the Gospel. His mission wasn't an easy one! Druidism, an ancient Celtic religion, was widely practiced in Ireland, and many Druids did not want to convert to this new faith of Christianity. But Patrick's faith in God was strong, and he knew he could keep going, teaching and spreading God's name.

Perhaps you have heard the legend of how St. Patrick used a shamrock to explain the Trinity. One version of the story is that Patrick happened upon a number of Irish chieftains along a meadow. The tribal leaders were curious about the Trinity and asked St. Patrick for an explanation. So he bent down, picked a shamrock, and showed it to them, and explained how the three leaves are part of the one plant, and how similarly the three Persons, Father, Son, and Spirit, are part of one Supreme Being. By using these simple techniques that people could understand, in time Patrick and his disciples were able to convert thousands to Christianity and build churches throughout the country.

While many believe that St. Patrick died on March 17th, no one truly knows.



We do, however, celebrate that date as his feast day.

The one indisputably true statement in our first paragraph is that a parade is held every year in honor of St. Patrick. Many cities, in fact, recognize him in this way. However, this tradition did not originate in Ireland but in America in 1737. The first St. Patrick's Day celebration was hosted by the Charitable Irish Society of Boston, Massachusetts. Today parades are held all over the world. Dublin, Ireland, hosts a 4-day long St. Patrick Festival from March 14-17.

St. Patrick is the patron saint of Ireland and is known for overcoming obstacles. He was called to return to the country where he was once enslaved, a country that was resistant to change, but he also knew that this was his calling from God. One way or another, we all face challenges. Maybe not like St. Patrick, but we still face challenges or have to deal with things that don't make any sense. If, like St. Patrick, each of us can find our strength and faith in God to face these situations, God will, if we trust in Him and believe in His love for us, guide and help us.

Arts and Crafts STYROFOAM EASTER EGGS

For this project, you will need: Styrofoam eggs (colored or white) Straight pins (silver/gold) Beads/Jewels

Sequins Ribbon/Lace Glue (optional)

This is a project where you can really be artistic and do whatever you want. You can cover your egg with beads of the

same color or different colors, you can use sequins, you can use ribbon, or you can use a combination of any of your supplies.

Let's work on a colored egg with sequins, ribbon, and beads. We'll use straight pins because the head of the straight pin adds color to the egg. Wrap the ribbon lengthwise around the egg. Fasten the ribbon in place with a beaded decoration. To make the beaded decoration, take a straight pin and put a small white round bead onto it. Next, place a colored bead onto pin. Finish with a large white

sequin. Make 20 to 25 of these and place around the egg, leaving room at the top for a bow. Make a bow with the same color ribbon and fasten in place with a large bead on a straight pin. You can display your eggs by hanging them from a branch. Wedge a piece of styrofoam into a pot and stick in the branch. Use floral moss to cover the styrofoam.



Slovak Easter Baskets

Among our Slovak people, the custom of bringing an Easter basket to church on Holy Saturday is an age old tradition. It stems from the desire of the Christian community to ask God's blessing on the foods that will break the Great Fast (Lent) and from which they have abtained from during the period. The religious significance attached to the foods eaten are symbolic of Christ Himself, our true Passover. Foods traditionally blessed

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for Easter, the feast of the Lord's Passover from death to life, are the foods which God prescribed for the ancient Passover meal: lamb, bread, wine, and bitter herbs. Children's baskets of candy and colored eggs may be included in the blessing service.

Here is what the Slovak Easter basket typically contains: **EGGS** – Brightly decorated eggs are a symbol of the New Life that is ours in Christ. Eggs are a sign of hope and resurrection. Jesus comes forth from the tomb as the chick breaks the shell at birth. Because of the special meaning, it is fitting that the eggs to be blessed be decorated with symbols of Easter, Alleluia, and so forth.

PASKA – The Easter Bread, a sweet, yeast bread rich in eggs and butter. Symbolic of Christ Himself who is our True Bread. Usually a round loaf baked with a golden crust decorated with a symbol indicative of Christ. Sometimes a cross (+) of dough is placed on top encircled by a plait, giving it a crowned effect, or Greek abbreviations for the name of Christ. The letters XB indicate the Slavonic for Christ is Risen.

SAUSAGE – A spicy, garlic sausage of pork products, indicative of God's favor and generosity. Sausage is an ethnic addition to enhance the celebration; its links remind us of the chains of death which were broken when Jesus arose.

BACON – A piece of uncooked bacon cured with spices. Symbolic of the overabundance of God's mercy to us.

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Riddles for Kids

- 1. What three numbers have the same answer when added together and multiplied together?
- 2. What bone has a sense of humor?
- 3. What is round as a dishpan and no matter the size, all the water in the ocean cannot fill it up?
- 4. The more of them you take, the more you leave behind. What are they?
- 5. What goes around and around the wood but never goes into the wood?
- 6. I fasten it and it walks. I unfasten it and it stops. What is it?
- 7. What's full of holes but still holds water?
- 8. What has four fingers and one thumb, but is not alive?
- 9. What flies without wings?

10. What is bigger when new and grows smaller with use? *Source: Riddles for Kids, National Institute of Environmental Health Sciences*

10. A bar of soap

Answers: 1. 1, 2, 3; 2. Humerus; 3. A sieve; 4. Footsteps; 5. The bark of a tree; 6. A sandal; 7. A sponge; 8. A glove; 9. Time;

Welcome, Spring!

The season of spring begins on March 20 this year. Spring is a beautiful season that refers to a time of rebirth, rejuvenation, renewal, resurrection, and regrowth. Spring brings about milder weather, blossoming flowers, longer days, and outdoor play. So, let's put away those winter coats and gloves and get started on some fun ways to enjoy the warmer days of spring.

After being cooped up inside all winter, isn't it great to get back outdoors? There are plenty of activities to get you moving. Ride your bike or scooter, take a hike, fly a kite, swing on the swings at a playground, or get your friends together for a game of baseball, t-ball, soccer, or croquet. Once

the weather warms up towards the end of April/beginning of May, you can plants flowers or vegetable seeds, feed the ducks at a local pond, or look for 4-leaf clovers in the greening grass.

Spring also signifies a time of spiritual renewal. With Easter falling on April 5th this year, we celebrate the

resurrection of Christ. For a practicing Catholic, it is the most sacred of holidays. On Easter, we renew our baptismal vows. The church looks beautiful with Easter lilies and spring flowers on the altar, giving us a sense of rebirth.

The LPSCU wishes you an enjoyable spring and a Blessed and Happy Easter!

Kids in the Kitchen

STIR-N-ROLL PIZZA

1 cup flour 1 tsp. baking powder ½ tsp. salt ¹/₃ cup milk
¹/₈ cup salad oil
1 Tbsp. salad oil

Pizza Topping

- ¼ cup grated Parmesan cheese
 ½ can tomato sauce
 ½ Tbsp. chopped onion (optional)
 ¼ tsp. salt
- ¹/₄ tsp. oregano
- ¼ tsp. pepper

1/4 lb. Mozzarella

cheese

Heat oven to 425 degrees. Measure flour, baking powder, salt, milk and ¹/₈ cup salad oil into a bowl. Stir vigorously until mixture leaves sides of bowl. Gather dough into a ball and knead in the bowl 10 minutes until smooth. On a lightly floured cloth covered board, roll onto a 13-inch circle or rectangle and place on pizza sheet. Turn up edges with ¹/₂ inch pinch. Brush edges with 1 tablespoon salad oil. Layer on pizza topping in order listed. (You can also add any of your own favorite toppings.) Bake 20-25 minutes. Cut into wedges or squares to serve.



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Slovak Easter Baskets

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HAM – Ham celebrates the freedom of the New Law which came into effect through Jesus' resurrection, in distinction from the Old Law which forbade certain meats. The flesh meat is popular with the Slavs as the main dish because of its richness and is symbolic of the great joy and abundance of Easter. (Some may prefer lamb or veal as well as other meats. These are usually well roasted or cooked ahead of time so that the festivity of the day will not be burdened with preparation and all may enjoy the feast.)

CHEESE – A custard type cheese known as *cirak* or *sirecz*, shaped into a ball having a rather bland but sweet taste indicative of the moderation that Christians should have in all things. Also, creamed cheese is placed in a small dish and both are decorated with symbols made out of cloves or pepper balls.

HORSERADISH – Represents the bitter herbs prescribed in the original Passover meal as a reminder of the bitterness and harshness of life in Egypt. It reminds us of the bitterness and suffering of Christ which culminated in the Resurrection.

SALT – Reminds us to flavor our dealings with others by the example of Christ.

BUTTER LAMB – This favorite dairy product is shaped into a figure of a Lamb. The lamb is the ancient Passover food by whose blood the Israelites were saved. Jesus is our Paschal (Passover) lamb, by whose blood we are saved. It also reminds us of the goodness of Christ that we should have toward all things.

WINE – Wine is the drink of the Passover meal and the Last Supper. Its sparkle reminds us of the glory of Easter. Wine gladdens our hearts and helps us enter into the joy of the Resurrection.

Everything for the Easter meal may be blessed. The custom is to reserve the eating of the blessed food until after the Easter Mass. These articles are placed in a wicker basket and a ribbon or bow is tied to the handle. A decorated candle is placed in the basket and is lit at the time of the blessing. A linen cover, usually embroidered with a picture of the Risen Christ or symbol with the words "Christ is Risen" is placed over the food when it is brought to the church.

Taken from the Slovak Catholic Falcon, March 24, 1999

Slovak Fraternals March for Lífe

On Thursday, January 22, 2015, the 42nd annual March for Life rally was held in our nation's capital, Washington, D.C. This annual peaceful demonstration is the largest pro-life event in the world. The theme of this year's march was "Every Life is a Gift!"

This year's attendance estimate is at least 300,000. It is truly amazing – to the point of rendering one speechless – to see that many people in one place at one time, all supporting the same cause. People of all races and heritages, and from newborns to those using walkers or in wheelchairs, coming together in support of those who never get an opportunity to voice their own opinion – the unborn.

This year members of LPSCU Branch 213, together with Reverend Andrew Hvozdovic, supreme chaplain of the Slovak Catholic Sokol and pastor of Epiphany Parish in Sayre, Pennsylvania, along with forty other participants from Sayre and the Wilkes-Barre area, attended the March for Life Rally. Our group was joined by Dan Tanzone, editor of the *Slovak Catholic Sokol*. We were pleasantly surprised and honored to have Bishop Joseph Bambara from the Diocese of Scranton stop by for a few pictures and words of encouragement.

See more photos of the event on the front cover of this issue.



Some of the thousands of demonstrators at the peaceful March for Life rally.

Get involved in the LPSCU! Attend Branch & District meetings!